

Delaware Valley High School - Milford, Pa.

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### Dr. Bell awarded PMEA Superintendent of the Year

By SARA SERRANO

Community News Editor

During April 5-7, members of the music department attended the Pennsylvania Music Educators Association Division In-Service

(PMEA)/NAfME Eastern Conference in Pittsburgh. Superintendent Dr. John Bell was the first ever recipient from Northeast Pennsylvania to receive the Outstanding Superintendent of the Year award.

Teachers in the music department nominated Dr. Bell for this prestigious award because of his

continual support, dedication and enthusiasm for DV's support that Dr. Bell has shown to music department.

band and the guitar program into the music department. accommodate our needs, as well as put our vision into students about culture and becoming cultured citizens.

Dr. Bell also wanted to ensure students involved in action," said Mr. Horst. music programs had good quality instruments to

perform with and supports introducing new instruments to students, so he put a five year instrument act into plan where the music department replaces their

instruments with new ones within five years.

Mr. Richard Horst, who is head of the music department, expressed how appreciative he is of Dr. Bell's support for the music department.

"The music department has been thankful for

our department through seeing and understanding our Dr. Bell. "It's [being involved in music] part of being a Dr. Bell supported the implementation of marching vision and by making sure we have the resources to well-rounded student, and music is a part of teaching

Along with PMEA honoring Dr. Bell for his

outstanding support for Delaware Valley's music department, the conference also focuses on student performances from around the state. Four students from Delaware Valley performed in the orchestra and band at this year's conference.

"I think it's important from a global perspective because you never know what department is going to be the thing that makes the difference for students. Whether it's art, music, CTE, physical education, you just never know what it's going to be, so you want to have as many things as possible for kids to do," said



Dr. John Bell was the first

recipient from Northeast

award at the conference.

Pennsylvania to receive an

# **Autism awareness spread** around school in April

By Mary Quinn Staff Writer

April is autism awareness month, which is aimed to recognize all of the people on the autistic spectrum. It is estimated that worldwide, one in 160 children have an autism spectrum disorder.

DV holds a series of activities and events to help recognize all of the students in the school with autism and their accomplishments.

Every Thursday in April, students and teachers throughout the school showed their support by wearing the PASS, Pike Autism Support Services, autism awareness T-shirts or just by wearing blue. There is also a bulletin board located outside of the 9/10 office which featured the saying "See The Able, Not The Label."

DV also held an autism poster contest where students were able

to be creative while making the poster as long as it included the saying, "See The Able, Not The Label." This year's poster contest winner for 11/12 was senior Sarah Williams

"It's [being involved in music]

part of being a well-rounded

student, and music is a part of

teaching students about culture

and becoming cultured citizens."

- Dr. John Bell

and the 9/10 winners were sophomore Kerreck Lee-Reisky and junior Matthew Hoitsma.

Mrs. Cathleen Kent, an autistic/life skills support classroom teacher, said that the awareness and acceptance of the students with autism has increased over the past 10 years within the staff and students.

"I would like to thank all the general education teachers who take in all of our individuals with autism and involve them in all aspects of the class," said Mrs. Kent.

## DV places fourth overall in **Envirothon competition**

By SAIDA BARY Staff Writer

Students in the Environmental Club and AP Environmental Science

class volunteered participate in to Envirothon the competition Wallenpaupack Environmental Learning Center on April 25.

The competition consisted of five stations: forestry, wildlife, the current issues, soil and land

use and aquatic ecology. Competitors were given a test on their knowledge on the different stations. DV placed second in Pike County and placed fourth in the overall competition among 12 Pike County schools and Wayne County high schools.

DV's team comprised of juniors Natalia Liszka, Rachel Lejeune, John Babbitts and Cyan Vazquez and senior

Ashleigh Koferl. Each member worked together to complete the five tests that required the identification of certain types of animals, plant, and environmental issues.

Students prepared by meeting in science teacher Mr. James Albert's room weekly and studied their test material in a matter

of a few weeks prior to the competition date. The qualifications included having a team of at least five kids and a team flag to represent one the current event, which was agriculture and the environment.



**Envirothon competitors** identify plant life outdoors.



# **School News**

# Three seniors awarded Superior Delegate at Model UN

By Elizabeth Bobo

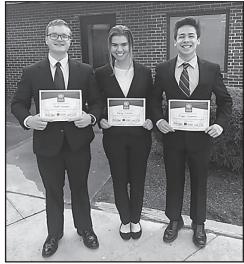
Arts & Literature Editor

On April 5, DV sent eight students to a Model United Nations (UN) competition held at Lycoming College in Williamsport, Pennsylvania. The team saw much success, with three seniors earning the Superior Delegate award.

At the competition, each student was assigned to a country and put into one of three committees. Each committee was given a topic to not only debate on, but also come to a resolution. Out of the three students chosen for Superior Delegate, senior Roger Saumure's resolution was the only one that was voted on.

such countries as Norway, New Zealand Saumure were named Superior and the Central African Republic.

really nervous and unsure of themselves countries.



Delanev Etzkorn /Contributed photo

Seniors (from left to right) Matt The competitors from DV represented Chabak, Emily Jacobus and Roger **Delegates for representing and** "In the morning the team seemed speaking on behalf of their

since a majority of them are new. But I feel like they definitely embodied and exemplified what Model UN actually is. When we got there, they were visibly more excited and confident as the day went on," said adviser Ms. Alexis Polanis.

In addition to Saumure being chosen, seniors Matt Chabak and Emily Jacobus also received the award, which was given to about other competitors. They were chosen because they took the initiative and stood up to represent their assigned countries and spoke on behalf of their groups.

Each member on this year's team has shown a passion for the topics that



**Delegates listen to senior Delaney Etzkorn's stance on removing veto** power of the security council.

Model UN or have expressed a desire to go into a field that helps to fix the issues that were discussed. However, this club is exclusively targeted people have an interest in debating and government, rather it can be beneficial

are covered by

people who just have an interest in what is going on around the world.

"I think it was a good experience for the new members. We got a lot of good discussion done, and all the representatives on our team did a great job," said Chabak.

# Del.Aware staff wins big at **Tom Bigler Conference**

By GABBY LEE News Co-Editor

On April 26, the *Del. Aware* newspaper staff traveled to Wilkes University for the 19th annual Tom Bigler Journalism Conference. The staff won a total of six awards. Junior Mary Quinn won first place for sports photography or video, and senior Emma Garrera received an honorable mention in the same category. Junior Gabby Lee also won an honorable mention for news feature photography or video. Senior Elizabeth Bobo won second place for her sports story. Senior Brenna Cavallaro won first place for page layout and design. In addition, the Del. Aware staff won the overall award for best publication.

Before and after the awards ceremony, students attended several different workshops to give them a better knowledge of journalism. Some of these workshops included broadcast and investigative journalism. Students were also able to talk with a state trooper



Pictured are junior Mary Quinn, senior Emma Garrera, junior Gabby Lee, senior Elizabeth Bobo (from left to right). Not pictured is senior Brenna Cavallaro.

about how journalists work with law enforcement to cover stories.

"It was a really fun experience. All of the speakers gave great insight into the profession I want to pursue. And I won an award which is pretty cool," said Bobo.

### New safety software program implemented district-wide

By Emily Jacobus News Editor

DV will adopt the new software package called NaviGate Prepared to run district emergency drills, better keep track of students and take attendance automatically during a drill.

Ultimately, the program is meant to

make things easier for administration during emergency situations or drills.

Not only is it another safety net to let the staff know where the students are during emergency drills, but also the program will be an app that connects with PowerSchool.

"It [NaviGate Prepared] is another tool in the safety toolbox," said Mr. Chris Lordi, Director of Administrative Services.

As for costs, the software has an upfront fee and first year cost of \$21,000. However, it is completely paid for by the Act 44 state grant. The

ongoing cost will be \$1,000 a year, for each building.

"This product streamlines our safety solutions throughout our very large district, and it turns chaos into readiness," said Mr. Lordi.

NaviGate Prepared will implemented in the near future.

"This program will really help

staff in case of emergencies they will have the flip charts on their phones and can take attendances, they can alert school officials where they are and who they have," said school police officer Mark Moglia. "Let's say I'm a

classroom teacher, and I grab two other students on the way. I can now let the school district know where they are. It [NaviGate Prepared] is a good real time intelligence for first time responders."

Prepared

# School News

# Where are they now? Leah Yost

By Brenna Cavallaro

Entertainment Editor

Delaware Valley's 2017 salutatorian

is now preparing share her to knowledge with young students across the country this summer.

Yost Leah graduated DV and moved on to Massachusetts Institute Technology (MIT) to begin the next step in stands with her MIT Spokes her future. This team as they prepare for their summer, Leah will cross-country biking excursion. be biking from

Washington, D.C. to San Francisco, California with seven other MIT students for Spokes America, a non-profit, studentrun organization in an effort to teach

STEM workshops to young minds.

On their 3,500 mile trek, Leah and her MIT Spokes team will be stopping in small towns to host learning festivals and

> STEM workshops to middle school students. With a van following behind carrying all necessary gear and food, the team will be camping, spending the night with host families or in a motel if necessary, but all 3,500 miles are biked.

The team will be stopping in Kentucky, Missouri, Kansas, Colorado, Utah and Nevada for different learning festivals and workshops. Along their journey, they will also be camping in or near national

parks and famous tourist areas of the country, which Leah is looking forward

As a double major in math and science

writing, Leah is excited to teach young students important lessons in these fields and is also looking forward to teaching



The MIT Spokes team travels on a scenic route through Boston, Massachusetts.

her own lesson in rapid prototyping. This is a mechanical engineering workshop where the young students will design and construct a structure and test its feasibility in a minimal amount of time.

Leah is involved in many extracurricular activities at MIT, such as the varsity field hockey team, student ceramics classes, *The Tech* school newspaper and writing for the MURJ- an undergraduate research journal. With her busy schedule, she has not had much time to train for this timely excursion.

"I've never done a cross-country trek like this before, but I'm excited to get ripped quads, meet some amazing people, and teach even more incredible kids!" said

In order to the make this trip possible, the MIT Spokes team needed to raise about \$26,000. SO far, they have raised \$17,000 but still need to reach their goal. To help make Leah's incredible journey happen, donations are accepted at crowdfund.mit.edu or any direct donations to Leah or Spokes America. To follow this DV graduate's life-changing experience this summer, follow @ mitspokes on Instagram.

