



Page 7

Prepping for Prom

DEL AWARE

Delaware Valley High School - Milford, Pa.

DV students to travel the world with Rotary Exchange

BY BECKY STIEB
News Editor

Junior year has been noted to be the most important year of high school. During junior year, typically a student will strive to achieve his or her best to get noticed by colleges; whether it means achieving all As or shooting the winning basket at the district game. But for three upcoming juniors, Faith Jaegar, Julia Cuevas and Megan Kelly, this is not the case; they will be making memories in a different country.

These students have been invited, through the Rotary Exchange Program to further their education



Faith, Julia and Megan are excited for their experiences in new places.

Photo by Karlee Edison

in another country. Faith will be a student in French while Megan will expand her knowledge in Norway, and Julia will study in Argentina.

The Rotary Exchange Program allows a limited amount of juniors to study abroad for the length of a school year. The cost of the trip is 3,000 to 5,000 dollars which is mostly pays for the prices of airplane tickets. This money will also to spending money. Each girl will receive \$75 to \$100 as weekly allowance.

"It is one of the cheapest exchange programs out there" said Julia.

While on the trip, the girls will have limited access to family and friends back home to ensure the full effect of the trip and decrease homesickness.

In order to become a foreign exchange student through the Rotary Exchange Program, the girls had to fill out an application saying they were interested in studying abroad. They interviewed twice. The interviews

were more of a get to know session than a stressful situation. After all the interviews, the program tries to narrow down the 10 candidates to one. This year, however, one became three.

"We went through multiple rounds of interviews to dwindle down the group of 10 we had to one," said Julia. "Well, that is what we thought but they ended up choosing three of us because they liked us so much from our interviews."

With their deportation date scheduled at the end of August, most their time is devoted to preparation. Currently, they are attending orientation, getting their Visa and student permits, learning the language and packing.

"You have to pack your whole life in two suitcases" said Megan.

Their hunger for knowledge has awarded them with an experience most students envy.

"I am excited to experience more than just small town Milford," said Julia.

Student artwork featured at the Artery this weekend

BY ANGIE SERRANO
Staff Writer

The Artery invites the community to share a priceless experience with the students of Delaware Valley, at the Artery on March 14 at 6 p.m. to 9 p.m.

All forms of art created by 36 DV students are being put on display in the Artery. Seniors Laila Andujar, Eileen D'Auria, Gabrielle Felix, Veronica Fernandez, Steven Gosch, Justin Knoepfel, Lindsey Lockwood, Jon Mecca, Jordan Oliver, Laura Rutowski, Deanna Sacher, Rhiannon Vesely, Kayli Ziolkowski, juniors Nick Catalano, Joanna Kutchma, Maryanne Larrea, Lindsay Lowell, Liz Pelesko, Kris Tjornhom, Aaron Torres, Vanessa VonSee, sophomores Michelle Burns, Amber Doherty,



Artwork designed by senior Lindsey Lockwood.
Contributed Photo

Kelley Edison, Samantha Ellis, Megan Joyce, Rachel Mutino, Matthew Scibelli, Jocelyn Struble, Reilly Weems and freshmen Paige Collins, Heather Conklin, Mike Donegan and Anjelique Dzirko will all have art on display.

This is the fourth year that DV students have been invited by the Artery. The art department is grateful that the gallery reached out to the school.

The show is open to the public and the entire community is encouraged to come and buy pieces of art. The student prices the art and the Artery takes a 20% commission.

"This is a priceless experience for the students to have their art displayed in a professional setting. More importantly for the student to be able to talk about their work with unsuspecting buyers," said art teacher Mrs. Christine Sweeney.

Students prepare for Relay for Life

Relay for Life is a yearly event held at Delaware Valley High School. This year it will be held on June 6 and 7. Relay for Life is held to raise money for the American Cancer Society. The event consists of forming a team and having at least one person walking the track for 24 consecutive hours. Students interested can sign up online or go see Ms. Lori Simonelli in B8 to receive forms. Each person on the team has to raise \$100 to be able to stay overnight. Clothing orders in the spring will be available to help raise money for the teams.

Photo and Caption by Caitlin Florio





School News



Titled Dean of Students, Science Department Head, baseball coach, science teacher and soon to be father, Delaware Valley educator Mr. Pete Supko is certainly a jack of all trades. His determination and hard work can be felt throughout DV. Never stopping and always on the move, Mr. Supko can spin heads with his daily responsibilities.

- Karlee Edison

AS: Angie Serrano
(Interviewer)
PS: Pete Supko
(Interviewee)

AS: How long have you worked at DV?

PS: 11 years

AS: What are your many tasks at DV?

PS: Science Department Chair, Dean of Students, assistant baseball coach, and a teacher for two classes a day. I teach Concepts of Science nine.

AS: What made you take on so many responsibilities?

PS: I felt like I didn't do enough in the school, so I applied for the baseball coaching position. Then I got appointed to the Dean of Students along with Mr. Pope last year. After that, the opening for the department chair opened up. I applied and I got it.

AS: How does it feel to be trusted with so many responsibilities?

PS: I never really thought about it, but it feels pretty good. With all of the trust comes a lot of responsibility.

AS: What is your favorite part about your job?

PS: When Alex Mecca comes into my office every day with a smile.

AS: Is this how you imagined your life would be when you were younger?

PS: No. My goal was to be a baseball player, but I

blew my arm out in college.

AS: What approach do you take in trying to connect with the students?

PS: I give them the benefit of the doubt, which starts off with communication. I try not to yell.

AS: What are your goals as a

coach/teacher/department head in the coming years of your life?

PS: I would like to be a principal. I want to make a difference in more students' lives, other than just those I teach. By becoming a principal, I affect the entire school.

AS: What is your favorite thing about coaching?

PS: Comradery. It is a little family for a couple months. I'm with those kids more than I am with my own wife. They become best friends.

AS: What do you do in your free time?

PS: I enjoy snowboarding and wood working. I try to stay active.

AS: How do you cope with the stress that comes with

your job?

PS: Staying active helps take my mind off of everything. My hobbies help a lot.

AS: Do you have any college advice for students?

PS: Schedule morning classes, go to the library in the afternoon and have your free time in the evening. Always go to class, that way when everyone else is stressed out you'll be fine.

Favorites:

Baseball Team: Phillies

Color: Blue

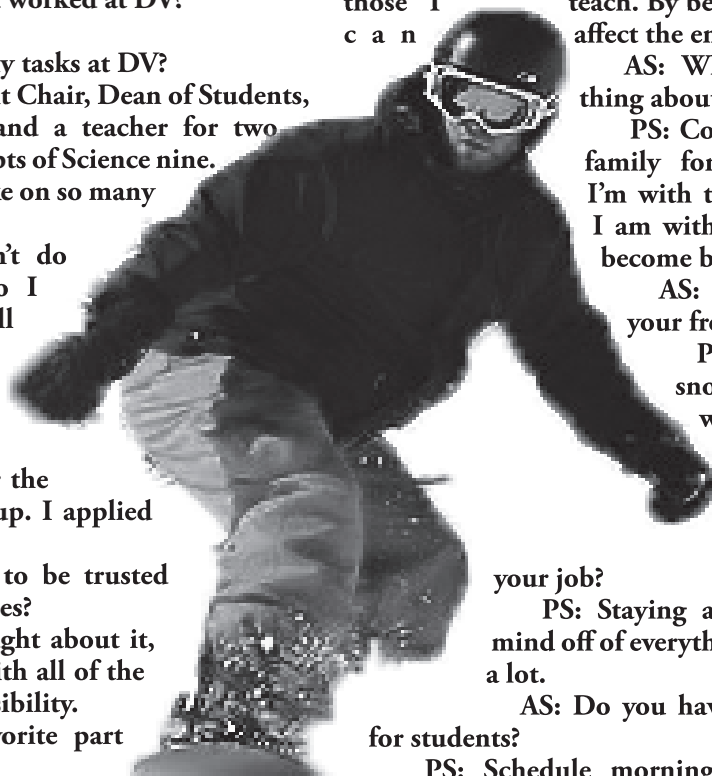
Superhero: Batman

Food: Vanilla Bean Ice Cream

Drink: Monster Rehab

Mr. Supko's Schedule

- Arrives at school at 7:00 a.m.
- Respond to emails 7:15-7:45 a.m.
- In the halls until 8:04 a.m.
- Has meetings to schedule detentions for tardies
- Teaches 2nd and 3rd period
- 4th period, serves tardy letters and updates the HS webpage
- 5th period, tries to monitor lunch in the cafeteria
- After all this, he tries to schedule meetings, do proposals, plan science department affairs and more.
- After school, he heads to baseball practice as assistant coach for head coach Dave Peters.
- After practice, he drives a total of one hour and 15 minutes back to his home.





Musicians represent DV at PMEA music festivals

By **MIKAELA EDELMAN**
Arts & Literature Co-Editor

Over the past few months, a handful of students from DV's music department have taken part in the Pennsylvania Music Educator's Association (PMEA) Festival season in chorus, concert band, jazz, orchestra and vocal jazz. PMEA is a statewide organization that is devoted to promoting musical development to students and teachers throughout the state. These students either performed at live auditions or submitted a video audition to qualify for each level within the PMEA performance ladder in their respective music ensembles.

For the first time at DV, two students have advanced to All-State Jazz Ensemble. Senior trumpet player, Greg

Giliberti, and senior saxophonist, Willy Mullen, both had to send in audition videos to qualify for the PMEA All-State Jazz Ensemble. In their videos, both had to play musical scales, a jazz piece, a ballad and an improvised piece on their instrument. Giliberti ranked 4th overall and will play 3rd trumpet and Mullen ranked 1st overall for baritone saxophone.

Seniors tenor Josh Shepard and senior bass Tyler Williams also sent in video submissions and qualified for All-State Vocal Jazz. They had to sing two different vocal scales and three different songs, some of which involved scatting. Shepard was ranked 2nd out of the four tenors selected, and Williams was ranked 4th for bass.

Senior Curtis Jaeger and junior Drake Eshleman qualified for the Regional Chorus Festival this year. After attending the District Festival at Muhlenberg High School on Jan. 22-24, Jaeger, a tenor

1, and Eshleman, a bass 1, auditioned and qualified for Regional Chorus. Jaeger was ranked 7th and Eshleman was ranked 6th. The two then moved on to the Regional Festival which was held at Wilson West Lawn High School on Feb. 26-28. Once again the two auditioned for the next level which was All-State Chorus. Jaeger was selected as 2nd alternate for tenor 1 and Eshleman was selected as 1st alternate for bass. Even though Jaeger and Eshleman did not advance this year to All-State, they will attend the All-Eastern Chorus Festival in April based on auditions held last school year.

Senior clarinet player, Sydney Famularo attended the District Band Festival at Exeter High School in January and qualified for the Region V Band Festival, which was held at East Stroudsburg South High School on Feb. 11-14. Famularo was ranked 6th going to the regional competition after districts, but did not qualify for states.

Last, but certainly not least, junior violinist, Karthick Ramaswamy, attended the District Orchestra on Feb. 5-7 and qualified for Region V/IV Orchestra, which will be held this weekend.

Congratulations to all that participated and represented DV at all the PMEA Music Festivals this year.



Delaware Valley music students who participated and placed in the PMEA Music Festival.

(Not pictured: Karthick Ramaswamy)
Photo by Mikaela Edelman

Inquiring Photographer

"WHAT ARE YOUR PLANS FOR SPRING BREAK?"

By **MATT FALKENBURG**



"Hanging out with my brothers"

Daneen Decker
Class of 2017



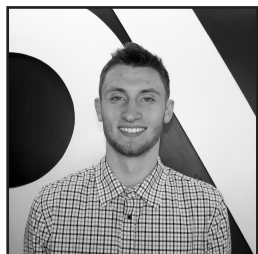
"Sleep and watch Netflix"

Amanda Morgan
Class of 2017



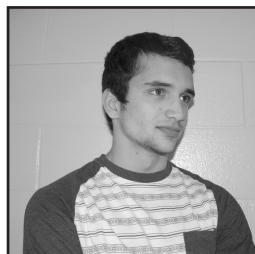
"Going to California and go to the beach"

James Montemarano
Class of 2015



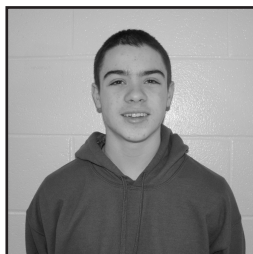
"Going to play basketball at the Milford courts"

Cole Acoveno
Class of 2015



"Closing the shades, turning off the light and playing 18 hours of Xbox a day"

Angelo Matz
Class of 2015



"Hanging out at home with my family"

Matt Mullen
Class of 2018

DVHS athletes compete in winter games

By **ANGIE SERRANO**
Staff Writer

The Special Olympics Pennsylvania (SOPA) Winter Games was a friendly competition focusing on alpine skiing skills, cross-country skiing, snowshoeing and figure and speed skating. This event was state wide and took place at Seven Springs Mountain Resort, the Cambria County War Memorial Arena and Planet Ice in Johnstown, Pa.

