

# Warrior Wrestling Girls Wrestling Camp 2021

*June 28-July 1*  
*9:00am-2:00 pm*  
*1<sup>st</sup>-8<sup>th</sup> Grade*



## **Warrior Wrestling Philosophy**

Provide a fun and positive learning environment while teaching athletes technique, work ethic, discipline, time management, & teamwork derived from the sport of wrestling.

## **Camp Staff**

**Technicians will include DVHS & DVMS Coaching Staff, & Former High School & College Wrestlers  
High School Wrestlers will serve as Counselors**

## **Camp Schedule**

9:00- Camp Discussion  
9:05- Warm-up/ Motion Drill  
9:20- Technique Session  
10:10- Games utilizing technique taught  
10:25- Wrestling Video  
10:50- Technique Session  
11:15- Situational Wrestling  
11:30- Lunch  
12:00- Game  
12:20- Technique  
1:00- Live Wrestling (1:45- Camp Review)  
2:00- Camp Pick Up

**Cost:**

\$100 per wrestler  
\$80 for each additional child  
Located @ DVHS  
Bring a bag Lunch

**Application**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Contact #:** \_\_\_\_\_

**Emergency Contact & Number:** \_\_\_\_\_

**I hereby authorize the camp staff of Warrior Wrestling to act in the best judgement possible on behalf of my child in an emergency situation. I also authorize my child's attendance at Warrior Wrestling Camp, and certify that he/she (they) is (are) in good health, and are able to participate in all camp activities. I understand that the camp will not be held responsible for any injuries that may occur on the way to, during, or on the way home from Warrior Wrestling Camp.**

**Parent Signature** \_\_\_\_\_

**Warrior Wrestling Camp T-Shirt Size (only gauranteed for Pre Registries:**

**Youth/Adult (Select one)**

**S      M      L      XL      XXL**

*Send Cash or Checks Payable to:*

*Tin-Man Wrestling  
185 Conashaugh RD.  
Milford, PA 18337*

*For further information call 1-570-296-1851*