# Art students experience the Met

Leah Yost, pictured on far left,

By Kiki Ruggiero

Editor in Chief

Students in all art classes were able to attend a field trip to the acclaimed Metropolitan Museum of Art on April

13. Art students witnessed multiple artworks famous land furthered their passion for art through experiencing these classical, renowned pieces.

"Seeing actual paintings in real form allows the student to actualize me as a teacher to Met. the communicate significance of the pieces," said AP Art

History teacher Dr. Îrene Lantz, who was one of the main organizers of the event. The trip was originally designed for AP Art History students since the pieces found at the Met correspond with much of the curriculum covered. But after tickets

were given to AP art students, available spaces were offered to all art classes.

"I like learning about art history, and I feel like when you can see the artwork in person, you understand the impact that art can have on any generation and era," said senior Shawna Traver, an AP Art History student. Popular artworks

showcased at the

Met include Duccio's

Madonna and Child, Cole's The Oxbow,

Monet's The Water

Lily Pond, Greco's

Portrait, Gauguin's

many other famous

across all regions of the

World renowned artists are featured here,

Toledo,

ranging

Self-

View of

Rembrandt's

Hail Mary

artworks,



DV art students were able to learning appreciate the multitude of experience and help famous artworks featured at the

> giving students the ability to witness the work of leading figures in the industry. This field trip was designed to give art students the opportunity to experience famous artwork firsthand, allowing them to revel in history and to be inspired by great artists of the past.

globe.

### **Inquiring Photographer**

"IF YOU COULD SEE ANYONE IN CONCERT, DEAD OR ALIVE, WHO WOULD IT BE?" By Emily Feiman



"One Direction" **Chelsea Nestor & Amanda LiCausi** Class of 2020



"Tyler the Creator" **Gavin Bonney** Class of 2022



"Queen or Freddie Mercury" Jess Bello **Class of 2019** 



"Johnny Cash" **Nick Ferraro Class of 2019** 



"Dylan Scott" **Gabby White &** Allyssa Freeman Class of 2021



"Pink Floyd" Mrs. Crystal Ross and Ms. Elizabeth Katz Staff



## Stop doing what suits you, start being sustainable

it's trendy. I am not degrading getting rid of single use plastic, as it is important, but it cannot be the only aspect we focus on as a society.

Everyone's carbon footprint varies, but according to a University of Michigan study, the average American has a carbon footprint of about 21.5 metric tons of carbon dioxide per year.

Humans are responsible for the increase in greenhouse gases in the environment in the past century. It is time for us to take the responsibility in saving our ecosystems and combating climate change through sustainable means; even on a smaller level.

For example, the average American eats 144 hamburgers a year. This equates to 102,960 gallons of water a year. For so long I was unaware of the environmental damage that the production all this meat can have on the environment (and trust me it is not only meat, this is just one piece of the pie).

I am not scolding anyone to go full vegetarian, but hoping to inform that overconsumption of meat can have a huge impact on your health and the environment.

Sustainability cannot just be saying no to a plastic straw a few times and thinking However some small changes you could make include shopping at second hand stores, eating and buying food locally produced, trying to conserve energy, as well as minimizing overall waste. Even something like making your own coffee rather than buying Dunkin Donuts every morning can have an impact. You are saving money, time, minimizing the impact on labor in coffee producing countries and the environment all in one.

> Our problems cannot be solved instantaneously, as some may think. Nobody is perfectly sustainable as that is simply unreasonable, but the cliché that small actions have a big impact serves the truth here. Everything worth waiting for takes time and patience and good groups of people willing to fight for it. Do your part, do not criticize others for trying to do theirs. Don't you want your children and grandchildren to be able to experience the beauty and the wonders of our planet?

> > **EMILY JACOBUS** Class of 2019

# Every life is worth saving

Many politicians and interest groups are pushing for the legalization of late-term abortion and increased abortion rights, as evidenced by New York's Reproductive Health Act, signed into effect on Jan. 22. Yet a great number of these same people support extensive prison reform and the eradication of the death penalty. And recently, 2020 president hopeful Bernie Sanders proposed that incarcerated felons should be allowed to vote. This paradox (the protection of the most heinous criminals, combined with the killing of the most innocent and vulnerable forms of life) serves as one of the many great immoral ironies in regards to the topic of abortion.

It is 2019, and indeed women are just as valuable as men in today's society and have the capacity to make their own choices regarding their body. But here lies the problem: What happens when their decisions affect another body, a different body, another human inside of them? We all love infants and would consider any murderer of them to be among the worst of criminals, but for some reason, many of us think little of it when a fetus just several months, or even several days, earlier - well-developed and fully capable of experiencing pain is surgically removed from the womb and killed.

Even more disturbing is what happens after the procedure takes place: Some fetuses are sealed in containers and shipped to scientific research labs. Other fetuses, that is, human remains (after all, we have all learned in biology that anything with cells and that grows is living), are disposed of as trash, cremated and

flushed down toilets and sinks as mere items of waste.

As with any political issue, compromise is essential, and a viable solution includes allowing early abortions only for cases of rape or incest, and allowing late-term abortions only for cases where the infant and/or mother is certain to die (although miracles have occurred in the past where both survive). As for most situations, however, a consensual decision that a woman makes, fully aware of that decision's potential consequences, should not lead to another decision whereby an unprotected and voiceless life is lost.

In 2015, just over 630,000 abortions took place in the United States. This is a great reduction since 1990, in which nearly 1.5 million were reported to the CDC. That is still 630,000 innocent lives lost, and 630,000 future bright minds and future leaders that the world will never see or know of. And for women unsure of the effect the child might have on their life, countless non-profit organizations exist for support, including adoption-based organizations and local pregnancy centers and churches that offer physical, financial and emotional support.

If you are still unsure of your position on the issue, just think: What if your parents aborted you, and right now, you were sitting in a landfill as an item of hazardous waste or being picked apart limb by limb in a scientific laboratory?



Illustrated by senior Eliana Evers Title- "The Dark Reality of Pollution"

DAVID MARCIAL Class of 2019

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Emma Garrera Opinions Editor

HANNAH LEE Sports Editor

SARA SERRANO Community News Editor

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ELIZABETH BOBO Arts & Literature Editor

Brenna Cavallaro Entertainment Editor

**BAILEY FEDUN** Science & Technology Editor

> **EMILY FEIMAN** World News Editor

### Letter Guidelines

The Del. Aware is an administrative reviewed publication of the journalism class of Delaware Valley High School. The Del. Aware will print acceptable letters written by current students which may be edited or condensed for reasons of libel, good taste, grammar and punctuation. Mail: Letters to the Opinions Editor, Del. Aware, 252 Route 6 & 209, Milford, PA 18337 Email: the.del.aware@gmail.com

# School News

# Four seniors attend PMEA music festivals in Pittsburgh

By Emily Jacobus

News Editor

At the beginning of April, four DV music students attended their respective Pennsylvania Music Education Association (PMEA) music festivals in Pittsburgh. Though they had different paths of getting there, all were successful in their musical endeavors.

Senior Brian Lee applied back in August for All-East Orchestra and was one of only five cellos in Pennsylvania

Through this rigorous selection process, each state chooses students from each section and then send their auditions to the National Association for Music Education (NAfME).

After receiving their rankings and rehearsing music for 10-13 hours a day, they finally put on the performance to spectators, parents and music teachers.

"It [All-East] gives you the opportunity to meet new people not from PA. You get to see how their lives in music differ from your own," said Brian. "I was inspired by all the talent there was. I think the thing that was really special was that there were so many people of such high talent in one room from various states.'

Senior Esther Lee attended All-State Orchestra for students. the third time in her high school career.

She had to make it through Districts and Regionals to get to States.

The time was spent mostly rehearsing, but it was a time to make friends and network with other music



All students had the opportunity to see the Pittsburgh Symphony Orchestra perform.

"My favorite part was interpreting the music and learning from what the conductor wanted to express," said Esther.

All-State Jazz Ensemble was held in Pittsburgh as well, and seniors Theo Bookey and Paul Torres attended for the first time.

Both Theo and Paul had to send in recordings to be accepted.

Each were graciously chosen as second chair for their respective positions; Paul in the bass section and Theo the trumpet section.

The ensemble was able to work with esteemed jazz professor and composer, Miles Kamuf.

Theo has been to District Concert Band and District Jazz Band for the past four years, and Paul has attended District Jazz for two years.

All ensembles were able to see the Pittsburgh Symphony Orchestra perform, where they watched them perform pieces by Brahms and Tchaikovsky.

"I loved when we got to see the Pittsburgh Symphony Orchestra. They were absolutely phenomenal," said Paul.



On April 1, DV's first wellness fair took place with 24 local businesses in attendance. Each of the businesses set up a table with information about how students can utilize their services to learn about healthy choices and positive opportunities that contribute to social, emotional and physical wellness. This event allowed students to talk to local community members who can help them better their overall welfare. Some tables were interactive by offering brochures and small prizes after having a conversation with the students.

Photo and caption by Hannah Lee



# **Puzzle Fun**

**Compiled by Mary Quinn** 

Find all 10 words in the word search. The first person to submit the correct answers to Mrs. Lordi in D4 will receive a prize.



Last Issue's winner: Freshman Mikayla Courtright















**BLOSSOMS FLOWERS PLANTS** 

**BREEZE GREEN RAIN** 

**BUTTERFLY MAY** 

**SPRING** 





# Del.Aware - May 3, 2019

# compete at **SkillsUSA**

By Bailey Fedun Science & Technology Editor

Five of DV's Career Tech Education (CTE) students competed at the SkillsUSA competition Hershey, in Pennsylvania from April 10-12. The seniors who competed were Adriana Galeano, Joseph DeGarmo, Danielle Palmer and Nicolas Christensen. Juniors Jonathan Gouger and Christopher Tants also competed at the competition.

CTE teacher and SkillsUSA adviser Mr. Will Tidridge was very pleased with the performance of his students and the leadership roles that the seniors took on while preparing and competing.

Galeano competed in Job Interview Skills category. She explained that she prepared for the state competition by looking over her scores at the district competition to see what she could have improved on to better understand the steps needed to excel at the state competition. The most stressful part of the competition, according Galeano, is the pressure that comes with executing at the competition while knowing that you are being judged.