More than 350 athletes and 175 coaches traveled to Seven Springs Mountain Resort for the kick off. There were over 1,000 volunteers who participated in the event. All volunteers were welcomed as well as spectators to come cheer the athletes on.

The students from Delaware Valley who participated were seniors Sabrina Garcia, Megan Leary, Nick Cotter, Steven Polisky, Alex Mecca, junior Philip Monaco, sophomore Renee Hete and freshman

Kaitlyn Leon.

"I felt confident and powerful. I was super happy and blessed to get a medal," said Mecca.

All participants earned medals and everyone was a winner.

"Special Olympics' main focus is helping intellectually disabled children and adults get out, be active and do their best," said Mr. Eric Kudrich.

The Special Olympics is an international organization that provides year-round sports training to children and adults with intellectual disabilities. Mr. Kudrich is the head coach and co-manager for Area P; he has helped manage the

Wayne and Pike County Special Olympics division for over 25 years. Ms. Erika Peter is the assistant coach and assists with many area programs.

Delaware Valley will be hosting a swim-a-thon fundraiser for Special Olympic Area P on March 27. They will also be hosting the Area P Track and Field Invitational on May 6 for over 350 athletes from Wayne and Pike County.



Special Olympics athletes enjoyed participating in this year's winter games.

Photo by Mike Bell



Opinions



All about that bass...but what about that treble?

Meghan Trainor's recent pop hit "All About That Bass" has quickly become an anthem of empowerment for girls nationwide. The song is intended to encourage girls to embrace their real bodies—specifically their curves. While its intention is to celebrate the female body regardless of weight, it does just the opposite. Trainor's "All About That Bass" is both shameful and critical of girls who are naturally thin.

"All About That Bass" sends a powerful message: Embrace your curves. It begins with empowering, inspiring lyrics, stating, "If you got beauty beauty, just raise 'em up/ 'Cause every inch of you is perfect from the bottom to the top." So where does Trainor go wrong?

Later in the song, Trainor begins bashing thin girls, stating they look like "stick-figure, silicone Barbie dolls" and attacking them with other explicit, derogatory terms. She even implies that men find women with curves more attractive than girls without them, claiming that she has, "that boom boom that all the boys chase."

So sure, Trainor's intentions were (mostly) pure. "All About That Bass" sends a positive message to girls with curves as well as society and its unreal body standards as a whole. But what about the girls who are deprived of such curves? What does this song say to them? "All About That Bass" demeans those girls, making them feel as though their naturally thin bodies are unattractive and fake.

What many people do not realize is that their self-consciousness is prevalent on both sides of the body weight spectrum. Girls with curves yearn to be slim while naturally slim girls crave curves. As opposed to pushing the idea that one specific body type is perfect, why not embrace all bodies? Why not celebrate the idea that every body is beautiful—both curvy and thin? So thank you, Trainor, for promoting the idea that curvy girls are beautiful. But please, let us not forget that thin girls are just as beautiful. Let us stop bashing our bodies, regardless of size, and start celebrating them for what they are.

BY LAUREN ZIOLKOWSKI
Class of 2016



Music Department Expo Event

Vendor & Craft Fair
Tricky Tray
Chili Cook-off
Free crafts for the kids
*Free admission

Saturday, March 21
11 a.m. - 4 p.m.
DVHS 9/10 cafeteria
DVMS gymnasium

Performers, artists to showcase talents in April

High school athletes have state championships; our painters, sculptors and illustrators have the Scholastic Art Awards, but for our drama department they have one weekend; only three performances to show how hard they have been working.

This year the drama department is putting on the musical, "Anything Goes." They have been rehearsing around the clock since January, working hard to prepare for the stage. A lot goes into putting on a spectacular performance. The students have to audition, lines have to be memorized, notes have to be hit, costumes have to be fitted, sets have to be built, scenes have to be rehearsed and perfected. This is not an easy process.

"As a club, we put in a lot of hard work, not only from the cast but from our directors, choreographer, set designers, stage crew, etc. And we know how to have a good time while doing it. I wish people on the outside could see what takes place behind the scenes during rehearsals because that is where the magic truly happens. We don't do mediocre," said senior lead Mikaela Edelman who plays Reno Sweeney in the production.

This year the musical will be held on April 10 and 11 at 7 p.m. and April 12 at 2 p.m. People can purchase tickets at the door or they can go online to secure their seat online at www.seatyourself.biz.

Before doors open on April 10, senior artists will showcase four years of work the annual Art Show. They will be honored at the opening reception from 5:30 - 6:30 p.m.

OLIVIA TENNEY
Opinions Editor

"What you get by achieving your goals is not as important as what you become by achieving your goals."
—Henry David Thoreau

BECKY STIEB
News Editor

OLIVIA TENNEY
Opinions Editor

ALAYNA MASKER
World News Editor

DEL.AWARE

MARIELLE CAVALLARO
Editor in Chief

STEVEN GOSCH
Managing Editor

MRS. LESLIE LORDI
Adviser

KRISTI LICCAUSI
Arts & Literature Editor

WILLIAM MULLEN
Entertainment Editor

JOSH SHEPARD
Science & Technology Editor

Letter Guidelines

The *Del.Aware* is an administrative reviewed publication of the journalism class of Delaware Valley High School. The *Del.Aware* will print acceptable letters written by current students which may be edited or condensed for reasons of libel, good taste, grammar and punctuation.
Mail: Letters to the Opinions Editor, Del. Aware, 252 Route 6 & 209, Milford, PA 18337
Email: the.del.aware@gmail.com



School News



Assembly reminds students to be kind to one another

By SASHA HUPKA
Circulation Co-Manager

On Feb. 25, DV students left motivated after viewing a Rachel's Challenge assembly that highlighted the life of Rachel Joy Scott, described her ideas to start a chain reaction of kindness and challenged the audience to try to start their own chain reaction through everyday acts of kindness and compassion.

Rachel Joy Scott was the first victim of the Columbine Massacre in 1999. She was a freshman in high school and was known for her kind personality. After her death, many of those who knew her contacted her family and told them about her compassion for others. Her ideas about bullying, peer pressure and compassion were detailed in her diary and in an essay she wrote only weeks prior to her death. In Rachel's

the auditorium

memory, her family started Rachel's Challenge. The assembly lasted approximately an hour and gave the audience five challenges: to look for the best in others, dream big, choose positive influences, speak with kindness and start their own chain reaction. These powerful messages reached many of the students who saw the presentation.



Photo by Sasha Hupka

Guest speaker Peter DeAnello shares Rachel's story and inspires students to start a chain reaction.

"I think the presentation was well done; it really got across to me. Some people really need to hear it, and I believe it will stay in the minds of other students and everybody will change for the better," said junior Rafael Alexandre.

Teachers and staff also showed support for the presentation after hearing its positive messages.

"I really think that the messages of Rachel's Challenge are the best messages for living a peaceful life," said chemistry teacher Mrs. Jane Martin.

"We should not judge others prematurely."

Rachel's Challenge adviser Mrs. Danielle Giordano was pleased with how the presentation ran and how students, teachers and the community responded.

"I think the students responded very well. They were very attentive and many expressed a range of emotions during the presentation," said Mrs. Giordano. "I am very excited to see what will come of it."



To symbolically accept Rachel's Challenge, students signed a banner that was hung up in the school. Rachel's Challenge coordinators hope to continue the presentation next year and expand the program so that Rachel's message can reach more people within the DV community.

"I was happy to hear a lot of positive feedback from both teachers and students," said coordinator Mrs. Diana Bixby. "I felt that Rachel's message of kindness and compassion reached a lot of people at DV."

OOTM teams to compete in regional competition

By OLIVIA TENNEY
Opinions Editor

On March 14, 650 local students will compete in the Northeast Pennsylvania Odyssey of the Mind regional tournament. It will be held at the Pocono Mountain West High School from 8 a.m.-6 p.m.

Odyssey of the Mind is a unique problem-solving program that teaches kids to think outside of the box.

Teams of up to seven students get a problem in the beginning of the year that they have to solve with an eight minute performance. Advisers are not allowed to interfere or help. This year's problems encompass everything from recreating a silent movie with a funny villain to building a propulsion system to run a train that overcomes obstacles.

Delaware Valley has four high school teams to compete a vehicle team, a

technical team, a structure team and a theatrical team.

The teams also receive an on-the-spot problem that they have to solve at the competition.

"It's a fantastic program that pushes children to think outside of the box while exercising skills across every academic and artistic discipline. The acting, writing, engineering, scenery, costumes—all aspects of the solution are completely original creations of the students. It's exciting to see what they come up with," said Ryan Balton, tournament official and regional public relations director.



Photos by Courtney Kelly



Winners of the regional competition will go on to the state finals in Berwick in April. Then those state finalists will compete to go on to World Finals at Michigan

State University in May. The snow date is March 21.

Puzzle Fun

Directions: Search through the articles in this issue of the newspaper and find the answers to the questions listed below. The first person to solve this edition's puzzle and email his or her answer to the.del.aware@gmail.com will receive a prize.

1) Who won the Grammy for Best New Artist?

445 7

2) Who is one of Martha Morton's favorite writers?

2 1

3) What senior is going to California for spring break?

346

1 2 3 4 5 6 7

PUZZLE CREATED BY
MATT FALKENBURG



DV alumnus accepted into technology apprenticeship

BY KARLEE EDISON
Staff Writer

Delaware Valley alumnus, Keaton Ashworth, has recently been recognized for his prestigious acceptance into the Porsche Technology Apprenticeship Program (P.T.A.P.).

According to Keaton, the P.T.A.P. is very selective. They have roughly 10,000 contenders a year and of those only 48 are selected each year. For Keaton, his selection process took eight months from first interview to acceptance.

The P.T.A.P. program offers a promised job as a Porsche technician after six months of training.

In high school, Keaton says that taking automotive classes at DV helped him to get to this point. Keaton accredits his inspiration to automotive teacher, Mr. Dobrzyn.

"He really cares about the program and did whatever he could to constantly improve it and help the students,"

he said.

He also recognizes his first employer Tony Bergmann who has also played a huge role in stimulating his love for the automobile industry.

"Find out what you love to do and pursue that and figure out the best course of action to get into that career. Never settle for anything."

- Keaton Ashworth

"Those people specifically helped me a tremendous amount, and also a general love for what I do. It's easy to do something well if you love to do it. I've worked on cars since I was 14 at Tony and Sons and haven't stopped since," he said.

After graduating DV in 2013, Keaton went on to

attend the Universal Technical Institute in Orlando Florida and graduated this past November. Through his hard work, he has earned a number of accomplishments, aside from his P.T.A.P. acceptance. These include his 609 certification for air conditioning, excellent attendance, Honors GPA and 100 percent in professionalism.

In addition to his hard work in trade school, Keaton maintained a job as a Volkswagen Technician for over a year now. When he wasn't in school or work, Keaton would go to car shows, the beach, work on his car and hang out with friends.

Keaton excitedly admits, "Getting into PTAP means a lot to me, I'm thrilled about it and it really validates everything I've been working for up till this point."

"Find out what you love to do and pursue that, and figure out the best course of action to get into that career. Never settle for anything. If you are going into the automotive field, attendance and professionalism are critical," he said.

Taylor organizes fund raiser to help troops over seas

BY NIKKI CUCCIO
Sports Co-Editor

Enlisted in the U.S. Navy, senior Samantha Taylor has worked vigorously over the past few months organizing a two week long fund raiser helping troops. A wounded warrior came to Delaware Valley to tell his story to those enlisted in any type of military wing. Taylor listened closely to this survivor and wanted to give back to help him and his friends who are still serving. He explained how he was affected in the war and how he still has friends overseas who would love some help.

