

Welcome to Martial Arts Club

Mr. Marcial has been studying Eastern arts for 35 years. He has been the instructor of the martial arts club for many years and he runs a dojo in Milford. Mr. Marcial has studied shotokan karate, tang su do, jujitsu, aikido, Japanese sword, and Kubudo. Mr. Marcial will be teaching the members of the martial clubs the basics of self defense. This includes basic blocks, strikes, kicks, falling (yes, falling), and ways to diffuse a situation safely.



Previous/Current Members

Hannah McElhaney: Co-President: "Martial Arts Club is a lot of fun. I have found myself through my training with Mr. Marcial. The people who are in the club feel like one big family because we look out for each other. Martial Arts is not for everyone, but it's worth a try. Martial arts goes deeper than learning how to fight. It's truly an incredible experience"

Amy Carpenter: Co-President: "Martial arts club is a unique experience that has made my high school career even more enjoyable. It has helped me learn who I am and what I want to become. The lessons I have learned while training will be with me forever. So if you think you might like it, come to a class. It might be just what you need."

Anton Scheuermann: "Martial arts is a fun physical activity suitable for all people. Everyone is kind and encouraging as well as actually putting their best into martial arts. The most important thing we strive for is respect. Respect for others as well as respect for ourselves. I hope to see you there."

Daniel Scheuermann: "Martial arts club teaches you respect for others and for your own body as you train to protect yourself from others and from yourself. Today's world is filled with many things fighting for your attention, but martial arts gives you time to step away from that and look inside yourself to find and experience peace."

Ashley McDougal: Former President: Ashley has been studying martial arts since she was little and earned her black belt last year. She was the president when I (Hannah) joined the martial arts club. You learn a lot from the people who have come before you.



If you are interested in joining you can...

- 1.) Go to room R12 and talk to Mr. Marcial*
- 2.) Email Mr. Marcial at marciall@dvsd.org*
- 3.) Email Hannah or Amy at hannah.mcelhaney24466@gmail.com or amycarpenter6095@gmail.com*

We hope that you join us on Tuesday's after school until 4:30 in room R12 every week!