DeGarmo was another senior who competed in the Chapter Display category. He was responsible for presenting a certain topic that was relevant to the topic "Job Ready Starts Here."

"Completing the project and seeing what we created made the experience that much better. Knowing that we came this far and accomplished what we did is a reward in itself," said DeGarmo.

With over 421,000 members, SkillsUSA has the primary goal of empowering its members to become world-class workers, leaders and responsible citizens.

# School News CTE students Creativity is in the air as DV OM excels at States

By MICHAEL NEWTON Staff Writer

On April 6, 13 teams from Delaware Valley competed at the Odyssey of the Mind CUinPA State Finals Tournament at Pocono Mountain School District - East Campus. Seven teams placed either first or second, advancing them to the World Finals

competition held at Michigan State University in East Lansing, Michigan from May 22-25. Teams judged

were on three aspects of the competition: long term, style and spontaneous. Concerning the high school's performance,

three out of

 $f \ o \ u \ r$ t e a m s moving Worlds: onto vehicle, structure and performance.

The vehicle team took third in

spontaneous. The team received 161 out of 200 possible points for their vehicle and skit. For style, the team scored 45 out of 50 possible points and scored 101.60 points in spontaneous. As a scaled score, the team scored 326.76 out of 350 possible points and placed second overall.

The structure team took second overall. For this problem, the 200 points for long term are split into two 100 point categories: skit and weight held. The structure held 665.00

lbs, earning them 56.12 points, and the grayscale carnival skit scored in at 80.66 points. In total, the team took fourth in long term

with 146.07

points, fourth in style with 31 points and first in spontaneous with

97.80 points. As a scaled score, the team scored 292.00 points.

The performance team finished in first place among 10 other teams. In long term, the team took seventh with

long term, second in style and fourth in a score of 152.50, ninth in style with a score of 38.34 and first in spontaneous with a

> score of 328.80, blowing away the competition by 284 points. As a scaled score, the team scored 313.39 points. Taking fourth place overall, the technical team not be advancing to Worlds. The team had to undergo an unexpected skit change as sophomore Shaina

Wasileski suffered from cerebral

hemorrhage on the right side of her brain. Their storybook themed skit was dedicated to Shaina.

"Our team really came together to finish what Shaina started," said sophomore teammate Laura Marquez.



By Ashlee Wilson

Community News Co-Editor

Members of Delaware Valley HOSA traveled to Valley Forge, Pennsylvania on April 3-5 for the State Leadership Conference. The members participated in assorted educational symposiums, such as a DUI prevention symposium, general sessions, a variety of competitive events and competitive event showcases.

There were two types of competitive events: testing events and performance events. The topics of these events ranged from Nutrition to Public Service Announcement. Showcases, otherwise known as project display times, were held where attendees, both members and advisers, could observe the resulting projects of certain events, such as Healthcare Career Display and Medical Photography.

Members also got to explore an expo that included booths run by representatives from multiple medical schools in Pennsylvania, as well as other states. Other booths informed members about medical programs in the state, senior citizen home-care assistance.

The opening session included the

introduction of elected state officers from last year and guest speaker, Rhett Laubach. He was an interactive speaker who provided a



**HOSA** members attended three main sessions: the opening session, the recognition session and the awards ceremony.

lot of opportunity for the audience to engage in the presentation. Laubach spoke about leadership in school, the workplace and life in general, concentrating on leadership in the medical field and professions. The main message that he stressed was "Live to Serve." He indicated that a good leader's main focus is to serve others, and that to be a leader you need to have it in your DNA to help others.

The closing session served as the awards ceremony. Two teams from Delaware Valley advanced to the International Leadership Conference (ILC) with gold and silver medals, and one individual competitor advanced as well, with a bronze medal.

Multiple competitors felt that the conference was successful, both medalists and those who didn't qualify for the next level of competition.

"I think the whole conference was good, especially when my group was presenting because I enjoyed talking to the judges. They were all very nice," said junior Stephany

Those who qualified for the ILC will have the opportunity to travel to Orlando, Florida at the end of June to compete against students from across the nation, as well as a few other countries.

# DV FBLA creates, leads, inspires at SLC

By MICHAEL NEWTON Staff Writer

Hershey, Pennsylvania hosted the annual PA Future Business Leaders of America State Leadership Conference from April 7-10. Statewide, 5,000 students were in attendance, and 36 members of Delaware Valley FBLA represented DV.

Bearing a small number of state qualifiers this year, there was little hope in sight as compared to last year's number of competitors and stellar performance.

"I was concerned at first. It's always a challenge because the competition is very stiff. Our students are capable of placing at States; it's just a challenge as more schools join FBLA," said Mrs. Maura Angle, PA FBLA Virtual Chapter Coordinator.

Nevertheless, DV FBLA impressed at the SLC with 17 people landing in the top 10 and nine people qualifying for the National Leadership Conference.

"It's always exciting to have students on stage because PA FBLA is competitive. It means a great deal to us as advisers and the school," adviser of FBLA Mrs. Audrey Dennis said.

The competition resulted in sophomore Kaleigh Kuddar and senior Brianna Tonnesen placing second in Intro to FBLA and Business Plan, respectively; senior

Career Portfolio; juniors Darius Bermudez and Natalia Liszka placing fourth in Accounting I and Journalism, respectively; the team consisting of seniors Alexandra Garcia, Brian Lee and Shira Michel placing sixth in Business Ethics; senior Christian Secular placing eighth in Coding and



Members had an early wake-up call as they helped Kuddar set up her campaign booth.

Programming; junior Stephen Nackman placing ninth in Advertising; and junior Stephany Borges placing 10th in Computer Applications.

DV FBLA also received first in the William Selden Outstanding Chapter award, second in the Big 33 Community

Natalia Torres placing third in Electronic Service Award and 10th in the Local Annual Chapter Business Report. Furthermore, Torres was recognized with the Keystone Leadership Award, Secular and senior Darryn Ouk were recognized as members of the National Business Honor Society and Emily Jacobus placed first in the PA FBLA Policies and Procedures open testing event and 10th in the Who's Who Scholarship.

In addition to the competition, Kuddar ran for Vice President at Large for the state office. Delivering a sound speech to her fellow voting delegates and running a campaign booth filled with bracelets, kitkats, ribbons and informational pamphlets, Kuddar was able to secure some votes from the hundreds of voting delegates. Her slogan "There's no other but Kaleigh Kuddar" was a popular hit; however, she did not get elected for state office.

"When I found out I wasn't going to be a state officer, I decided to reflect back on all the things I had learned from the entire experience. Running for office has allowed me to expand my knowledge of PA FBLA," Kuddar said.

From June 27 to July 3, all national qualifiers will travel to San Antonio, Texas to compete at the National Leadership Conference.

### **DV** hosts **County Band Festival**

By Elizabeth Bobo Arts & Literature Editor

On May 1, over 100 musicians from six schools gathered at DV for the annual Tri-State County Band Festival.

Each school that attended chose select members from their band to represent them. While the selection process varies with each school, DV offers the opportunity to kids who have not yet gotten the chance to attend a festival. All day, the students worked with guest clinician Mr. Gabriel Batiz, a director at Wayne Valley High School who was the chosen director for this year's festival.

"It is a great experience. The kids get to work with musicians from other schools and also have to sit next to them. So not only do they have to perform with other schools, but they also get to meet new people instead of sitting by a person they talk to every day," said band director Mr. Rick Bullock.

Students worked vigorously on five pieces that they performed at the concert later that night. Blind auditions were held to find out who got each solo, and DV was rewarded with a majority of the solos offered.

Since this festival is only one day, it allows students to learn how to adjust and work on music in a short amount of time. It also gives them a chance to learn new things not only from the guest director but also from the other students in attendance.

"I think it offers opportunities for students who haven't gone to district band, or any other festival for that matter. They get to learn new things that they can translate into the classroom and not just in a performance," said Mr. Bullock.

Mr. Bullock hopes that this experience will encourage students to participate in future festivals.

## Career tech students anticipate test scores

By Sam Garcia

Science & Technology Co-Editor

Between all the different Career Technical Education (CTE) programs offered at DVHS, 93 percent of the students who took the NOCTI in the 2017-18 school year passed and received the Pennsylvania Certificate of Competency and of those who passed 70 percent received the Pennsylvania Skills Certificate.

"We do a lot of prepping. I think the NOCTI reflects the material that we cover in our classes so it's not like we're teaching to a test, it's just that the test reflects what we are responsible for covering according to the department of education," said head of the CTE department Mrs. Barbara Coyle.

Mrs. Coyle remains optimistic about the success rates of the CTE program remaining high as she personally has a great group of seniors.

Occupational National Competency Testing Institute (NOCTI) is an exam to incorporate all state required

CTE post-assessment testing. The exam is a requirement for all 12th grade CTE students in approved CTE programs to prove mastery of specific competencies. Each individual CTE program has an identified NOCTI exam to test the knowledge, skills and talents within the specific occupational program.

There are two sections to the exam: a written exam and a performance exam.

The written exam is an online multiple choice exam, while students to exhibit their skills exam. by performing individual jobs or

tasks that demonstrate the skills needed for the specific occupation.

Students can either score basic, competent or advanced levels. Those who score advanced receive the Pennsylvania Skills Certificate, and students who score competent receive the Pennsylvania



**Seniors Chris Sudylo and Hunter Kirsch** the performance section allows practice laying out rafters before the NOCTI

Certificate of Competency.

DVHS offers Automotive, Early Childhood Education, Building and Construction, Electrical, Healthcare, Culinary, Diversified Occupations and Business and Marketing.

# School News

Students anticipate AP, Keystone, final exams

U.S.

By Emma Garrera Opinions Editor

As the end of the year approaches, the test taking season follows close behind. The list below shows the dates for when final exams, AP testing and Keystones are held.