"I felt very sad when the wounded warrior came in. His story really inspired me. I sat back, reality hit me, and I wanted to help," said Taylor.

Taylor spent every day after school working hard to prepare the fundraiser. She

formed a five page list of troops who need help. Taylor organized boxes and posters which hung throughout the school. Mrs. Farr's preschoolers also drew pictures to send to the troops.

"I've known Sam since she was in ninth grade and now she is a senior. I'm proud that she enlisted, and it is because of her that we were this



Photo by Karlee Edison

successful," said Mr. Tom Walker, who helped organize as well.

After a two week period, over 300lbs or 10 boxes are being sent to Somalia, Africa. Taylor hopes that Delaware Valley will continue what she has started.

"This meant a lot to me because I hope that one day when I am serving, students could help me and who I am serving with if we are in need," concluded Taylor.

New courses offered for 2015-16 school year

BY OLIVE TENNEY
Opinions Editor

The course selection guide boasts four new electives for the 2015/2016 school year. They are AP Studio Art, Video Game Design, Introduction to Statistics and Social Problems.

AP Studio Art: This is a course that pushes students to refine their art skills. The standardized test is a collection of 24 pieces compiled over the school year.

"I'm very excited to have the opportunity to work with students who are willing to commit themselves to such

an intense course of study. The entire art department feels that the addition of this course will enhance our already strong program," said Mrs. Christine Sweeney.

Video Game Design: This is an intro course on how to design video games. It uses the Freeware Game Maker game engine and provides hands-on experience.

"The business department is really excited to offer a new course that encompasses topics such as game design and intro to computer programming. Students will be

learning by the use of hands-on experience through cross-curriculum and stem activities of the gaming industry. It is going to be a fun and interesting class," said Miss Audrey Josephite.

Introduction to Statistics: This course is intended to introduce students to statistics. It can be taken along with Algebra II and Trigonometry.

"I think it's exciting that we have a new course on this because there are so many disciplines that use it. They will have a more hands-on experience than students will get in college," said Mr. Kevin DeVizia.

Social Problems: This course studies in-depth social problems. It is suggested to have taken sociology before entering into this class.

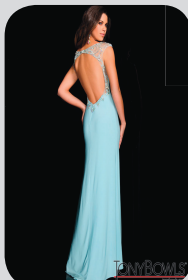
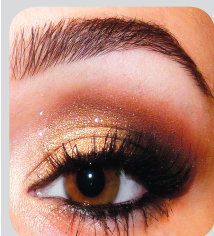
"The course is for students to take their knowledge of sociology and move it forward to deal with problems in society. It's an attempt to solve problems," said Mr. George Gelderman.

Please see our February edition to read all about our three new phys. Ed electives.

"They will have a more hands-on experience than students will get in college."

- Mr. Kevin DeVizia

P repping for P rom



Caitlin – I found these tips and pictures for eye make-up and eyebrows, hope it can help you out!

Olive – Instead of getting your make-up done professionally, think about buying your own products and getting your friends to do it!

Nikki – If you don't normally wear a lot of make-up – don't go overboard for one night.

Josh – Make sure your make-up looks natural so that people see your natural beauty!



Amanda - So I don't know whether I should do a spray tan or use a tanning bed? I've heard pros and cons about both.

Mikaela – From experience, a spray tan did not work on me but if it is your preference, make sure you do a test run beforehand.

Nikki – If you go to a tanning bed, start off slow because you don't want to be burnt.

Olive – I am not a fan of tanning; just go outside and soak up some Vitamin D!

Natalie – You can try whitening your teeth with baking soda or hydrogen peroxide.



Mikaela - This year's popular prom dress styles consist of high necklines, open backs, high slits, cutouts and crop tops.

Caitlin – Regardless of the style, find the dress that fits you the best. The one you feel most confident in is the one you'll look the best in.

Olive – If money is an issue, please see Mrs. Holtzer to discuss the option of Cinderella's Closet.

Amanda – If you are short, a dress with an empire waist will make you look taller.

Natalie – Don't forget, if your dress doesn't fit properly, there are many local businesses that will tailor it.

Nikki - When preparing for prom, you should know that different types of dresses should be accompanied with the appropriate type of hair style.

Natalie – Low-back dresses should be accompanied by an up-do.

Mikaela – If you plan on dancing a lot, wear your hair up because you'll get hot.

Marielle – If you are getting your hair done professionally, make sure you make an early appointment so that the person is not booked.

Josh – You could even schedule a trial run appointment.

Olive – There are so many talented student hairstylists – use them to save some money.

Natalie - This is what every girl should put in her bag. I think clutches are the best bag for prom, hands down, but there are so many other accessories out there.

Mikaela – Feel free to be creative with your accessories – such as wearing different hair embellishments.

Amanda – Don't go overboard with jewelry – simplicity is key!

Nikki – If you have a jeweled top, avoid wearing a necklace. Go for earrings instead – make them your focus!

Olive – Don't forget – you can visit one of our local consignment shops and find some great deals!



- Go for a tux fitting, you should match your date
- Purchase prom tickets
- Figure out transportation & timing
- Order your date's corsage – make sure it matches
- Get a haircut

Amanda – If you are driving to prom, please clean out your car before picking up your date.

Nikki – The most important thing – be respectful, have manners and have a good time!

World News

Russia and Ukraine still in turmoil

By JOSH SHEPARD

Science & Technology Editor

On Feb. 22, Ukrainians were marking their one-year anniversary of the oust and exile of former president, Viktor Yanukovich. However, authorities said they have captured four men allegedly responsible for a terrorist attack on a rally in Kharkiv.

Reports stated that at least two people were killed and 11 were injured. A Facebook post from Markiyam Lubkivskiy, senior official in Ukraine's Security Service, said that the Russian terrorist attempted to attack the Ukrainian protestors and were allegedly planning other sabotages and terrorist activities. The suspicious thing is that Russia had no comments about the post or the alleged attacks.

The Kiev Post said hundreds of participants came to the rally in Ukraine's second-largest city when an explosion rocked the area. Witnesses said an explosive device appeared to have been timed to go off once marchers arrived in the square.

"The march was delayed by 10 minutes, and then just as people started to move, we saw the explosion go off," said marcher Dmitriy Komaykov who witnessed the attack.

One ray of hope for Russia and Ukraine being united was Russian opposition activist Boris Nemtsov, who was assassinated on Feb. 27 in Kremlin. This enhanced people's awareness and started marches and protests at Nemtsov's funeral ceremony. A Moscow court has charged two men in connection with the murder of Nemtsov on March 7. The constant rivalry between Russia and Ukraine has gone on since 1991, and any progress with their relations is indecisive.

American Sniper shooter found guilty

By COURTNEY KELLY

Staff Writer

On Feb. 24, former Marine Eddie Ray Routh was found guilty of capital murder in sniper Chris Kyle and friend Chad Littlefield's death. Routh was sentenced to life in prison with no chance of parole immediately after the verdict was reached.

"We're so thrilled that we have the verdict that we have tonight," Judy Littlefield said the night of Routh's conviction.

Authorities reported that after the killings, Routh drove to his sister's house in Kyle's truck and admitted his crimes. He also claimed to her that people were sucking



out his soul.

Routh had pleaded not guilty by the reason of insanity; he claimed that he feared Kyle and Littlefield were going to kill him. The defense argued that Routh's long history of mental illness incapacitated his ability to decipher between right and wrong. However, the prosecution saw right through their claims and used previous testimonies of Routh to counteract his plea.

"Ladies and gentleman, that is not insanity. That is just cold, calculated capital murder. He is guilty of capital murder. He is not in any way insane," said prosecutor Jane Starnes during closing arguments.

Navy SEAL Kyle, 38, and his close friend Littlefield, 35, were killed Feb. 2, 2013. The two men were asked by Routh's mother to talk and counsel the distressed defendant. They decided to take him to a shooting range that afternoon at Rough Creek Lodge. Taya Kyle, widow of the Navy SEAL, was one of the first to testify in court. She told the jury she had talked to her husband on the day of his death and



Pictured is Eddie Ray Routh during his time as a Marine and after his arrest.

she could tell something was worrying him. Earlier in the trial text messages between Kyle and Littlefield were shown to the court expressing the concern the two men had about the actions of Routh. Littlefield had texted Kyle to "watch his six" because Routh was sitting right beside him on their way to the shooting range.

Chris Kyle wrote an autobiography based off his war experience. His book was transformed into the recent movie "American Sniper" starring Bradley Cooper.

Wacky news from around the world

By ALAYNA MASKER

World News Editor

109 year old man knits sweaters for penguins

After arriving at a new retirement home, 109 year old Alfred 'Alfie' Date, who is the oldest living man in Australia, put his knitting skills to good use. He was approached by two nurses who asked him to help the Phillip Island Penguin Foundation by knitting sweaters for the penguins that were affected by an oil spill. The sweaters keep the penguins from ingesting the toxic oils on their feathers. The foundation received so many sweaters from Alfie and other knitters that their demand has been met. Alfie continues to knit for his friends and family members.



British parrot returns home with new language

When Nigel an African gray parrot with a British accent disappeared from his home in California, his owner was heartbroken and lost hope of ever seeing his pet again. Four years later, Nigel was found and returned; however, during his time away he dropped his accent and learned Spanish, much to his owner's surprise. His whereabouts were unknown until a letter to a local newspaper gave insight about his journey. Nigel was taken in by a family who taught him the new language until he flew away from them. He was eventually given to his adoptive family by the original owners.



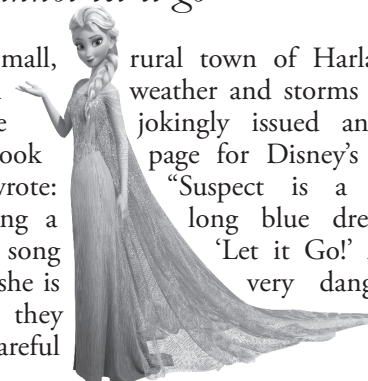
Beaver dam cease and desist letter sent

When Ryan DeVries of Montcalm County received a letter from the Michigan Department of Environmental Quality, he was bewildered. The letter notified him that he needed to "cease and desist" the construction of two dams on a spring situated on his property, or face a \$10,000 per day fine. However, DeVries wasn't the one building the dams; it was a family of beavers. After numerous letters were exchanged between DeVries and the state of Michigan, the agency dropped the issue and admitted they should have checked out the dams before sending the letter.



Kentucky town cannot let it go

Residents in the small, rural town of Harlan, Ky. don't want the cold weather and storms to rage on. The local police have jokingly issued an arrest warrant on their Facebook page for Disney's Queen Elsa of Arendelle. They wrote: "Suspect is a blonde female last seen wearing a long blue dress and is known to burst into song 'Let it Go!' As you can see by the weather she is very dangerous." Casting the joke aside, they urged residents to be careful and stay safe.



World News

ISIS attacks increase in brutality and strength

By **MARIELLE CAVALLARO**
Editor in Chief

ISIS, the world's leading radical Islamic terror organization, is becoming more gruesome and expanding their popularity through propaganda.

ISIS stands for Islamic State in Iraq and Syria. In 2004, the group began as a part of al Qaeda in Iraq; within two years, it separated. Although both ISIS and al Qaeda are radical militant groups in the Middle East with a deep hatred of the Western world, ISIS is much more brutal than al Qaeda and effective at doing collateral damage. Al Qaeda disowned ISIS in the beginning of 2014.

Although ISIS is a terror group, they have their political, religious and financial backings. The group has gained control of over half of the oil assets in Syria and a large number of oil fields in Iraq as well. Energy expert Luay al-Khateeb has stated that the oil they control makes its way to the black market and could be making ISIS a staggering 3 million every day.

Recently, Boko Haram, the terrorist group from Nigeria, pledged allegiance to ISIS. Boko Haram has increased its rates of suicide bombings because native insurgent opposition has been picking up. About a week ago, four Boko Haram suicide bombers killed 54 people and wounded at least 140 others.

In the middle of February, ISIS beheaded 21 Coptic Egyptian Christians. The video released

featured an English-speaking member who said, "The sea you have hidden the Sheikh Osama bin Laden's body in, we swear to Allah, we will mix it with your blood."

Furthermore, it has been reported that ISIS is demolishing ancient cities. After the group sent out videos of itself smashing artifacts in the city of Mosul, and

in January, burning hundreds of books and rare manuscripts from the Mosul library, they bombed and bulldozed the ancient city of Hatra. ISIS's reasoning was that they want to destroy symbols that promote idolatry (extreme admiration for someone/something).