Literature & Composition -May 8 **English Language & Composition - May 15** 

Nath Calculus **AB - May 14** Calculus BC -**May 14** Statistics - May 16

dies **Government & Politics - May 6 European History - May 8 Psychology - May 9 United States History - May 10 Human Geography - May 14 Macroeconomics - May 15 Comparative Government &** Politics - May 16 **World History - May 16 Microeconomics** May 17

**Final Exam Dates English & Social Studies -**May 30 & 31 Math & Science - June 3 & 4

ts and Spanish Language & **Culture - May 7** French - May 8 **Spanish Literature & Culture - May 9** German - May 9 **Art History - May 14 Music Theory -May 17** 

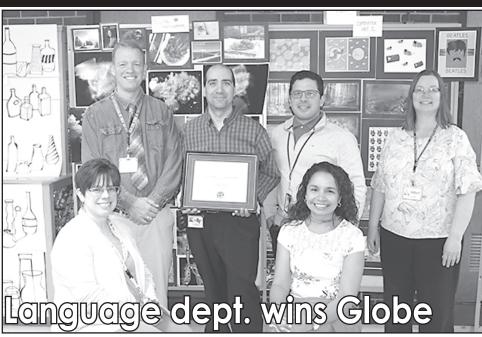
Science **Environmental** Science - May 6 Physics 1 - May 7 **Chemistry - May 9 Computer Science Principles -May 10** Physics 2 - May 10 Biology - May 13 Physics C (Mechanics/E&M) **May 13** Computer Science A **May 17** 

**Keystone Exam Dates** Literature - May 13 & 14 Algebra - May 15 & 16 Biology - May 20 & 21 Makeup exams - May 17, 22 & 23



Students and staff donated 73 pints of blood during the annual Blood Drive on April 30.





The Delaware Valley High School language department was presented with the prestigious Globe Award given by the Pennsylvania State Modern Language Association. The high school is eligible to apply for the award every other year and has applied for and won three consecutive times. Rigorous criteria must be met in order to receive the award. The language department teachers, Mr. Gary Cotroneo, Mrs. Shannon Maino, Mr. Donnel Leiva-Vazquez, Mrs. Raycharlyn Krasulski, Mr. Robert Wyckoff and Mrs. Michele Rojas, accepted the award on behalf of the district. "It would not have been possible to get this award without the hard work

and dedication of my entire department, including the middle school teachers," said Mr. Cotroneo.

### Flick, Dove travel to Chicago

By Melissa Kelleher

Managing Editor

From April 6-8, sophomore J.D. Flick and senior Emma Dove traveled to Chicago and competed at the second annual Individual Player National Championship Tournament (IPNCT).

scholastic bowl Unlike most tournaments, Flick and Dove did not play on a team. They played individually against seven to nine other players. In

the morning half, players were assigned groups and played one match of 48 questions.

In the afternoon, players competed in a marathon which consisted of three matches with 72 questions each. Each match also had eight to 10 people in a

team there."

Flick finished at the marathon, but Dove qualified for the next round. There was another round of 72 questions with the top players, and Dove ranked sixth in the match. The top five players of the match moved on to finals.

room. The groups were assigned by each

player's rank from the morning round.

"I'm proud of what she accomplished," said scholastic bowl adviser Mr. Kevin DeVizia. "She was in an incredibly tough competition, and she maintained her composure. J.D. showed great promise as a sophomore. He held his own quite well and became more confident as the competition went on."

Flick and Dove qualified for this competition because they both placed in the top 10 individual scorers at other scholastic bowl competitions.

DV's scholastic "DV absolutely dominated bowl teams have been randomly [at IU 20]. We were the strongest dominating in other competitions. At the Easton IU 20, the A team took first place after a close final match.

> "DV absolutely dominated [at IU 20]," said Mr. DeVizia. "We were the strongest team there."

- Mr. Kevin DeVizia

Three teams traveled to the Berwick Buzzer Battle Novice Tournament on April 13 and took first, third and fifth place. Four players earned individual scorer awards.

On April 26, five players traveled to Harrisburg and placed fourth at the PA State Academic Championship.

Photo and caption by Shannon Deignan

# Community News

# Bubble Babez sells handmade bath, body products

By Shannon Deignan

Sports Co-Editor

an online shop, Bubble Babez sells all homemade beauty products such as bath bombs, lotions, bath salts, scrubs, candles and much more.

Nikkie Davis began this business accidentally almost nine years ago while looking for a solution for her son's eczema. After trying many products to help his skin, Davis decided that store bought products that contained chemicals

and preservatives did not improve his condition and came across a solid lotion recipe called a lotion bar that store is handmade, and some of her best selling products open on Saturdays and Sundays from 12-5 p.m.

the shop.

A wax bar consisting of handmade candles

and other homemade products are sold in

contained natural, healthy ingredients that would not be include a makeup brush cleanser and soap. harmful to the skin.

Located on Route 739 in Hawley and thriving as began looking for additional recipes and making new

products. After testing all of her products on her family and friends who gave her positive feedback, she eventually decided to create an online shop. Recently, she has expanded to her brick and mortar location in Hawley.

Every product sold in the



In the store, products such as whipped shea sugar scrubs and normal sugar scrubs are set on a decorative display.

"My best selling products are my Brush me Off Soap After coming across the lotion bar recipe, Davis which is an all natural makeup brush and sponge soap that cleans, conditions and sanitizes in one step. The

Oatmeal & Honey Soap, which is a soap that is great for dry skin, is another one of my top sellers," said

Handmade, creative themed bath bombs are also sold in the store and specially handmade by

All of the ingredients used to make the products sold in the store have commonly heard names, and the ingredients used that are uncommon to our everyday use are described on the company's website, bubblebabez.com.

The business is located at 658 Rt 739 Hawley, PA 18428 and is

April was child abuse prevention month, and the Office of Children and Youth are looking for donations that are new with tags and that are in all sizes. They are accepting donations into the first couple weeks of May, and the donations can be dropped off at the Pike Administration building. Children who enter foster care come with very few resources, but with your donations they will be able to pick out a new pair of pajamas before going to a new home.

#### By Kiki Ruggiero

Editor in Chief

If you are looking for a playful and energetic pup who is both friendly and loyal, four-year-old "dingo dog" Einstein is the perfect pet for you.

Einstein is currently located at the Humane Society of Port Jervis/Deerpark. He is a rambunctious and friendly mutt and has been commonly referred to as a "dingo dog" for his energetic nature,

toothy grin and big, kind eyes. He 1) loves playing with toys, fetching balls, running in the yard, going on walks and is trained to both sit and speak. Einstein is exceptionally smart, carrying a strong personality that is easy to control if the owner holds an authoritative disposition. Einstein is very easy to teach and is also house trained, so

> he does not require a lot of disciplinary training. "I think Einstein is a pretty special dog. You

just want to be with him

because he is very sweet to be around," said board of directors treasurer Luverne Rohner.

Workers at the humane society have described Einstein as different from most dogs because of his loving nature and unwavering enthusiasm. He loves most people and is very friendly, yet also very loyal to those who treat him well.

After an animal control officer found Einstein roaming the streets of Greenville, he was taken to the Humane Society of Port Jervis/Deerpark. Though a microchip

> was located in Einstein, the owners never returned the shelter's calls. He has stayed at the humane society for 147 days and is awaiting a family who enjoys being just as active as he is.

> Einstein has already been neutered and microchipped by the shelter; his adoption fee is \$225. If you would like to adopt Einstein or schedule a meet and greet, call the Humane Society of Port Jervis/Deerpark at (845) 856-3677.

### DanceFest to happen in Milford

By Sam Garcia

Science & Technology Co-Editor

The DanceFest Milford will be offering a stage for renowned and emerging dance companies to perform and hold workshops this

The 2019 festival will include a diverse range of performances and workshops.

A set of various artists will take over downtown Milford with a series of site specific performances.

Renowned dance companies also will be performing in the DVHS auditorium.

There are several different ticket options available for purchase

Opening Gala Reception will be held on May 17 at 5:30-7:30 p.m., and tickets will be available

for \$50.

The Fairy Tale Dance Workshop will be held on May 18 from 10:30-11:30 a.m. The event is presented by Delaware Dancers and hosted by Good Shepherd Episcopal Church and is open to family and young children.

There will also be all day events held at the St. Patrick Hall and tickets can be purchased for \$40. Performances will be held from 1:30-7 p.m. by several dance companies.

Studio performances will be held from 2:30-3:30 p.m. that will be free and open to the public.

On May 19, Jen Murphy Fitness will be holding a contemporary, modern dance workshop that will also be free and open to the public.

# Community News

# Dingman Township confirms new medical facility complex

By Sara Serrano

Community News Editor

In early April, Dingman Township supervisors alongside Tom Mincer announced an official five year construction plan for a medical facility along route 739 in Pike County which will be available to all senior citizens.

Dingman Township Economic Development Authority director, Matthew Sullivan says Pike County is filled with an overwhelmingly large amount of seniors who do not have enough access to medical services. Since many who reside in Pike County are always having to travel long distances to seek proper medical care, the supervisors wanted to create an institution accessible for 
The Dingman Township supervisors seniors in the area who are in need of medical care.

"When you mix together the fact there can be housing for



anticipate having the complex complete in approximately five years, including places for seniors to utilize.

medical offices, but they also plan on incorporating shops and assisted living apartments for the elderly in the same complex. Seniors can seek medical care, and in the same complex, they can shop as well.

The space will include doctor's offices, a diagnostic center and assisted living apartments for seniors. The developer has also discussed incorporating a pharmacy, deli, mini grocery store and building shops on this property. Dingman Township supervisors have always had a concern with the elderly community when seeking medical care and have tried to come up with a resolution for more than 20 years.

Mincer says not only would constructing a medical facility be beneficial to the elderly community, but it would also be beneficial to the entire community as a whole. Sullivan points out how creating this complex for seniors in Pike County would provide many opportunities for those struggling to find a job.

# seniors and a medical facility with a distance, it seemed to be the perfect fit," said Sullivan. These 260 acres of property will not only be occupied by Mostern hosts annual job fair for locals

On April 16, the fourth annual Working Pike Job Fair was held by the Pike Family Diner & Pizzeria in Port Jervis, County Workforce Development Agency at the Best Western Inn at Hunt's Landing in you are greeted by crowded furniture

Job fair for locals

By Shaye Kelly
News Co-Editor

On April 16, the fourth annual Working Pike Job Fair was held by the Pike County Workforce Development Agency at the Best Western Inn at Hunt's Landing in Matamoras. This year, the fair held about 50 employers. For the first time there were job opportunities for those with special needs.