Last month, Kayla Mueller, an American aid worker from Arizona worked with humanitarian groups in northern India, Israel and Palestinian territories and was leaving a Doctors Without Borders

hospital when she was kidnapped and taken into captivity in August of 2013. Last month she was killed, possibly by air strikes from Jordanian forces who were retaliating after a pilot from Jordan was burned alive by ISIS, but the actual cause of her death was never confirmed. ISIS threats are growing and do not see a definite end.



Measles outbreak raises major concern

By **KARLEE EDISON**
Staff Writer

The measles begins with a runny nose, a cough, red eyes and a sore throat followed by a rash that can spread over the body. It comes as no surprise that the recently recorded measles outbreak has certainly

scared people of the U.S. According to the Centers for Disease Control and Prevention site, in 2013 there were 11 outbreaks of the measles with three containing over 20 cases and one containing

58 cases. In 2014, the U.S. faced 23 measles outbreaks with many coming in from the Philippines. At the end of 2014, the U.S. experienced a record amount of measles instances coming in at 664 cases over 17 states.

The current 2015 measles outburst was believed to come from an overseas traveler who visited a Californian Disney amusement park while contagious. This measles virus was tested and found to be identical to the virus that caused the outbreak back in 2014 but has been found in 14 other countries in the past six months.

As of February 11, the U.S. had 125 confirmed cases over 17 states. These states include Arizona, California, Colorado, Delaware, Illinois, Michigan, Minnesota, Nebraska, Nevada, New Jersey, New York, Oregon, Pennsylvania, South Dakota, Texas, Utah and Washington. Eighty five percent of the confirmed cases are said to be linked to two Disney amusement parks in Orange County, Calif. It is also found that the majority of

people infected were unvaccinated.

Many people avoid vaccinations due to religious beliefs, personal preference or fear of the vaccinations' effect. Many vaccination myths have been eradicated such as the myth that vaccinations cause autism, the idea that they contain poison, they contain too many antigens; they are profit drivers for doctors and insurance companies and more.

Many people ask the question as to how these outbreaks continue to happen even though the U.S. is predominately a vaccinated country. The measles virus is still common in countries found in Europe, Asia, the Pacific and Africa, so travelers can easily carry the disease into the U.S.

The fear of this measles outbreak lays in the chance that the measles can re-establish itself in the U.S., causing the virus to become a new endemic. This is a clear risk as someone contagious with the measles virus can sneeze or cough and the droplets containing bacteria can resonate and infect for up to two hours.

President Barack Obama urges citizens to vaccinate their children.

"The science is, you know, pretty indisputable. We've looked at this again and again. There is every reason to get vaccinated, but there aren't reasons to not," he said.

Sochi faces village dilemma

By **DANIELLE KRICK**
World News Co-Editor

The Sochi Winter Olympics may have ended over a year ago, but Russia is still feeling the effects of the games.

After the games were over, Russia planned to turn the Olympic village into a resort as a tourist attraction to earn some extra revenue to pay off for the overages of the game. President Vladimir Putin's budget for the games was approximately 40 billion, but the total expenses ended up costing Russia around 300 billion.

At the time of the games, some of Russia's wealthiest individuals picked up the tab and invested in the Sochi village and the Olympic facilities, saving the Russian taxpayers billions of dollars. But now some of those individuals are pulling back and demanding compensation, dumping the expenses onto the taxpayers.

The failing economy is not helping matters either. The value of the Ruble has been cut in half and sanctions issued by Western nations over the invasions into Ukraine have crippled the economy. This means raised prices on everything from food to oil to electricity and building materials.

The huge budget overages have many concerned, as Russia plans to host the 2018 FIFA World Cup. Plans for the cup will include soccer stadiums, new train links and more hotel accommodations. And with the declining economy, the original World Cup budget of 20 billion will likely be impossible to meet, especially with mandatory FIFA regulations.

Measles Cases and Outbreaks

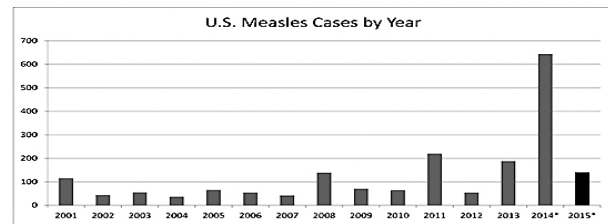
January 1 to February 13, 2015*

141
Cases

reported in 17 states and Washington DC: Arizona, California, Colorado, Delaware, Illinois, Michigan, Minnesota, Nebraska, New Jersey, New York, Nevada, Oregon, Pennsylvania, South Dakota, Texas, Utah, Washington

2
Outbreaks

representing 87% of reported cases this year



*Provisional data reported to CDC's National Center for Immunization and Respiratory Diseases





NATIONAL
EATING DISORDERS
AWARENESS WEEK
FEBRUARY 22 - 28

2015



Eating disorder diagnosis rates have tripled in the last decade, and yet we continue to avoid discussion on the topic. These serious mental illnesses have become taboo; no one speaks of them, many don't even acknowledge them, however, it is becoming rather difficult to continue on like this.

Eating disorders, both directly and indirectly in the form of complications, are the second leading cause of death for girls aged 12 to 18. An estimated 60 million individuals worldwide will be diagnosed with an eating disorder this year, and another three million cases will go untreated. As a real-world comparison, the eating disordered population will outnumber the total inhabitants of Italy, South Africa, Canada and Australia in the coming year.

It's time to start talking and start acting. Let's break the barrier and raise awareness; everybody knows somebody, but with a little education, conversation and change set forth during National Eating Disorder Awareness Week, we can make huge strides in the battle against eating disorders.

- Kristi LiCausi

+ Help

💡 Educate

❤️ Love

How to Get Help

Some may believe that you will never be happy until you lose weight and that your worth is measured by how you look. But the truth is that happiness and self-esteem come from loving yourself for what you truly are and this is only possible with recovery. Whatever age or gender someone is, help is within your reach, even if you think there is no escape.

Overcoming an eating disorder is much more than giving up unhealthy eating behaviors, it is about rediscovering who you are beyond your eating habits, weight, and body image. The first step is coming to the realization that you are not healthy and need to change. This may not come easily, but following certain steps may provide some help.

True recovery from anorexia and bulimia involves learning to listen to your body, and to listen to your feelings. Also trusting and accepting yourself will help tremendously. Overtime, you can learn to love yourself and finally enjoy life again.

Remember you are not alone this journey toward recovery. There are others out there feeling the same way you do. People like family members, close friends and professionals are there for you to seek help, but the most important step is ultimately loving and accepting yourself and others. Loving your body is hard, but it can be achieved with the right amount of help and care.

- Caitlin Florio

How to Help Others

Identifying an eating disorder can be tricky; however, there are several warning signs to look out for. Some signs are preoccupation with body image, constant measuring of body size and substantial weight loss. People with an eating disorder may cut up their food into tiny bits and push it around the plate to make it look like they ate. When invited to have a

meal, they may claim to have already eaten and fabricate stories about it.

Other signs are moodiness, lack of sleep and loss of concentration. If you suspect or definitively know someone has an eating disorder, be supportive and talk to them about your concerns. Ask them what is helpful when they are struggling and avoid judging them. Do not ask how much they ate. Sometimes just listening is the best way to help someone with an eating disorder.

- Alayna Masker

What DV Does to Help

Eating disorders affect people of all ages, although they are the most common in teenagers. The week of Feb. 22 is the National Eating Disorders Association (NEDA) week; the purpose is to spread awareness about eating disorders. Many people "have no idea," like the NEDA's awareness week slogan says. Delaware Valley has ways to ensure that students can feel comfortable talking to their guidance counselors about their struggles, encourage self-confidence and love for themselves.

Delaware Valley does not have any professionally trained workers in the school who are experts on the varieties of eating disorders, however; other members of the administration like the guidance counselors, social workers and nurses work together to help anyone in need of it.

"The school tries to get parents and the school connected with medical professionals," said Ms. Jennifer Cosentino, the 11/12 guidance counselor.

The school is prepared to and will do whatever they need to in order to provide resources, offer those help and give them opportunities so they can and most importantly, love themselves and feel confident in their own body.

- Allison Wulphurst

Eating Disorder Descriptions

Anorexia Nervosa: Anorexia Nervosa is a disorder that leads to the refusal to gain weight or intense fear of doing so, or a distorted view of body image. Anorexia can lead to depression, weakness, tooth decay and many other illnesses and problems.

Bulimia Nervosa: Bulimia Nervosa is a disorder that is characterized by binge eating episodes followed by a frantic effort to avoid weight gain. Bulimia can lead to ulcers, tooth decay, weight gain, loss of menstrual periods and many more problems.

Binge Eating Disorder: Binge Eating Disorder is defined as an individual partaking in compulsive overeating when very large amounts of food are consumed. Binge eating can lead to diabetes, heart disease, gastrointestinal problems and much more.

EDNOS (Eating disorder not otherwise specified): Individuals with this disorder are not characterized as being anorexic or bulimic. These disorders cannot be specifically defined and it has been found that about 60 percent of people with eating disorders are diagnosed with EDNOS. EDNOS is just as dangerous as any other eating disorder as it can lead to many of the same outcomes.

All eating disorders are to be taken seriously. Each of these disorders, as well as many others, can lead to death.

- Karlee Edison

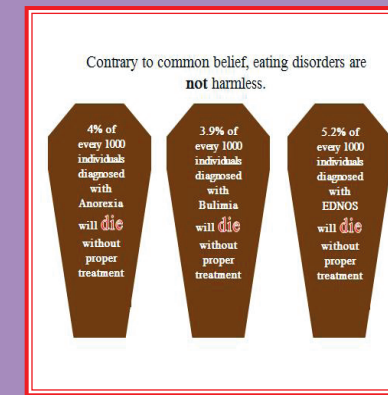
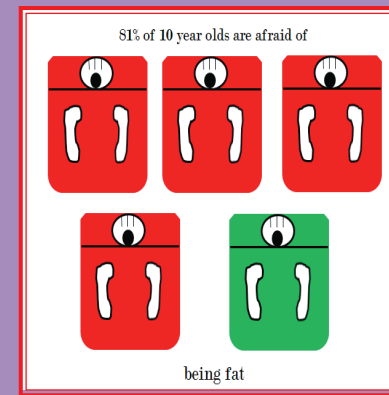
Eating Disorder Misconceptions

Eating disorders are a very serious topic in today's world. Although they are extremely prevalent, there are many common misconceptions surrounding them. About 50 percent of people in the United States know somebody with an eating disorder or have been personally affected by one.

One common misconception is that people choose to have an eating disorder and that they can stop anytime they want. Eating disorders are not just about being over or under weight; it involves brain chemistry. Recent research has shown that an eating disorder is 50 percent brain chemistry and 50 percent other factors such as anxiety and family stress. For most people, it is their primary coping mechanism. Another misconception is that one can tell somebody has an eating disorder by looking at them. People with an eating disorder can be any shape and size. The media often shows people with an eating disorder that are unnaturally skinny. Anybody could be struggling with an eating disorder, even somebody who looks extremely healthy and fit.

One final misconception is that having an eating disorder is just a phase and it will go away if you ignore it. One can recover from having an eating disorder, but it takes hard work and determination.

- Olivia Tenney



Stats compiled by Matt Faulkenberg

Self-Love Defined

Self-love is best described as an act of loving oneself in order to achieve a well-being of happiness. During the adolescent years this act typically gets shoved underneath the rug and stepped on by the pressure to fit in with the crowd.

Many people, especially teenagers, believe self-love is selfish and narcissistic. The ironic part is self-love cannot be narcissistic. Self-love is loving; narcissism is just selfishness-the opposite from loving.

Self-love is important because it is remembering where your power is. When you are in self-love, you also have boundaries and learn how to say no. It's a necessary balance and skill you need to learn.

In order to have self-love, you must have self-care, consideration of your needs, caring for yourself with the same level of effort you do for others, accepting yourself for who you are and learning to say no to the request of others. Working toward self-love can take time and effort. Starting by self-like-a-little, working up to self-like can make an easier transition in building a solid foundation of self-love.

Self-love is not all about "me, me, me;" but it starts with "me" so you can build a stronger self. Think of self-love as the foundation of a happy and full life, but not the full expression of it. The full expression of love comes when love is given away. Love, in another way of speaking, is a circle. In order to receive, you must give.