These are the companies that are offering jobs to high school students: Belle Reeve Senior Living, Camp Speers YMCA, Costa's Family Fun Park, Hemlock Farms Community Association, Kittatinny Canoes & Adventure Center, McDonald's, Perkins Restaurant and Bakery, Tri State Shell, Weis Markets, Inc., Wendy's and Wild Acres Lakes Property Owners Association.

"I liked the numerous amount of options they had for working opportunities. There were many different stands and even though I wasn't interested in all of them, they were still very nice and informative."

- Sean Brittain

McDonald's

BELLE REVE
Residential Care, Memory Care & Skilled Nursing These are the companies that are offering jobs to high school students: Belle music covers conversation. Community Association, Kittatinny Canoes & Adventure Center, McDonald's, Perkins menus, she informed us that it was Restaurant and Bakery, Tri State Shell, Weis Markets, Inc., Wendy's and Wild Acres only the second day they were











# Roy's Diner's new menu disappoints

By Melissa Kelleher

Managing Editor

When you first walk into Roy's and loud music. The tables are too close together for comfort, and loud jazz

As the waitress handed us our

using the new menus. Originally, the menu was 22 pages, but they shortened it to seven pages. Despite the shorter menu, they still offered a wide variety of food from Mexican

food to seafood to Italian food.

We first ordered the mac & cheese wedges as an appetizer, and they were the best part of the meal. They were served We first ordered the mac & cheese with melted cheese which I was first wary about; it looked like the artificial nacho cheese you would be served at a baseball game. However, the cheese was gooey and natural tasting, and the wedges were fried so they had a perfect crunchy coating.

At dinner, the food took a turn for the worst. I ordered the london broil dinner. The meat was cooked medium rare like I ordered, but it was chewy and fatty. The zucchini and peppers were fully cooked but under seasoned. The mashed potatoes were also underseasoned, and the gravy tasted like it came out of a can. The garlic bread was flavorful but cold.

My mom ordered a salad that was supposed to have chicken and a blue cheese crumble and also asked for no onions, but instead they served her small house salad with onions,

the kind of salad that is

supposed to come with entrées. The waitress came back and told us that the owner forgot that he created that salad, so he made her a new one, but neglected to remove the onions again.

My sister's burger was also missing bacon, and they added tomatoes when she requested no tomato.

For dessert, we ordered cannoli stuffed zeppolis. The filling was creamy and delicious, but the zeppolis themselves were hard and dry. They tasted like they had been sitting out for

Some of Roy's mishaps may have been due to the new menu, but the quality of the food and the bad atmosphere cannot be blamed on the menu.



# Ask the Leads

WHAT DO YOU LIKE THE MOST ABOUT THE CHARACTER YOU ARE PLAYING?

**Compiled by Roger Saumure** 



Senior Sarah Hawthorne **Mary Poppins** 

"I love Mary's confidence! I love how she can keep her cool under any situation. She is proof that a positive attitude and confidence can make everything better and solve any



**Junior John Babbitts George Banks** 

"George starts off as this stern banker with no regard for his family. Mary Poppins arrives and mends him from his past, which helps him to become a better father and better man. I see this transformation as uite remarkable."



"I really like how Winifred is so meek and timid at the beginning of the play, but towards the end, she is so empowering."





is happy and laid back. I pride myself in being like

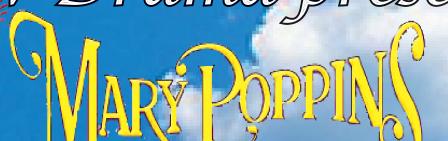
in real life as well."



**Freshman Julia Hawthorne Jane Banks** 

"Jane is a bit of a trouble maker, but she has a good heart. Regardless of the tricks she pulls on other characters and her family, she truly does love them all!"





#### By Melissa Kelleher Managing Editor

As another nanny leaves Cherry Tree Lane,
Winifred (senior Jess Bello) and George Banks (junior John Babbitts) are
left to find a new nanny who can handle the antics of their rambunctious rude children
Jane (freshman Julia Hawthorne) and Michael (Nathan Mang). George wants a nanny to teach the
children "precision and order" while Winifred just wants the children to be happy and kind.
The next day, the "practically perfect" nanny Mary Poppins (senior Sarah Hawthorne) arrives to teach Jane and
Michael manners and life lessons.

At first the children are not amused by their first game "a walk in the park," and they come across Mary's friend and the play's
narrator Bert (junior Ian Murch). Bert paints a picture of the park, and the group finds themselves inside his painting and dancing with

penguins, a statue and Queen Victoria.

After their walk, Winifred plans a tea party, and the children's pranks nearly ruin the party until Mary teaches them that "a spoonful of sugar helps the medicine go down" in order to get them to do chores and clean up their messes. However, the guests do not show up to the party anyway, and Winifred is left feeling defeated.

Mary also brings the children to the bank to visit George at work, and then takes them to the Talk Shop to create the word "Supercalifragilisticexpialidocious." Before the children come home, George reveals that he has been suspended from work for failing to give a loan to Von Hussler (sophomore Jon Reome), a German businessman who made a fortune from a loan received from a rival bank, and he sends the children to their room on Mary's night out.

The children get mad at Mary for leaving them, and Mary realizes that she can not teach the children if they refuse to be taught and departs. After Mary leaves, Winifred hires George's old nanny Miss Andrews who is mean and abusive to the children. They run away and find Bert. Bert teaches Michael to fly a kite, and as the winds change, Mary Poppins flies back.

Mary and the children go back home, and Mary faces off with Miss Andrews and sends her away. The family is reunited, and George gets his job at the bank back when it turns out he saved the bank from a big scandal and made the bank a large

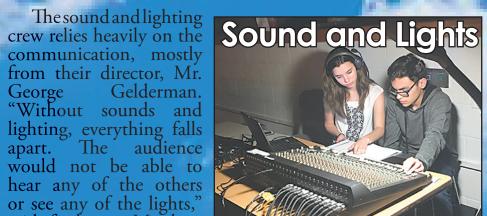
amount of money with a loan he gave out. George also realizes how important family is, and the children learn how insignificant their small fights and pranks are. In a bittersweet goodbye, Mary leaves because she knows that other children will need to learn the same lessons Michael and Jane learned.



# Behind the scenes

**Compiled by Saida Bary** 

communication, mostly from their director, Mr. George Gelderman. "Without sounds and lighting, everything falls apart. The audience would not be able to hear any of the others or see any of the lights," said freshman Matthew Cortes. The crew uses



equipment such as a sound board, monitors and headsets to communicate. They also must check the actors' mics and be aware of the moods of scenes throughout the play.



The pit includes band and orchestra members. The pit performs the songs throughout the performance of the play.
"We're the backbone of the cast and the rest of the crew. We communicate with our director, Mr. Rick Bullock who communicates with the cast on stage," said senior oboe player, Xavier

Pick The presence of the music from the pit helps enhances the overall effect of the production and provides a sense of emotions for the audience.

The stage crew's tasks include designing set pieces and props and moving them in between scenes. "It is challenging in the beginning but when everything comes together, it's very rewarding." said senior Jade Banach. Stage crew members must stay alert of what acts are happening during the play.



"We must work quickly and we are always in a time crunch," said freshman Meg Garrea. The stage crew members work together very closely to present an incredible drama production. "We make the magic happen backstage," said senior Destiny



# ENTERTAINMENT

### 'Pet Sematary' remake disappoints original Stephen King fans

By Hannah Lee Sports Editor

The new "Pet Sematary" movie is based off of Stephen King's book written in 1983, but the director changed the rich plot in many ways. The original "Pet Sematary" film was released in 1989 and mostly followed the of the novel, so fans of King, including myself, were ecstatic to see how 21st century

technology could enhance the story even more. Unfortunately, the stylistic changes took away from the story-line, and the scares were not horrifying.

The story still follows the Creed family who just moved from Boston to a farmhouse. They soon meet Jud, their new neighbor, who introduces the family to the "Pet Sematary" located in the woods behind their house. After the family cat dies, Louis, the father of the family, is shown the real cemetery which brings things back to life but with a catch. Soon after, Louis is not just burying the cat in the cemetery but something much more sinister is brought back to life.

There was a major change in the story that shocked those who have seen the first film or read the book, but I did not appreciate the change. Even though an interview with King revealed that he understood why the change was made, he wrote an amazing horror novel and to change the plot line that dramatically pushed the limits. Aside from being upset that the film took a lot of liberty changing the story, the scares did not impress me. I jumped maybe once or twice, but it was not the scream-worthy film I was expecting. Although the special effects were much better than the original, the changes and unimpressive scares caused me to leave the theatre upset and wanting to go and watch the 1989 film instead.

'Riverdale' "My go-to show on Netflix is usually 'Riverdale', a spinoff of the Archie comics, which I read when I was young. I don't just watch the show; I also try to solve the mystery with the ELIZABETH BOBO characters. As the story has continued Arts & Literature Editor cnaracters. As the story has continued to unrayel, I find myself becoming more and more addicted to the show." 'The Office' "The Office' is one of those fanatic?

shows that can always put you in a good mood. I consistently am able to re-watch episodes and laugh over and over again at the same jokes. Bears. Beets. Battlestar Galactica."

EMILY JACOBUS News Editor

The eighth and final season of "Game of Thrones" premiered on April 14. The fantasy drama TV series will air every Sunday night until the series finale on May 19.

### 'The Act' reveals untold story of **Blanchard family**

By Shaye Kelly News Co-Editor

Based on a true story, Hulu's "The Act" portrays the real life experiences of Gypsy Rose Blanchard, whose mother, Dee Dee, suffered from Munchausen syndrome by proxy. Her disorder caused her to create elaborate stories and lies pertaining to her daughter's "disabilities." She forced her healthy daughter to be bound to a wheelchair and shave her head, claiming

By EMILY FEIMAN Gypsy had leukemia, muscular dystrophy and multiple other chronic conditions.

So far, the show has only released eight episodes but has proven to have an elaborate plot though it can be confusing at times. At seemingly random points in the first debut album, Nothing Happens on March 22. Most episodes, the scenes will cut from the past and into the people may not know who Wallows is. However, they will "present day" (which is 2015, the year the murder of Dee recognize the guitarist and main singer Dylan Minnette Dee took place). There seems to be no reason for the time from his popular role in "Thirteen Reasons Why." jumps and they just lead to foreshadowing of future events.

later episodes the scenes can be graphic and raunchy. different stylistic approaches within each song. Despite this, the grappling plot makes the show impossible to turn off.

### Billie Eilish debuts highly anticipated album

By Emma Garrera

Opinions Editor

On March 20, singer-songwriter Billie Eilish released her studio album When We All Fall Asleep, Where Do We Go? topping the Billboard charts.

The album features 14 tracks, including songs such as "when the party's over" and "bury a friend." The majority of her songs have a creepy, eerie tone to them, which makes them easier to get stuck in your head.

After listening to the album in its entirety, I would have to say that the songs "bury a friend" and "my strange addiction" are my personal favorites. I am also a fan of the music videos she released for "bury a friend" and "bad guy." The creepy atmosphere her music and music videos create is unique from any other artist I have ever listened to.

World News Editor

Wallows, a popular indie rock band released its

Nothing Happens is a beautiful album full of well-Some of the acting in the show is cheesy and in the placed transitions between songs, powerful lyrics and

When the album first came out, I could not help but listen to it multiple times. The songs "Remember When,"

"Treacherous Doctor" and "Are You Bored Yet?" are the best singles off the album. They are full of nostalgia and give the feeling of never wanting them to end.

Nothing Happens is the perfect album to listen to as summer approaches. The album is full of fun songs



# World News

# Bombings in Sri Lanka kill 257 civilians

By Allison O'Toole Arts & Literature Co-Editor

On April 21, there were a string of bombings in Sri Lanka. Three bombings were at luxury hotels, and three bombings were at churches celebrating Easter. With these bombings combined, there were over 200 people killed, and at least 500 people were injured.

ISIS has claimed responsibility for the attacks, but there is no direct evidence linking them to the attacks. The attacks could have been prevented, as the prime minister stated, and the police knew there were multiple threats.

"We, if it was known, certainly could have prevented many of the attacks in the churches and have more security in the hotels," Prime Minister Ranil Wickremesinghe

Authorities now say there were nine suicide bombers, and they have arrested over 100 people with multiple different nationalities and from around the world in a nationwide investigation.

There is an ongoing curfew throughout Sri Lanka with no end in sight until the threat is depleted.

Officials on Tuesday identified a radical extremist Zahran Hashim who is considered to be the "mastermind" of the attacks. The father and two brothers of Hashim promised more destruction would follow in a chilling video just before they killed themselves on April 26.

On April 26, people linked with the Easter Sunday bombings opened fire and set off explosives during a raid by Sri Lankan security forces, which was called for by the president, on a house in the country's east leaving behind a horrible discovery. Fifteen bodies, which included six children, were discovered because of the actions that took place during the raid.

# Notre Dame cathedral burns in fire, not all is lost

The cathedral in Paris suffers fire and water damage and could take over a decade to repair.

By Mary Quinn

Staff Writer

The Notre Dame cathedral, in Paris, France, caught on fire April 15. Many felt a tremendous loss considering the building's long history spanning over 800 years.

The cathedral was built on a small island called Île de la Cité with construction beginning in 1163 and ending 1345, taking over 200 years to complete. The cathedral has been present for many historical moments throughout hundreds of years.

The crowning of Henry VI of England happened in the cathedral in 1431, along with Napoleon who was crowned emperor in 1804 and saved the cathedral from being demolished.

Notre Dame is noted for the historical art pieces and architecture inside the building, like the famous bell and bell towers.

but plenty of damage has been left dollars. behind in the building. It is estimated

that it could take well over a billion dollars and decades to rebuild what has been lost of the building.

As there has been much loss throughout this fire, there are some things that were able to be saved including the majority of the building.

Many of the most significant artwork



Notre Dame cathedral caught on fire April 15. The fire was put out in the cathedral **Experts predict rebuilding could take billions of**  and artifacts were saved from the fire, including the crown of thorns, a wreath of thorns believed to have been placed on Jesus Christ's head during his crucifixion, the tunic of St. Louis, believed to have belonged to Louis IX, who was king of France from 1226-1270 and the bell towers of the cathedral. Notre Dame's grand organ,

> that dates back to the 1730s. However these objects were affected due to water damage from when the flames were being put out.

> Rebuilding the cathedral is a top priority for France with many people pitching in any way they can. Donations have been coming in from all across the world to start the cleanup and the rebuilding process.

> 'We have so much to rebuild," said French President Emmanual Macron in a televised speech from Paris. "We will rebuild Notre Dame Cathedral even more beautifully. We can do it, and once again, we will mobilize."

# Electric car sales surpass gas vehicle sales in Norway

By Natalia Liszka

Circulation Co-Manager

For the first time ever, electric cars outsold gas and diesel vehicles this March in Norway. Electric cars account for 58.4 percent of all vehicle sales, according to CNN. The nation has a goal to completely stop selling gasoline and diesel powered vehicles by 2025.

More than double the amount of zero-emission vehicles were sold in March 2019 than March 2018.

Accounting for 27 percent of global pollution, gas and diesel burning vehicles are significantly more damaging to the environment than zero-emission vehicles

which emit no exhaust gas, particulates, hydrocarbons, carbon monoxide and other harmful pollutants.

The most popular electric car model sold was the Tesla's Model 3 registering 5,315 sedans,

setting the record for single car model sales in one month.

The amount of gas and diesel powered vehicles sales dropped to a record low because of Norway's incentives by the Norway Electric Vehicle Association for consumers to buy zeroemission cars. The incentives have proven successful with the sales of gas and diesel vehicles dropping so significantly.

# Georgetown students support new reparations fund

By Ashlee Wilson

Community News Co-Editor

On April 11, students of Georgetown University voted for each student of the school to pay a fee every semester to benefit the descendants of the 272 slaves sold by the university during the 19th century. All funds collected would be given to education and health care programs in the areas where the descendants are most concentrated, spread the word about the which is mostly Louisiana and GU272 referendum.



Many rallies were held to

The initiative is being referred to as the GU272 referendum. Of the student body who voted, 66 percent backed this initiative. The fee for each student per semester would be \$27.20, but the school still needs to approve the referendum before it can be put into place.

The GU272 referendum has been in development since the 2018 fall semester. Since that time, advocates for the initiative have been holding meetings and informational sessions, spreading their message through social media and giving speeches in classrooms.

If it is passed, the GU272 referendum will serve as the first of its kind from any major institution in the United States.

# World News

### Mueller report construes impeachment debates

By Emily Jacobus

News Editor

On April 18, former FBI director and special counsel Robert Mueller's 448 page report on possible presidential obstruction of justice and collusion with Russia, was released to the public.

Before the report was released Attorney

General William Barr regarding the report.

"This isn't about Democrats or gave a news Republicans. It's about saving our conference democracy...'

-Nancy Pelosi

It was

ultimately Barr's decision to decide whether the report was released or not, and which

"After carefully reviewing the facts and legal theories outlined in the report... the evidence developed by the special counsel is not sufficient to establish that the president committed an obstruction of justice offense," said Barr.

Mueller did not reach any final

conclusions that President Donald Trump has obstructed justice but did state that Congress has the authority to conduct investigations. Α

few House Democrats called for impeachment Attorney General William Barr proceedings held a White House press to start citing conference to discuss, and then this part of take questions regarding the

on the question of impeachment.

House Democrats, it was announced that there would be no immediate plans for impeachment as urged by Speaker Nancy

democracy. If it is what we need to do to honor our responsibility to the Constitution

if that's the place the facts take us, that's the place we have to go," Pelosi said.

President Trump and his staff appear to be unworried about impeachment.

"Only high crimes and misdemeanors can lead to impeachment. There were no crimes by me (No Collusion, No Obstruction), so you can't impeach.

It was the Democrats that committed the crimes, not your Republican President! Tables are finally turning on the Witch Hunt!" said President Trump in a tweet.

Recently, Mueller expressed his concerns to Barr in a 4 page letter about the report and his findings.



the report, but Mueller Report. overall the party is divided On April 22, in a conference call with

"This isn't about Democrats or Republicans. It's about saving our

# **Anti-immigration** militia leader arrested

By SHAYE KELLY News Co-Editor

Larry Hopkins, the leader of an armed right-wing militia group at the New Mexico-Mexico border has been arrested on gun possession

felony charges. The group, who call themselves the "United Constitutional Patriots," has been accused illegally detaining immigrants from southern gunpoint before turning

over to Border



Source: The New York Times

F.B.I. Arrests Leader of Right-**Wing Militia That Detained**  $_{
m them}$  Migrants in New Mexico

Patrol officials. Hopkins was arrested on similar charges in 2006 and was convicted for impersonating a police officer and for illegal gun possession. He was arrested on April 21 after videos circulated the Internet of armed civilians detaining immigrants, and

weapons and ammunition were found in his home.

The group has claimed to have made over 5,600 detainments for the U.S. Border Patrol in the last two months alone and is being called a "fascist militia" by the American Civil Liberties Union

> due to their impersonation federal authorities and inhumane tactics.

"This country was built on three things: God, guns guts," Hopkins March.

Hopkins has also been accused of sharing his plan to assassinate former president Barack Obama, 2016 presidential nominee Hillary Clinton and billionaire George Soros with his trained militia.

On April 23, Hopkins was assaulted while in prison but is said to be in good condition.

### WikiLeaks founder arrested after release of documents

By Mia Van Wie

Sports Co-Editor

WikiLeaks founder Julian Assange was arrested on April 11 at the Ecuadorian embassy in London. Assange is a computer programmer who helped release thousands of secret materials on to his site WikiLeaks.

WikiLeaks is a non-profit organization that publishes news leaks and classified media that is provided by anonymous sources. WikiLeaks is known for releasing numerous hidden government documents and information. One famous example were the Hillary Clinton emails back in 2016.

Assange has been hiding out in London since 2012 because he did not want to face charges in the United States. However, he got arrested and is facing different charges from the United Kingdom, Sweden and the United States. In the UK, Assange is wanted for skipping bail back in 2012, and in Sweden he is wanted for allegations of sexual assault and rape. The US also has charged him for one count of conspiracy to commit computer intrusion 2012.

As it stands, there is officially one provisional extradition request for Assange from the U.S. But first, the request has to go through the UK court system to determine if it satisfies the "dual criminality" legal requirement. The judge will also consider if granting extradition would breach his human

# New policy limits transgender individuals

By Ashlee Wilson

Community News Co-Editor

As of April 12, a policy has been passed that puts certain restrictions on transgender individuals in the military, as well as prospective transgender enlistees.