If you are confused about all this self-love talk and don't know if you obtain or how to obtain love for yourself; ask yourself, "If I truly loved myself, would I do this?" or "Is there any way I can take better care of myself in this moment?"

- Becky Stieb

Learning to Love Myself

A contributed piece by DV alumna, Nicolle Herzog

My senior year at DVHS was a blur. Not for the usual reasons – college choices, prom, graduation – but because I was very sick. Those milestones and the two years after were punctuated by unhealthy habits and self-hatred. I could describe the devastating psychological, physical, and social consequences of anorexia; instead, I will share how I found self-love through recovery.

While recovery requires much more than a simple choice, the moment I decided I was fed up was the first punch I threw back against anorexia. I was, well, hungry: hungry for a life that was truly fulfilling and hungry for some meaning that didn't come off the scale. Every forkful I ate thus became an assault against the disease that stole so much of my life. Every PR I hit in the gym was proof that my body is not solely its weight or appearance; I learned to value it for what it can do.

Society, like eating disorders, thrives off our self-hatred; we can see it with every new diet scam and photoshopped advertisement. While society is only one factor in eating disorders, battling its influence was a big part of my recovery. To this society that coerces us into forever shrinking ourselves, I asked: why not take up as much space as I want? Moreover, why focus so singularly on my body when who I am and what I offer to the world hold so much more value? Finally, I realized that if I was strong enough to conquer that enemy, I could overcome anything else. Learning to love that inner strength prompted me to embrace my intrinsic value, independent of the many metrics I once depended on. Ultimately, I'm grateful to have won my battle – many people do not – but I'm even more thankful to have come out of it stronger and with unashamed, radical self-love.

Nicolle Herzog, a 2010 DV graduate, graduated from Bucknell University in 2014



ARTS AND LITERATURE



SPOTLIGHT MUSICIAN

Greg Giliberti

BY CAITLIN FLORIO
Staff Writer

Senior Greg Giliberti enjoys the creativity and the openness of expressing himself through music. Greg has been playing the trumpet since the fourth grade.

"I first started it because my brother played it, but then I started to really like it," said Greg.

He has been in jazz band since tenth grade and thoroughly enjoys it. He recently attended this year's PMEA all state jazz band and has been the lead trumpet player for three years. He also attended the PMEA all state jazz band also known as "Jazz Ensemble." Greg worked hard to achieve his goals and through his determination he has earned the opportunity to compete at All State Band this year.

While he is currently preparing to compete in All States, he does not stop there. Greg is currently involved in a student run jazz quartet called "Exit 11 Jazz Quartet."

Greg will be attending Penn State University Park in the fall

of 2016. His plans for music will still stay intact. He plans on continuing to play through college as a hobby.

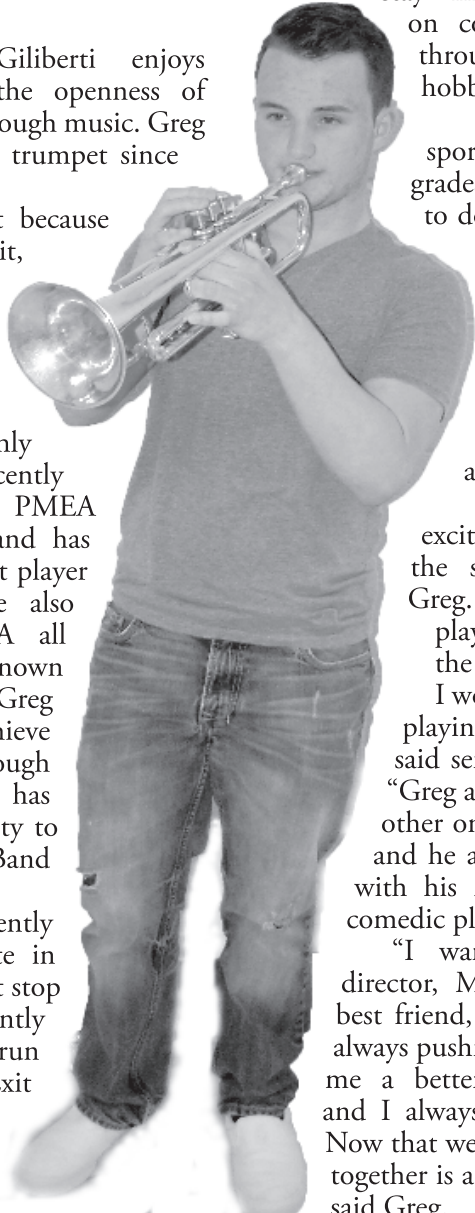
Trying to balance sports, music and grades is a hard thing to do, but Greg finds a way to succeed at them all.

Greg wants to continue his passion for music because it allows him to be creative and express himself.

"I am very excited to be spending the state festival with Greg. We have been playing together for the last four years and

I would not want to be playing with anyone else," said senior Willy Mullen, "Greg and I challenge each other on each solo we take and he always surprises me with his new language and comedic playing."

"I want to thank my director, Mr. Rauh, and my best friend, Willy Mullen, for always pushing me and making me a better musician. Willy and I always push each other. Now that we are going to States together is a dream come true," said Greg.



SPOTLIGHT ARTIST

Veronica Fernandez

BY NATALIE SMETANA
Entertainment Co-Editor

Surrounded by art at a young age, senior Veronica Fernandez has finally realized and accepted her artistic ability.

Veronica's family, specifically her grandmother and sister, is artistically inclined so her interest seems natural.

"The whole family on my mom's side is very artistic..."

She [my grandmother] used to make us watch videos from the library on shading and drawing," Veronica said smiling.

However, Veronica did not realize her artistic true potential until recently.

"I always liked art when I was little, but I didn't know I was good at it until the last semester of junior year," Veronica said.

Veronica enjoys working with many different mediums such as, paint, computer art, ceramics and photographs. However, her favorite is paint.

Specifically, Veronica likes to create flowers and anime-inspired art, drawing most of her inspiration from nature.

"If I feel like I really need to do

something, it just comes to me; like the changing seasons. Winter is cold and desolate and spring is my favorite... I like flowers so I'll paint a flower," she said with a laugh.

Veronica also enjoys using her talent as a gift.

"If someone says something and doesn't think I'm listening, I like to try and create or incorporate something into a painting," she said.

During her years at Delaware Valley, Veronica has taken over half of the art courses the school offers. Veronica is also a part of the Art Club and Computer Art Club.

Most recently, Veronica is branching out into the artistic community outside

of DV. She is currently working on a piece that will be displayed in the Milford Artery in March.

"I made a painting in 24 hours... off the top of my head," Veronica said. "I worked on it from Wednesday to Thursday and brought it in Friday. It was definitely a tiring process."

In the future, Veronica plans on attending Full Sail University in Florida to major in music production.

"I was really torn between music and art," Veronica said.

However, she will continue to take art classes in college.



Veronica working on one of her paintings.

Photo by Natalie Smetana

Fashion Aware



BY KRISTI LICHAUSI
Arts & Literature Editor

This year's signature fall/winter convertible fashion item proved itself to be the oh-so preppy-chic socks peeking out from within high boots. Everyone has rocked the look at least once; high socks and high boots, ankle booties and stretched ankle socks, combat boots and fuzzy socks—it may scream "chilly weather," but as the temperature begins to thaw out, don't pack up those cute socks just yet.

Socks are the perfect mode of self-expression. As they're so often concealed by full-coverage shoes, you can quite honestly wear anything you want. And with so many sock options, you are bound to find a pair to suit your style and personality.

This spring, go bold with your sock choice. Pair over-the-ankle or mid-calf, printed socks with a pair of relaxed sneakers and capris for a 2000s throw-back look. Look for stripes, bright colors, floral patterns, or color blocks; when shown off, these will supply the all

the flair and pop necessary to any outfit. With dresses or skirts, feel free to go long. Thigh-high socks, especially with cute characters or embellishments at the top are popular right now. Find your favorite look—classy ivory with small bows on the seam or even brazenly patterned—and pair them with a pair of flats, sneakers or booties. For the colder days, feel free to wear them over a pair of tights or stockings.

Socks are very unassuming, but with a little attention, they can very well be everyone's staple fashion item.



ARTS AND LITERATURE



SPOTLIGHT WRITER *Martha Morton*

JOSHUSA SHEPARD
Science & Technology Editor

The sweet and intelligent junior Martha Morton is known as a triple threat in acting, singing and dancing, but she also excels in her artistic writing.

It was not until sixth grade when Martha started to seriously write poems and stories either during class or at home. However, since high school, it has been harder for her to find time to freestyle because of her schedule, which is a reason why she joined the Creative Writing Club.

"It keeps me writing," said Martha. "People have told me that I should keep writing."

Martha's inspiration mostly comes from classical, olden pieces. Her favorite poet is Robert Frost, her favorite writers are William Shakespeare and Charlotte Brontë and her favorite short story teller is Alice Munro. Nevertheless, she reads modern books by John Green. The characters and themes from her readings stimulate her ideas for her characters.

"If I have an idea of a poem, I'll run to my room, shut the door and write it down," said Martha. "A lot of my characters come from Charles Dickens, but being diverse in my reading helps with my writing."

Even though Martha feels like she has been writing all her life, she is not sure if writing will be part of her career, but knows she has a passion for it.

"If it wasn't a passion, I could live without it, but sometimes I need to write," said Martha laughing.

Writer's Sample

On the twenty-first day of September, Ruth Gibbs was looking out the window. She was supposed to be practicing her drawing, but her robin was looking more like an ostrich. It was very bright outside, but it was drizzling. It was rainbow weather. Ruth was daydreaming, as she often did, and she was following the tracks the sparkling little gems of rain made as they scurried down the window pane when movement outside the window caught her eye. Her brother George was home! She scrambled downstairs, hopping to pull on her boots as she went. Ruth was already on the porch by the time Mother had noticed her and was singing how unladylike she was acting. Ruth had gotten a letter from George- she was expecting a surprise.

Harper Lee to publish "To Kill a Mockingbird" sequel



"To Kill a Mockingbird," a novel written by Harper Lee in 1960, will receive a much-anticipated sequel 55 years after its original publishing date. Fans of the American classic are ecstatic for the new sequel, but others are hesitant on the new book, to be entitled "Go Set a Watchman."

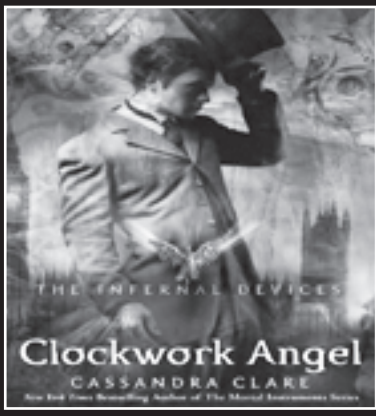
"To Kill a Mockingbird" is the only novel Lee had ever written and published. But this new book was supposedly written before "To Kill a Mockingbird," however the manuscript was thought to be lost over the years. Last year Lee's lawyer discovered the half-century old manuscript among Lee's belongings.

Although many fans are over the moon to get a follow-up on the adventures of Scout and Jem, some are skeptical of the new book. Many critics are jumping to conclusions claiming that this piece is older and may not be as well written as her previous work.

Others are worried for completely different reasons. People are afraid Harper Lee was forced into making this decision and question why a notoriously shy author would decide to publish a sequel 55 years later. Some are speculating that it was her lawyer who found the manuscript who was pushing for publication from the already weakened Lee, being 88 years old and losing her older sister Alice, her closest friend, last year. Despite all the controversy over the release, Lee has officially announced that she could not be happier about her new book.

Contributed Photo / Caption by Nate Hayes

BOOK REVIEW



By ALLISON WULFHORST
School News Co-Editor

In the first book of the thrilling prequel series to the "Mortal Instruments," "The Infernal Devices" by Cassandra Clare, the audience follows Tessa Gray and her experience in a world where demons, vampires, warlocks and heroes known as Shadowhunters are real. Shadowhunters protect the humans and others of their kind from the demons and Downworlders (warlocks, vampires and werewolves). However, Tessa Gray is not a human or a Shadowhunter; no one knows what she is.