Those who are currently serving in the military and have already received a diagnosis of gender dysphoria may continue to serve in their preferred gender, receive any needed hormone treatments and undergo genderaffirming surgeries. Any person who has been diagnosed with gender dysphoria will be allowed to enlist, however, anyone who takes hormones and/or has already been through a gender transition will not be eligible to join the military. In addition, anyone currently in the military who is diagnosed with gender dysphoria after the passing of this policy will have to serve in the gender they were assigned at birth. These individuals will not be allowed to take hormones or receive gender-affirming surgeries.

President Donald Trump first hinted at his interest in developing a policy similar to this almost two years ago, one of his reasons being that the military should not be tasked with dealing with the costs and disorder that transgender individuals in the military would supposedly bring.

The passing of this policy has caused controversy from many different sources, as well as four separate lawsuits. Many people argue that this new development is outdated and disrespectful to the people who are serving and willing to serve in order to defend the United States and its citizens.

The implementation Donald Trump and Mike Pence's trans troop ban is a stain on our nation's ĥistory," said Human Rights Campaign president Chad

# ARTS AND LITERATURE

### Spotlight Writer Allie García

#### By Bailey Fedun

Science & Technology Editor

Senior Allie Garcia is an asset to both the academic and cocurricular atmosphere offered at DV. Not only is Allie a part of FBLA, Fusfoo and Art Club, but she is also an effective writer.

Throughout her years at DV, Allie has taken Honors English 9 & 10, AP English Composition and AP English Literature. Allie does not plan on majoring in any courses that revolve around writing in college, but she may choose to minor in a writing course.

"Allie is an extremely articulate writer. Grammatically, she has no errors, and her writing is as close to perfection as one can possibly reach," said English teacher Mrs. Margaret Chromey.

In the future, Allie plans on attending the Fashion Institute of Technology in Manhattan (FIT) to major in fine arts. She is especially interested in the Drawing Club offered at FIT that allows students to travel around New York and draw city scenes.

Allie's aspirations to become involved with art is derived from one of her prior art teachers, Ms. Valerie Meyer.

"I feel like she [Ms. Meyer] was my first real source of inspiration. She taught me to take risks and appreciate what is around you, said Allie.

Allie personally persuasive essays. She views herself as more of an academic writer than a creative writer, and she enjoys the idea of arguing specific points in order to persuade.

"Just like art, writing has been influential because it gives me an outlet. Whenever I write, it feels cathartic. It feels like I am laying out all the jumbled ideas in my mind," said Allie.

# Spotlight Artist Woweih Joseph

By Saida Bary Staff Writer

Senior Woweih Joseph unexpectedly found her passion for ceramics when trying to balance her busy senior year schedule. She took Ceramics I in the first semester and is currently in Ceramics II in order to destress.

"Ceramics this year opened the gate for my artistic abilities. I am not the best at painting or drawing but with clay it just feels so natural. Working with clay is so stress relieving and peaceful. I find myself thinking of more ideas that I want to construct in class. Ceramics II was when I realized I had a passion for ceramic art," Woweih said.

Woweih's

work as a ceramic artist includes making bowls, mugs, a wall hanging and flower pots. She has been constructing a tea pot set that requires a lot of time and effort. The amount is room for improvement," she said. of effort that Woweih puts into

her artwork varies on the the type of project she receives.

"Her passion for ceramics inspired others to create. Her ceramic work also inspires me and reminds me the love for I had clay when I started working with clay," said art teacher Mrs. Tricia Kaylor.

Despite the admiration and praise she gets from her teacher, Wowieh believes her artwork could be better.

"I am happy with my work in ceramics. I wouldn't say they are the best, but I am satisfied with them. I definitely think there

> Woweih's ceramic art has been put into the ARTery show and has been donated to the Empty Bowls project.

Her latest piece that was entered in the ARTery show entitled "Controlled chaos" was being sold for 45 dollars. "It was when my first idea failed and instead of giving up, I decided I could build on top of it. I

wanted to make it as detained and chaotic as possible."

Woweih has not decided on a major but will continue with her mastery in ceramics.

## **Spotlight Musician** Esther Lee

By Emily Jacobus

News Editor

Senior Esther Lee is known for her excellence in the academic field, but has a profundity of musical intellect and talent, as she has been playing the violin since she was three years old.

With lessons on and off for about 15 years, she has since been figuring out music for herself in many different ways.

She practices about 1-3 hours a day, more so on weekends, depending on if she is preparing for auditions or festivals.

> The ability

to delve into music has helped Esther gain a sense of who she is and more confidence overall. She believes people can achieve anything they dream to do if they put in friends and those around her. enough time and hard work.
"Music has ———

always been my refuge. It [music] is something that I can do to take my mind off things," Esther said.

> H e r favorite

pieces are Tchaikovsky's 1812 overture and Brahms violin concerto in D major.

teaching,"

Throughout the DV music program, Esther has been to a culmination of events such as attendance five years at Districts, three years at Regions and three years at All-State Orchestra. She has also been in the pit orchestra all four years of her high school career for the play.

She feels she has learned a lot from

She is always prepared, and she is

the consummate musician; one of the

best violinists I've had in my 16 years of

"The friends that I've made through

orchestra taught me to really listen to others and understand diverse thoughts," Esther said.

Esther -Mr. Nathan Kroptavich left her impact on the musical

community around her. She hopes to continue chamber groups and orchestra in college. She also enjoys teaching and plans to give lessons to others.

"Esther has always put her best foot forward when it comes to performing. She is always prepared, and she is the consummate musician; one of the best violinists I've had in my 16 years of teaching," orchestra teacher Mr. Nathan Kroptavich said.

# ARTS AND LITERATURE

# Digital Dictionary captures audience with creative theme

By Kiki Ruggiero

Editor in Chief

Effective Writing class helps

On April 5 at the Pike County Public Library, the Delaware Valley photography classes joined together to create the Digital Dictionary photography show. The classes were given the prompt to digitally capture a moment that reflected the definition of a particular word.



Senior Ashleigh Koferl captured the word "play" in her photo through the idea of creating a scene from a child's playroom.



Some dictionary entries that were chosen were simple yet enticing, including words such as "splash" or "tower." Others were more complex and obscure with words such as "discophile," which is what senior Julia Thompson chose for her photograph above.



The Digital Dictionary show was the first photography show this school year, though there have been others with different themes in the past.

"I think they did a really great job, and many of the words were very creative. The photos also represented the words very well."

-Mrs. Krystine Thompson

Photos by Kiki Ruggier

#### By Natalia Liszka

Circulation Co-Manager

Delaware Valley offers many courses that assist students in learning new skills or perfecting what they already do well in a variety of topics. Among these classes is an effective writing course taught by English teacher Mr. Evan Bates. Offered to 10th, 11th and 12th grade students, the class is focused on developing and enhancing their own writing skills as well as exposing them to styles of writing that would not be covered in required English classes. Students study grammar throughout the semester, have short practice drills and longer unit assignments.

"The class is meant to enhance your own writing. I like to say, what you come with is what we work with," said Mr. Bates.

Many assignments emphasize style and structure as opposed to content, and these unique features are developed in students through writing about their life experiences, interests and memoirs.

Every piece of writing is carefully critiqued by Mr. Bates who gives options to the writers on how to improve aspects of their work through areas like word choice and syntax to make their message more understandable and accurate.

"He makes you go out of your comfort zone and prepares you for college level essay writing," said senior Jenna Chudoba.

One assignment that students complete is a form of journalistic literature where they take a news article composed of facts and transform those facts into a narrative with a plot and a life lesson to form the hard news event into a story.

The final for the class is an open assignment that students get to choose any type of writing that they have covered.

There is a second part of the course being created that will have topics like blog writing in order to expand the more current types of writing that students encounter in their lives.

### **New trends: Windbreakers**

By EMILY FEIMAN

World News Editor

With winter ending and spring approaching, a perfect article of clothing to add to your closet is the windbreaker. Windbreakers have been a popular part of fashion since the '70s, but became an emblem for pop culture in the '80s and '90s because of the prominent color-blocking.

The windbreaker first had an impact on men's sportswear fashion before it became part of pop culture and fashion.

After popular demand, nearly every sportswear company had a version of a windbreaker in their collections. Eventually, windbreakers made their way out of sports culture and into music. Popular artists in all different music genres were shown sporting the popular color-blocking fad.

You can get windbreakers anywhere from Nike to Forever 21 to your local thrift stores. They can come in all different colors, color-blockings and patterns.

"The best thing about windbreakers is that you can wear them with any type of weather. Now companies are making them in different styles like retro, vintage, sporty or anything versatile to any style," said senior Centa Quinn.

In my style, incorporating a windbreaker is an important part of the appearance I want to show people. It adds a new level of confidence and boldness to an otherwise ordinary outfit. You can wear windbreakers with jeans, a plain T-shirt and sneakers. You can also wear it with patterned button-ups, checkered vans, and striped socks.

Windbreakers are the new fashionable item that students should have in their closets.



# Consequences

# Cosmetics



#### By Bailey Fedun

Science & Technology Editor

While walking through the halls of DV, it would not be a surprising sight to see students and staff wearing makeup. Although it is a commodity that many people use in their daily lives, makeup also has effects that are not so pretty. In today's society, the reality is that beauty and perfection are prioritized above health. Cosmetics can play a role in headaches, acne, skin irritations, eye infections, infertility, premature aging and hormonal imbalance. Many consumers in the makeup industry are unaware of proper brush cleanliness, cosmetic alternatives that contain natural ingredients and what is actually regulated by the FDA. Although dazzling up for prom is not detrimental to your health, wearing makeup on a daily basis may be a different story.

# Monitoring the makeup

By Sam Garcia

Science & Technology Co-Editor

While cosmetic products are FDA regulated, they do not have to be FDA approved before they go on the market unless they are classified as a drug.

Cosmetics have been regulated by the FDA since 1938 when the Federal Food, Drug and Cosmetic Act (FD&C Act) was passed.

Under this act, cosmetics cannot be adulterated or misbranded. They must be safe for consumers under labeled or customary conditions of use, and they must be properly labeled.

Packaging and labeling cannot be deceptive and must meet ingredient labeling requirements under the Fair Packaging and Labeling Act if they are being marketed towards consumers.

Color additives must also be approved for the intended use, and some must be from the FDA's own labs.