She lives an ordinary life as a human with her aunt in New York until she receives a letter from her brother Nathaniel. Confident the letter is from him, she travels to London and meets the Dark Sisters, who were sent by Nathaniel to pick up Tessa. However, this is untrue because the Dark Sisters are a pair of Downworlders attempting to harness Tessa's special power for their master's use. She has the ability to change her appearance while in possession of an item that belongs to the person she is transforming into. Upon trying to escape the Downworlders, she discovers the Shadowhunters and causes their deadliest enemies to reveal themselves

in order to harness her power.

This book was compelling right from the start; the characters are easy to love and hate, while the plot expands beyond the main storyline. Relationships, not entirely romantic, between the characters develop as the story itself evolves. The way that the characters interact, their personalities clash and complement each other, are all huge parts of the book that makes them so easy to feel as if they are real. The Shadowhunters are a diverse group and they are one of the most interesting heroes in any book.

This book is for those wanting to read a good trilogy.



SCIENCE AND TECHNOLOGY



New drone policies create controversy

By STEVEN GOSCH
Managing Editor

First introduced by Amazon Prime Air as a means of delivering packages, Miniature Unmanned Air Vehicles (Miniature UAV; drones) have been the subject of public and government debate over their future uses and implications, primarily due to the Federal Aviation Administration (FAA) wishing to use them for government operations.

In a proposed law by the FAA, drones have the potential to monitor urban infrastructure management, farming, public safety, coastal security, military training, search and rescue and disaster response. President Barack Obama, who has read and agrees with these implications, has since issued a memorandum which will address the inevitable concerns over public safety.

Specifying measures that regulate the type of data collected, President Obama also outlines measures to be taken to ensure that there are no violations of privacy or civil liberties. One of his major points is the Flight within Sight rule, which restricts drone use to that of the operator's field of vision. Another measure requires that data collected from the drones be analyzed extensively following retrieval as to ensure public safety remains a main priority in their use.

Federal drone agencies are now required to modify or create procedures and codes of conduct regarding the public use of drones. Agencies will be required to ensure their operations comply with existing ones, and rules of the drones must meet newly implemented conduct and training procedures.

Even if the White House approves the FAA's proposal, the agency must offer a public comment period. Tens of thousands of comments are anticipated, all of which must be addressed before final regulations are issued.

US establishes cybersecurity

By ALAYNA MASKER
World News Editor

Due to the recent hackings of major companies like Sony, Home Depot and Target, the U.S. Department of Justice has been prompted to form a new Cybersecurity unit to combat online crime.

The Cyber Threat Intelligence Integration Center (CTIIC) was announced at the Cybercrime 2020 symposium in Washington D.C. by U.S. Assistant Attorney General Leslie Caldwell who called it part of "our evolving efforts to deter, investigate and prosecute cyber criminals." It is also being used to target and fight terrorism.

"It is important that we address cyber threats on multiple fronts, with both a robust enforcement strategy as well as a broad prevention strategy," Caldwell said at the conference.

The CIA, FBI, Homeland Security and the NSA already fight hackers; however, no agency currently exists that coordinates and shares threats. In order to be successful, the



source: nextgov

CTIIC needs to work closely with private sector and overseas law enforcements.

President Barack Obama has moved cybersecurity to the top of his 2015 agenda.

During this year's State of the Union address, he urged Congress to pass legislation.

"We need to better meet the evolving threat of cyber-attacks, combat identity theft, and protect our children's information," he said.

With an increase of online usage amongst terrorist organizations, the hope is that the new agency will enforce heavier penalties against enemies of the U.S. North

Korea was the driving force behind the Sony hacks which caused data to be stolen, debilitated computers and pressured the studio to halt the release of the satirical movie "The Interview."

ISIS adopted Twitter as a platform to circulate propaganda, post violent videos and recruit new members. ISIS recently issued death threats against Twitter co-founder Jack Dorsey and employees after Twitter blocked and deleted over 2,000 accounts linked to the terroristic group. A recent study identified up to 46,000 Twitter accounts that were operated by ISIS sympathizers. Although Twitter's official terms of use policy bans "direct, specific threats of violence against others," it does not persistently monitor its networks for terrorist activity. This noninterference has prompted Congress to impel Twitter to boost their efforts at blocking ISIS's online presence.

With the creation of the new agency, the goal is to squash cybercrime once and for all.

Wildfires break out

Fires across Europe are causing 29 year old nuclear radiation to rise from the soil.

By NATE HAYES
Science & Technology Co-Editor

The damage from a deadly nuclear accident is being rekindled after 29 years. After a new study, scientists believe that a sudden spike in wildfires may resurrect radiation from the Chernobyl accident.

The Chernobyl disaster was a devastating nuclear accident that occurred at the Chernobyl Nuclear Power Plant in Ukraine on April 26, 1986. It released large amounts of radioactive particles into the atmosphere, which then spread over a large part of western USSR and Europe. The Chernobyl disaster is considered to be the worst nuclear accident in all of history, and now a rise in forest fires across western Europe could be causing this radiation to come to the surface.

A team of Ukrainian scientists believe that it could be due to the fact that the forests that these fires are occurring in are abandoned forests and not taken care of properly. In a well-maintained forest, radiation like this could have cycled out through removing dead trees, clearing roads or paths through the forest or cutting fire breaks. So the radiation stays in the soil, continuing to pose a threat.

The scientists also believe the radiation lingering in the decay of leaf litter may be killing off key insects or microorganisms in the environment. They even did an experiment testing litter in the contamination.

"We brought litter from an uncontaminated zone into a contaminated area and found it decayed only half as fast," said Nikolaos Evangeliou at the Norwegian Institute for Air Research.

Hackers target cars

By SASHA HUPKA
Circulation Co-Manager

Most people are familiar with computer hacking, but with modern technology, car hacking is also a possibility. Many are worried that security gaps in computer systems used in vehicles provide the perfect opportunity for hackers looking to make a statement.

Inside every car built today is a computer system. The computer controls everything from the navigation system to anti-lock brakes. Newer cars also have Bluetooth. All of this technology can be hacked.

"Car hacking is not something possible on older cars, but newer cars with Bluetooth can be hacked," said DV automotive teacher Mr. Michael Dobrznyn. "You have to be within the range of the Bluetooth to hack a car, so you would have to follow it."

Although car hacking is a dangerous reality, there are some

"white-hat" hackers who are working to bring security gaps to car manufacturer's attention and are finding ways to make computer systems more secure.

"Drivers and passengers are strictly at the mercy of the code running in their automobiles and, unlike when their web browser crashes or is compromised, the threat to their physical well-being is real," said white-hat hackers Charlie Miller and Chris Valasek.

These hackers have worked with companies such as Ford and Toyota to improve the security of electronic control systems in cars.

"At Toyota, we take seriously any form of tampering with our electronic control systems," said Toyota public affairs manager Cindy Knight. "We strive to ensure that our electronic control systems are robust and secure and we will continue to rigorously test and improve them."



SCIENCE AND TECHNOLOGY



Invasive European species cause strife

By DANIELE KRICK
World News Co-Editor

Despite the efforts of conservationists and environmentalists, the lists of endangered and threatened species continue to grow. Australia especially has lost many of its native species, with more at risk species being added steadily.

"Since 1788, 11% of 273 native mammals living on land have died out, 21% are threatened and 15% are near threatened," said the Journal of the National Academy of Sciences.

The large scale extinction is partly due to rampant forest fires destroying habitats and predatory species that were introduced from Europe, like the red fox and the feral cat. Humans have also contributed to habitat destruction by developing new communities and building roadways.

To make matters worse, most Australians are unaware of the loss or

decline of these species. Many endangered or threatened species are shy or nocturnal, so they are rarely seen by the public.

At the moment, Australia's well-known species, like koalas and kangaroos remain unaffected by predatory species and



source: bbc

have lost minimal amounts of their habitats. But wildlife experts worry that over time, these species could be affected as well.

Preventative measures are being discussed to help protect both the traditional and the "invisible" species. More regulations

of the use of fire could cut down on forest destruction, and officials are considering implementing hunting measures to decrease the populations of foreign species.

Australia is not alone in this fight to protect its native species. Over the past few decades, countless animals have been added to the list of endangered species. Some classic examples are black rhinos, Bengal tigers, blue whales, Galapagos penguins, giant pandas, Indus river dolphins, loggerhead turtles and snow leopards.

Precautionary measures have been put in place to prevent at-risk species like African elephants, giant tortoises, great white sharks, polar bears, red pandas, jaguars and narwhals from ending up on the endangered list. Helping to stop all these species and more from becoming endangered or even extinct is quite simple. Choosing to recycle and using less energy may seem like small measures, but they go a long way in the end.

New waiters plate up

By GRACE LUTFY
News Co-Editor

The people of Singapore are obsessed with food, yet finding enough people based in the country this food has become a problem. Infinium Robotics, a company, believes they have found a solution.

The company has recently created flying drone waiters that are designed to bring food to a table of customers, hover politely while the customers remove their food and then fly off to serve the next customer. Drone waiters are more controllable and reliable than people because a restaurant owner never needs to worry about drones calling in sick at the last moment. The drones are designed to carry up to 2kg (4.4lbs) of food and drink - that's about two pints of beer, a pizza and two glasses of wine.

Non-profit director Stacey Choe, who eats out four times a week, balks at the idea of drone waiters.

"It provides efficiency especially at bigger establishments. So it could well be the future. I would be keen to try it. It's something that's not very attractive in the long run. I just think service needs to feel personal," she said.

The drones are planned to be released at the end of this year to different restaurants and bars.

Infinium Robotics and Timbre Group, one of Singapore's most popular restaurant chains, signed a memorandum of understanding on Oct. 31 to launch the robots in five outlets. It is believed that these robot waiters are the first real attempt to replace human workers with artificial intelligence.

"This will result in an enhanced dining experience which will eventually lead to increased sales and revenue for the restaurants," said Woon Junyang, chief executive officer at Infinium Robotics.

SONY TV recordings

By MARIELLE CAVALLARO
Editor in Chief

Samsung's new motto, "TV has never been this smart" speaks some truth. As many people know, texts, phone calls or internet searches can all be accessed by the government, third parties and companies that use other's words to assist in safety or for their own benefit. Although people are generally very satisfied with the TV itself, what many people do not know is that their TVs could be recording their conversations right in their very own homes.

Movie night with the family? Political discussion over dinner? Well, there is a possibility that the TV, Samsung and third parties were listening to any conversation you had in the room.

In the privacy contract provided by Samsung, it is stated that the company is allowed to "capture voice commands and associated texts so that we can provide you with Voice Recognition features and evaluate and improve the features."

Now this may not seem so bad, but then comes the kicker: "Please be aware that if your spoken words include personal or other sensitive information, that information will be among the data captured and transmitted to a third party through your use of Voice Recognition," which was first found in the contract by the Daily Beast.

To set the record straight, Samsung spokespeople have been quoted saying, "Samsung takes consumer privacy very seriously... Should consumers enable the voice recognition capability, the voice data consists of TV commands, or search sentences, only." There is also a microphone that will be displayed on the screen when in use.

For people who want technology to be a large part of everyday life, this is no big deal. But to some, it is just strange that there is the possibility that someone somewhere working for some company is sitting there listening to the public while in their private homes?

Mac-Book survives crash

By COURTNEY KELLY
Staff Writer

In South Africa, a pilot accidentally dropped his MacBook Air out of a plane at 1,000-feet, hitting ground, and yet continuing to work when returned to the owner. The MacBook Air has been structured with new technology, designed to withstand hard impacts.

The Sports Cruiser pilot, Carl, posted on his Reddit account that as he was flying his plane the canopy, the protective cover of the cockpit, opened and his bag with items including his MacBook Air, his license and several of his ID's. The pilot said the canopy was not properly secured and flew open "mid crosswind."

"It was my fault," the pilot wrote on his Reddit thread. "I didn't push down hard enough on the lever so the canopy came open mid crosswind."

The computer did not escape the fall without a scratch, the MacBook Air's cooling system was damaged, the glass on the trackpad broke and the pieces are falling out and the computer did bend a considerable amount.

"I actually took it to my local iStore to try to 'trade it in.' They didn't think it was as funny as I did apparently," Carl said, "I couldn't keep a straight face as I asked them about trade-ins."

The MacBook Air was designed to be capable, durable and powerful according to Apple Inc. Apple makes the MacBook Air with a product called Flash storage. This is a solid state which means there are no parts inside the computer that are loose. Apple designed the MacBook Air with aluminum bodies opposed to the previous plastic bodies.

Darrell Etherington of TechCrunch described the MacBook Air as not "fragile by any means."

However, Apple has taken away the protective glass layer from the screen, which makes the screen the most delicate part of the computer.



ENTERTAINMENT



Music Review

Martin Solveig

BY STEVEN GOSCH
Managing Editor

Known for his iconic striped headband and use of tennis as a way to identify his albums, Martin Laurent Picandet – known by his stage name Martin Solveig – is a French DJ and producer with the unique ability of putting together catchy beats with meaningful lyrics. Best known for his song “Hello,” which gained fame after being featured in a commercial for Trident Vitality Gum, Solveig’s music has the ability to both encourage motivation for running and also provide subtle background music for studying.

In his fourth studio album *Smash*, Solveig truly showcased his abilities as a DJ, producing songs ranging from the enthusiastic bass drops in “Can’t Stop” to a love story about two bicyclists on the streets of New York City in “The Night Out.” His Top 10 Hit song “Hello” is also on this album, for which he produced a music video depicting a tennis match against fellow French DJ Bob Sinclair.

“Ready 2 Go,” another song on *Smash*, is definitely one of his most upbeat, including lyrics from Keke Okereke. His music video for “Ready 2 Go” is also an interesting story – it was shot in one take at the Stade de France stadium during halftime of the France vs. Croatia football game.

In recent years, however, Solveig has strayed away from autotune-heavy tracks and even his sweatband (swapping it for a spiked up hairdo) with his production of “Intoxicated.” His use of brass instruments and piano definitely give the song a fresh touch, even if the lyrics are few and far between. His music video, only the fifth in his career, strays away from his typical sports-centered theme, although he does use a tennis court as a dance floor.

With his theme moving into a more specified genre, Solveig’s songs both new and old offer something for everyone.

BY GRACE LUTFY
News Co-Editor

The 57th Annual Grammy Awards were held on Feb. 8, at the Staples Center in Los Angeles, Calif. The show was broadcasted live by CBS at 5:00 p.m. PST (Eastern Time 8). Rapper LL Cool J hosted the show for the fourth consecutive year.



Album of the Year:

Beck, “Morning Phase”

Song of the Year:

Sam Smith, “Stay With Me”

Record of the Year:

Sam Smith, “Stay With Me” (Darkchild Version)

Best New Artist:

Sam Smith

Best Rock Album:

Beck, *Morning Phase*

Best R&B Performance:

Beyoncé featuring Jay Z, “Drunk In Love”

Best Music Video:

Pharrell Williams, “Happy”

Best Pop Solo Performance:

Pharrell Williams, “Happy”

On Feb. 22, Neil Patrick Harris, a star of the stage and screen, hosted the 87th Academy Awards (the Oscars). This was Harris’ first time hosting the ceremony. The ceremony began with a Broadway themed performance by Harris with Anna Kendrick and Jack Black.

Best Picture:

Birdman

Actor:

Eddie Redmayne, “The Theory of Everything”

Actress:

Julianne Moore, “Still Alice”

Supporting Actor:

J.K. Simmons, “Whiplash”

Supporting Actress:

Patricia Arquette, “Boyhood”

Director:

Alejandro G. Iñárritu, “Birdman”

Animated Feature film:

“Big Hero 6”

Original Screenplay:

Alejandro G. Iñárritu, Nicolás Giacobone,

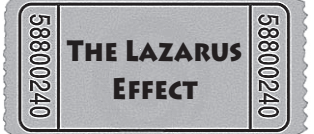
Alexander Dinelaris, Jr., Armando Bo, “Birdman”

Cinematography:

“Birdman”



Rated: R Movie Reviews Rated: PG-13



“Oxfords, not brogues.” This simple phrase may signify different shoe designs in any London tailor shop, but for a Kingsman, it opens a door to a different world.

Set in modern South London, “Kingsman: The Secret Service” is an action-packed spy movie that doesn’t lack in comedic scenes, much like an Austin Powers movie. The movie follows teenage Gary “Eggsy” Unwin whose father secretly worked for a spy organization, Kingsman, in his late teens. Eggsy, who had a very promising childhood with his high IQ and physical ability as a gymnast, never reached his full potential, falling into a life of supporting his battered mother and petty felonies. However, his life turns around when he remembers to call a number on the back of a necklace he has had since he was a kid and along comes dapper agent Harry Hart. Harry recognizes potential in Eggsy and recruits him to be a trainee in the Kingsman. Meanwhile, villainous Richmond Valentine launches a diabolical plan to solve the problem of climate change by killing off the world’s population minus his hand-picked people.

Personally, I thought the movie was very funny and it kept my attention the whole time. The English accents, Valentine’s lisp, and open conversations made the movie funnier. The movie was R rated, so the characters had more freedom with their language, which I felt made it more of a modern spy movie that appeals to our age. I also enjoyed Samuel L. Jackson’s character Valentine. While being the villain, Valentine was actually a huge baby, which isn’t usually associated with villains. I recommend “Kingsman” to anyone who enjoys an action-packed spy movie.

BY WILLIAM MULLEN
Entertainment Editor



Being scared is always fun, especially in a dark movie theater. “The Lazarus Effect” is a horror movie about a team of scientists who wanted to create a mechanism to revive people from the dead.

The movie started off with two scientists, Frank (Mark Duplass) and Zoe (Olivia Wilde), working on a serum along with two other college students Niko (Donald Grover) and Clay (Evan Peters), and one film student to record Eva (Sarah Bolger).

Throughout the movie there were many scenes that made me jump. It was very suspenseful, violent and gut-wrenching. The team completed the Lazarus Effect on a dog; once it was revived it displayed clear symptoms of concern, including aggression and supernatural abilities. Once they completed this experiment, the grant they were using to complete the Lazarus Effect was taken away by a new company and they lost their research. Determined to be accredited with the discovery of a life reviving serum, the group broke into the lab and attempted to replicate the experiment.

Her husband and co-worker, Frank was determined to not let her die and used the serum and to bring her back to life. During the experiment replication, Zoe was electrocuted and died. However, once alive, Zoe’s brain neural activity was abnormally high, causing her to express dark behaviors that resulted in the terrifying death of the other characters.

The movie kept me interested and was well put together. “The Lazarus Effect” was a thrilling movie that kept me pulled in and terrified. I recommend it to anyone who enjoys a good scare.

BY AMANDA BROWN
Sports Co-Editor





Bradley Cooper portrays 'American Sniper'

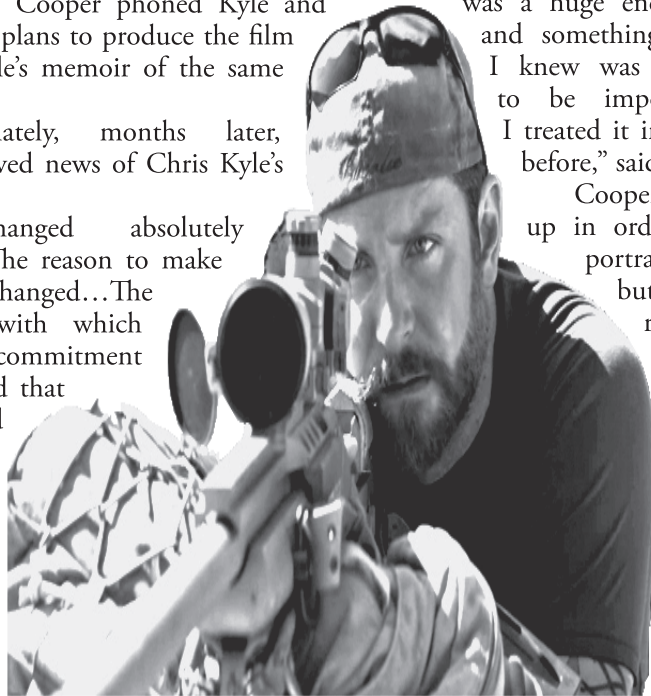
By MIKAELA EDELMAN
Arts & Literature Co-Editor

There is no doubt that "American Sniper" is the highest-grossing war movie of all time; however, much of the movie's acclaim has been given to actor/producer, Bradley Cooper, who portrayed Navy Seal, Chris Kyle, the most lethal sniper in U.S. history.

In 2012, Cooper phoned Kyle and discussed his plans to produce the film based on Kyle's memoir of the same title.

Unfortunately, months later, Cooper received news of Chris Kyle's death.

"It changed absolutely everything. The reason to make the movie changed... The expediency with which we filled our commitment changed. And that all happened because Steven Spielberg felt the way we did—his story needs to be told now.



It's just too relevant," said Cooper in a recent Navy Times' interview.

Despite Kyle's tragic death a year and a half into the production, Cooper pressed on and his preparation for the role was incredibly impressive.

"The responsibility to play a human being when his family is still alive and it's still fresh was a huge endeavor and something that I knew was going to be important.

I treated it in a way I hadn't before," said Cooper.

Cooper had to bulk up in order to accurately portray Kyle physically, but he also had to replicate Kyle's Texas accent.

"It was a heavily regulated regimen," said Cooper. "We had three months... It was 6,000 calories a day. Wake up at



weekends."

His dedication to picking up the accent alone is extensive.

"I had so much access to Chris, based on interviews he'd done and videos. Hours and hours of him talking. I had this huge document that I put on my iPhone and my iPad and I just had it on constantly," said Cooper.

"American Sniper" was nominated for six Oscars, including Best Picture and Best Actor for Bradley Cooper.

"I don't think I'll realize it fully until maybe later in my life. It was life changing. Completely," said Cooper regarding the impact that portraying Kyle had on him.

5 a.m., work out from 6 to 8:30. Dialect from 10 to 12. Two to 4:30 work out again. Then 6 to 8 dialect, and then sleep. I did that five days a week, with rifle training on

Music Review

Uptown Funk

By KRISTI LICAUSI
Arts & Literature Editor

You turn on your car radio. It rumbles to life, spitting the last few bars of Hozier's "Take Me To Church" or maybe Ed Sheeran's "Thinking Out Loud," before fading into the song everyone loves to hate: "Uptown Funk" by Mark Ronson and Bruno Mars.

Since its late release last year, "Uptown Funk" has been bumping speakers every 15 minutes, easily usurping Taylor Swift's "Blank Space" or Ed Sheeran's "Don't" as the top billboard spot. Its commonality should have ruined it weeks ago, but "Uptown Funk" is still good—don't even try to deny it.

"Uptown Funk" success rests in its timelessness. Mars's 50s-reminiscent vocals in conjuncture with the peppy, jazz-quartet mixed with modern electronics allows "Uptown Funk" to easily traverse through the ages. This song could have just as easily been played at The Enchantment Under the Sea Dance in Back to the Future, a 70s Disco, or an 80s dance party with the likes of The Foundations as last month's semi-formal. It has an effortlessly vintage, yet modern feel, not to mention the fact that it begs you to break out into dance.

"Uptown Funk" lyrics speak to the soul as well. Consider the final line of the second verse: "If we show up, we gon' show out / smoother than a fresh jar o' skippy." That simile is fire.

In all serious, "Uptown Funk" lyrical strength stands firm in its pure catchiness. Aided by the zippy instrumentals, the lip-sync-worthy multitude of refrains propels the song up the charts. Whether "girls hit your hallelujah" or "don't believe me just watch," you've probably belted out the tune once or twice or 18 times in one day.

Regardless of how you think you feel about "Uptown Funk," there's no denying Mark Ronson and Bruno Mars created a blatant winner in the popular music scene today, and a chart-topper for years to come.



On Feb. 15, "Saturday Night Live" (SNL) premiered its special three hour anniversary episode to mark that it has been on the air for 40 years. In order to signify 40 years of successful episodes, members of the past and present joined together to create the extravaganza. They recreated old fan favorites along with new skits that were as entertaining as the ones from the past.

"Saturday Night Live" began the episode with Jimmy Fallon and Justin Timberlake introducing the episode and entertaining

the audience with a song naming all the most popular SNL skits that would appear later on in the show. They also gave a short sample of other skits that only the most diehard fans of SNL would recognize and the famous line that is always used at the end of the starting skit of every episode, "Live from New York it's Saturday Night Live!"

After the opening, Steve Martin appeared to perform the famous opening monologue that the host usually does in every episode and then the skits began. Some of the popular skits that have appeared in previous episodes include The Californians, Debbie Downer, Weekend Update, and Wayne's World. Along with those skits, there were originals like Celebrity Jeopardy and Career Day. The fun did not end there; however, because SNL included musical guests like Paul McCartney, tributes to the old cast members and some of the most famous member's audition tapes for the show.

"Saturday Night Live" never ceases to amaze and they certainly did not fall short with this episode to celebrate 40 years on the air. The cast was as funny as always; both the old and new members, the skits included classics and brand new skits while the show overall flowed as well as most of the previous episodes have.

The past 40 years of "Saturday Night Live" have changed live television and as more years on the air continue, the show will continue to do great things in the name of entertainment.

SPORTS

SOFTBALL

SPRING PREVIEWS

BASEBALL

"We played our best ball at the end of the season last year. We have a great nucleus of players coming back, and I look forward to a few younger players stepping up!"

-Head Coach Angelo Matz

Key Players: Nikki Cuccio, Lexi Lambert, Marielle Cavallaro, Stef O'Grady, MacKenna Powell, Kailee Dube

Last Year's Record: 13-8



"I hope to be competitive in time for the District 2 Playoffs."

- Head Coach Dave Peters

Key Players: Tim Volavka, Jeff Hupfer, Pete Williams, Justin O'Dell, Dakota Amant, Trevor Bertsch, Lawrence Cicileo, Zach Cerberville, Jesse O'Grady, Nick Meola and Tommy Pacella

Last Year's Record: 15-5



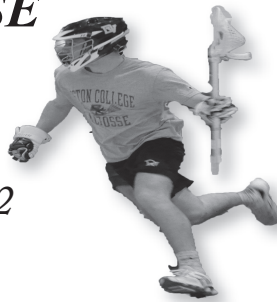
BOYS' LACROSSE

"We have an exceptional group of players returning. There is also an increase in competition in our regular season games. We hope to win our 5th straight District 2 Championship and to compete at States."

-Head Coach Jeff Krasulski

Key Players: Erik Lindaas, Scott Brown, Jed Daniel, Quinn Decker, Tadhg Dowd, Cyrus Farr, Angelo Matz, Tom McNeely, Sawyer Newman, Devan Polanis, Connor Van Wie, Neil Roche, Nick Pampalone and PJ Matarazzo

Last Year's Record: 18-3



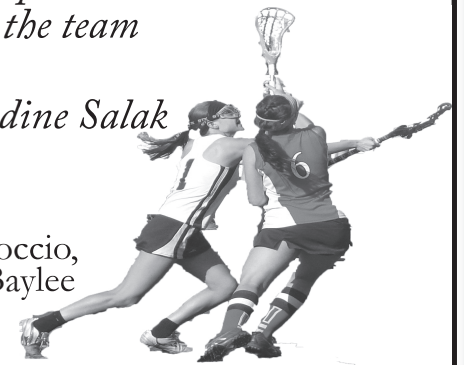
GIRLS' LACROSSE

"We have strong senior leaders and a very enthusiastic underclassmen group. I am looking forward to seeing how the team grows and develops."

- Head Coach Bernadine Salak

Key Players: Ali Haydu, Kyra Boccio, Soo Gartland, Tori McCrory and Baylee Roeder

Last Year's Record: 15-6



BOYS' VOLLEYBALL

"We have several returning players, and we are looking to improve on last year's record."

- Head Coach Heather Farley



Key Players: Andrew Sorton and Jeremiah Krauss

Last Year's Record: 1-12

BOYS' TENNIS

"Our strength this year will be our depth. We have eight solid returning players who will be competitive in every single match."

- Head Coach Larry Hudson

Key Players: Ty Casey, Matt Falkenburg and Devin Paulison

Last Year's Record: 12-2



SPORTS

BOYS' TRACK

SPRING PREVIEWS

GIRLS' TRACK

"We have a very talented group that has the ability to contend for the league and district title. We need to buy in and be ready to work."

–Head Coach Nick Quaglia

Key Players: Cole Acovenno – Jumps, Lex Rosario – Jumps, Shane Acovenno – Jumps, Zach Nekich – Distance, Chido Rwakonda – Sprints/Hurdles, Joey Russo – Hurdles, Fox Wihlberg – Mid-Distance, Kyle Dillon – Sprints, Austin Cernek – Sprints, Joey Centanni – Mid-Distance, Connor Lutz - Throws

Last years record: 5-1



"We were very competitive last year, and I hope to see the program continue to improve. We have a talented group of distance runners who will need to lead the team."

– Head Coach Nick Quaglia

Key Players: Payton Padgett – Distance, Angelica Gutter – Distance, Vanessa Paoella – Distance, McKenna Conselyea – Distance, Natalie Smetana – Sprints, Denali Hutzelmann – Mid-Distance, Devyn Walter – Jumps, Joanna Kutchma - Throws

Last years record: 2-4



Winter sports wrap up the 2014-15 season

Warriors end their season in playoffs

BY NATALIE SMETANA
Entertainment Co-Editor

The boys' basketball team ended its season after a loss to Williamsport on Feb. 17 in the first round of playoffs. The final score was 64-34. "We started off well and did some good things early in the first quarter, but in the second quarter, Williamsport sped us up and it snowballed from there," said head coach Kris Holtzer.

Seniors Connor Lutz and Carl Braunagel led the team's offense with 10 and six points respectively. Senior Noah Pratz contributed four rebounds and three assists, and senior Ryan Negron grabbed three rebounds and three steals.

The Warriors ended their season with an overall record of 7-15.

"The record wasn't so good, but we were in a lot of games. We just couldn't finish," said coach Holtzer. "The kids played hard and kept a positive attitude." Despite a

losing record, the team is optimistic about next season. "The JV team went 17-4, which is promising," said coach Holtzer.

Lady Warriors lose to Pittston in playoffs

BY MIKE BELL
Staff Writer

On Feb. 17 the girls' basketball team traveled to Dallas High School to compete in the first round of the PIAA District 2 Playoffs. They were matched up against Pittston Area, one of the top seeds in the tournament. Sophomore Alyssa Aragona had 12 points, leading the Warriors. Even though the Warriors played their hearts out all four quarters, it was no match for Pittston's offensive attack.

The Warriors finished the season with a record of 5-18. "It was a tough loss; we were all disappointed that it was our last game of the season. I wish we could have ended the season with a win and it was an honor to play with the seniors, we will miss them dearly next year;

Nikki Cuccio, Natalie Smetana, Kyra Boccio, Jordan Peters and Clare Brennan," said Aragona. "The season was all about growth, as individuals and as a program. It was all about establishing standards for future teams to meet," said Head Coach Lindsay Baker.

Cheer finish season strong

BY AMANDA BROWN
Sports Co-Editor

The varsity cheer team traveled to Florida to compete in Nationals Feb. 6 to Feb. 10. The girls finished 14th in their flight with three flights total. Flights are different pools or categories that the teams get sorted into. The girls' competed in the medium D1 category. For Nationals, the top 50 percent advance, they missed by half of a point. Head coach Jen Simonsen said, "We worked hard and we were pleased with their performance."

"We peaked at the right time; we had our best performance at Nationals. We faced a lot of adversity but overcame it and finished strong," said coach Simonsen. "I am looking forward to next year."

Collegiate Updates

Matt Rivera

Delaware Valley alumnus Matt Rivera, a standout shortstop while at DV, has chosen to continue his baseball career at Georgia Highlands College. Recently ranked as a top freshman in the country for NJCAA D1 baseball, Rivera continues prepare himself mentally and physically for the battles he will face each game. "I would like to thank my biggest role models out there Rene and Zaira Rivera for the sacrifices they have made for me to be where I am today," said Rivera.

Contributed Photo / Caption by Nikki Cuccio



Erin McNeely

Erin McNeely is a freshman at the State University of New York at Oswego where she is the third baseman on the varsity softball team. "Playing softball in college was probably one of the best decisions I've ever made. It's a different atmosphere in college and I've met some incredible people in the process. My hope for this season is to really know that I helped make a difference on the team and of course get to the championships," said McNeely.

Contributed Photo / Caption by Grace Lutfy



SPORTS

Wrestling wins Districts, Wagner places 5th in state

BY WILLY MULLEN
Entertainment Editor

The wrestling team finished an impressive season with a 15-5 record and yet another league and district title.

"We did well handling the adversity we faced this year, especially coming out with a district title through it all," said head coach Lou DeLauro.

After securing the league title at West Scranton, the team had a lot of energy going into individual Districts.

As a team, DV ranked first overall, including seven wrestlers who qualified for the regional tournament.

Senior Matt Wagner was the District 2 champion at 195 lbs. and senior Dom Divirgilio finished second at 113 lbs. Seniors PJ Testino, AJ Sieber, Chris Duncan

and freshman John McCarthy all finished third at 132, 220, 182 and 285 lbs. respectively. Senior Billy Pearn finished fourth at 138. Juniors Shaun Jones, RJ Korfmann, Gabe Laucella and sophomore Kyle Stoll all placed fifth, but did not qualify for the regional tournament.

"Overall, it was a good performance. The district title really showed how far we have come both individually and as a team from last year, when we didn't win Districts," said Senior captain Testino.

At the regional tournament, Wagner secured another first medal, becoming only the fourth DV wrestler to be a champion at the regional tournament.

Next, Wagner took on the state tournament, where he finished fifth overall in the state.

"Matt got exactly what he deserved, a state medal. His hard work not only this season but the past four years got him what he earned today," said coach DeLauro.

Wagner lost in OT of the quarterfinals match to the wrestler who won the state

championship last year and went on to win it this year as well. In his placement match before that, he came back from 3-0 to win 6-3 to move on to take on the state champion and third ranked wrestler in the country.



Congratulations to senior Frankie Carrozza, who was voted unanimously by the coaches of District 2 as Outstanding Wrestler of the Year.

Carrozza, who earlier this year was diagnosed with cancer, was only able to wrestle once his senior year.

"This honor really shows how much Frankie means to not only the team here at DV, but his effect on the league and coaches as a whole," said coach DeLauro.

Water Warriors defend district titles

Sending eight to state competition at Bucknell University

BY SASHA HUPKA
Circulation Co-Manager

The Water Warriors swam their way to victory at the district competition on Feb. 27 and 28 at the Wilkes-Barre Catholic Youth Center. Their efforts throughout the season paid off when both the girls' and boys' swimming teams were crowned district champions.

The boys' 200 freestyle relay, consisting of seniors Collin Deans and Kyle Ryan, junior Fox Wihlberg and sophomore Kyle Dillon placed at Districts. Deans also won the 200 freestyle champion title.

"It was very exciting," said Deans. "The guys really stepped up, and the team did really well."

The meet was close between DV and Wyoming Valley, but the boys' persevered. The relay team will continue on to States, where they hope to place, and Deans will enter as an individual qualifier.

"We were fortunate that we were deep enough to score the points we needed to win," said coach Joe Kusner.

The girls went into Districts



undefeated and emerged as the district champions. The 200 medley relay team, consisting of seniors Janel Llewellyn and Stephanie Marcucci, junior Aspen Narvarte and sophomore Denali

Hutzelman, broke a team and district record. The same girls also broke a team record in the 200 freestyle relay event. They will go on to States this weekend.

"It was a team effort. Without everybody scoring points, we couldn't have done it," said coach Vicki Zielazny.

Janel Llewellyn also won the 200 individual medley and Aspen Narvarte won two more events, the 50 freestyle and the 100 freestyle. They will go into States as individual qualifiers. Every girl who swam at Districts dropped time.

"As a team, we knew going in it was going to be a close meet, especially now that Wyoming Valley is in our conference. Still, fighting for the win makes it special," said Llewellyn. "For me, it was perseverance and hard practice all season. I had a goal to swim breaststroke and going out there and winning was very rewarding."

The diving team fought hard but did not qualify for States. Although their

season is over, they did place in several events at Districts.

"The divers did their best, and the season ended well," said coach Chelsea Koch.

Now, those who qualified will begin to work on improving in their events leading up to states. Dropping time and improving coordination in team events will be the key to success.

"The boys relay is a sprint, so fine tuning changing and turns is what we want to focus on. We also want to improve on Collin's performance in his individual event," said coach Kusner.

For those who did not qualify for States, this is the end of a successful season. The girls were undefeated in league meets, and the boys only lost one league meet throughout the season. Until next year, they will leave the pool behind as champions, a fitting end to an exciting season.

"We know what it's like going into States," said Llewellyn. "Though we are the best in our district, there's a lot we can improve on."