Despite these regulations, there are still several loopholes cosmetic manufacturers can utilize

For example, companies can easily avoid listing a product's ingredients by claiming doing so would give away trade secrets. Manufacturers also do not have to report health complaints to the FDA.

### Stats in the states

NAS

By Brenna Cavallaro

Entertainment Editor

85% of white American women aged 18-34 wear makeup on a regular basis. The annual income of the cosmetic industry is over 62 billion dollars.

As of 2018, 569 million dollars are spent on nail polish in the United States.

Skincare products make up the largest part of the cosmetic market at 37%.

### Basics of brush cleanliness

By Sophia Perrin

Contributing Writer

- 31 percent of millenials do not know how to properly clean their makeup brushes.
  - Types of Staphylococcus, Streptococcus and E. Coli are infectious bacteria that can be found on brushes.
- Proper storage for cosmetic brushes is by using either zip-up or roll-up makeup bags.
  - Beauty blenders can be reused for three to four months.
- Most dermotologists recommend that makeup tools be soaked with water or a gentle soap once per week to prevent product buildup.
- Brushes should be replaced every three months depending on if they start to shed, smell or change in color.
- Staph infections, pink eye, acne and irritation could be a result of improper makeup tool cleanliness.
  - Do not prop brushes up to dry because water can drip into the glue on the handle.

### Better alternatives for beauty

By GABBY LEE

News Co-Editor

Each of these alterntives are based around the beauty of natural ingredients. These cosmetic brands offer a variety of antioxident rich vitamins, organic and vegan ingredients, and do not rely on parabens.

### Juice Beauty

• fruit-pigmented mascara

#### 100% Pure

 moisturizer with aloe vera, pinaeapple juices and white grape

### Alima Pure

 foundation using rosehip seed oil and argan oil hydrates

### RMS Beauty

 lip balm with light cocoa butter scent and made from certified organic cocoa

#### Au Naturale

• bold cosmetic options that do not contain parabens, carmine, gluten and sulfates.

# SCIENCE AND TECHNOLOGY What's In Your Food: Chef Boyardee Oddly satis

By Allison O'Toole

Arts & Literature Co-Editor

Starting in 1928, Chef Boyardee has evolved from just ravioli to a variety of different other pastas and pizzas.

Coming in multiple different flavors, there is a can of Chef Boyardee to satisfy every craving of yours. There are multiple different flavors of raviolis, such as beef, chicken and cheese. There is also beefaroni which is pasta in tomato and meat sauce, spaghetti and meatballs and spaghetti rings and meatballs. These flavors come in a mini

Chef Boyardee also has foods such as lasagna, mac and cheese, pasta in butter, rice and chicken and cheese pizza.

There are different shapes of the pastas such as different superheros, Spongebob, Paw Patrol and many more.

actually pasta if you do not have time to make it.

Some of the ingredients include tomatoes, which are grown in nutrient

depleted sand and enriched wheat flour and cracker meal make up the bulk of this food. They are the primary ingredients of the pasta itself, but they are refined flour. Beef is the next ingredient but only in some of the flavors of pasta. This beef has been finished in feedlots, which is when livestock is fatten up for their meat.

There is also a large amount of high fructose corn syrup and soybean oil. Finally, caramel coloring and citric acid

> are used for coloring also high in trans fat.

High fructose corn syrup has been linked to

Chef Boyardee is intended to be a quick obesity and other related health problems.

option for lunch or dinner and to replace Trans fat has been linked to cancer, obesity, heart disease and many other chronic health problems.

> The pastas and pizzas do not have any artificial coloring, artificial

ingredients or preservatives.

In March, Chef Boyardee recalled over 3,000 pounds of their microwavable bowls, which are labeled as rice with chicken and vegetables, but they actually contained beef ravioli. The ingredients milk and wheat, which are both allergens, were not listed on

In January, a photo was published on Facebook that there were bugs inside of the

You can buy Chef Boyardee anywhere such as Walmart, Amazon Fresh, Target, Shoprite and many more supermarkets.

the packaging.

Though there are no definite answers, scientists believe that the videos trigger a "goldilocks feeling," which is a subconscious desire for the total perfection and completion of simple tasks. People who are diagnosed with Obsessive Compulsive Disorder (OCD) crave to satisfy this exact

Oddly satisfying

videos relieve

OCD, lead to

longer life

While browsing through Snapchat

stories or the depths of Instagram

pages, almost every young adult has

stumbled across the world of oddly

satisfying videos. Whether it be soap

cutting, hydraulic press crushing, slime

pressing or pimple popping, one may

wonder why these strange videos leave

By Kiki Ruggiero

Editor in Chief

us feeling satisfied.

After viewing a compilation of oddly satisfying videos, scientist Sarah Keedy concluded that this "series of visual depictions struck me as rewarding experiences that people with

OCD tend to be going for." According to an international study conducted at Concordia University, about 94 percent of the population has a mild form of OCD. Human minds instinctively create intrusive thoughts regarding whether or not tasks are fully completed, which links back to ancient survival instincts. Witnessing simple tasks being completed such as a bar of soap

getting cut up or sand being pressed into a jar leaves us feeling fulfilled that a job is done.

Ultimately, satisfaction has been proven to lead to a longer life span. These videos relieve the anxiety that comes with OCD, therefore leading to a

So keep on indulging in these strange, seemingly time wasting videos because oddly enough, they can actually relieve mild OCD, anxiety and also bestow one with a longer lifespan.

longer, happier life.

### Orcas suffer due to invasion of PCB in ocean

By Sara Serrano

Community News Editor

The future of killer whales is questionable because of the pollutants that have inhabited their homes. Chemicals called polychlorinated biphenyls (PCBs) have contaminated their waters, and scientists have concluded that up to half of the environment's orca population

face high risks of not surviving the next century due to the PCB pollution.

PCBs attach to the bodies of exposed animals in and out of the ocean. The PCB levels become more concentrated when the animal is larger, which is why killer whales are greatly affected by PCBs. They are at the top of their food web and have the highest measured PCB levels compared to any other sea animal.

The PCB chemicals bind to fat once they enter an animal's body and build up in their bodies. It can be especially dangerous for these whales because once the chemicals bind to a mother whale's fat, it can be passed down to her offspring.

PCB chemicals are not only harmful for the killer whales, but for the killer whales species as a

Exposure to the chemicals can limit a killer whale's ability to fight off illnesses, cause cancer and affect a

female whale's ability to reproduce and have healthy babies. The southern resident breed of orcas has not had calf survive since 2015.

PCBs have been an issue for decades, making their way into the air, soil and water, then finding their way into the ocean. Seal, bird and otter populations have drastically declined as well due to PCB contamination.

# **Spring allergies 101**

By Natalia Liszka

Circulation Co-Manager

#### Causes:

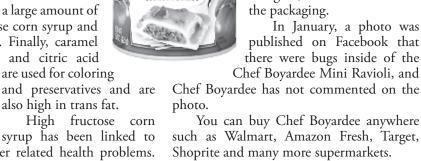
- Tree pollen
- Grass
- Flowers

### Symptoms:

- Itchy eyes and throat
- Sneezing and wheezing
- Stuffy and runny nose

### Treatments:

- Keep windows and doors shut
- Change clothes after being outside
- Take prescribed or over the counter antihistamines
- Stay indoors in the evenings when pollen counts are highest
- Receive immunotherapy-injections of purified allergens extracts to boost immune system







# **SPORTS**

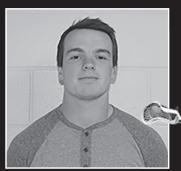
# Spotlight Athletes Girls' Lacrosse



**Emily Ocasio, JUNIOR** 

"Emily has really stepped up as our goalie this year. She is calm and collected and has been consistent in her saves." -Head coach Bernadine Salak

### **Boys' Lacrosse**



**Seth Croll, JUNIOR** 

"Seth is an incredible leader. He communicates the most on defense, and he also takes a lot of pride in his game preparation."
-Head coach Jeff Krasulski

# Fedun scores her 170th goal to break record

By Elizabeth Bobo

Arts & Literature Editor

The Warriors fell to Wyoming Area after a hard fought game but bounced back the next week to defeat the Lady Chiefs.

#### Wyoming Area- 16, DV- 12

On April 16 the girls' lacrosse team dropped their first conference game of the season to the Wyoming Area Warriors.

Wyoming Area jumped out to a quick lead scoring two goals within the first few minutes of the game. The Warriors were able to match their intensity with junior Mia Van Wie opening up the scoring for the Warriors.

The teams battled with multiple ties and lead changes. By the end of the half, Wyoming Area, led by one point, making the score 9-8.

The second half started similarly to

the first with Wyoming Area quickly scoring three goals. The Warriors could not keep up with the quickness and strong team chemistry by Wyoming Area. With consistent scoring and hard defense by their opponent in the second half, the Warriors' scoring sputtered.

"Our team started off strong in the first half [of the game] with good ball movement and energy, but going into the second half we kind of dropped off," senior Lauren Matarazzo said.

Despite their loss, Van Wie contributed four goals to the final score, along with senior Bailey Fedun scoring three, junior Skyler Padgett scoring two and sophomore Madison Fedun also scoring two.

DV-20, Lakeland-1

After their, the Warriors quickly recovered in a win over the Lakeland Lady Chiefs.

The beginning minutes of the game showed a considerable difference from the game against Wyoming Area, with the Warriors jumping out to a quick lead.

With the score being so polarized, some DV underclassmen had the chance to get some varsity minutes and the opportunity to prove themselves. Sophomore Julia Weinreb scored two goals, along with freshman Daisey

Carney scoring two of her own. During the game, Fedun scored her 170th goal which eclipsed the

school record, which was originally held by 2015 alumna Kyra Boccio.

# Warriors suffer first league loss to Crestwood

By Mia Van Wie Sports Co-Editor

> The Warriors defeated Pleasant Valley on April 27, and then suffered a tough loss against Crestwood April 29. They currently tied are for second in the Wyoming Valley league with a season record of 12-2 and a league record of

DV-19, Pleasant Valley-8

The Warriors offense was led by juniors Jackson Melnick, Shane Roche and Joshua Balcarcel. Melnick contributed five goals and Roche had four goals and one assist. Balcarcel had one goal and five assists. In addition to their offensive power, the Warriors also had three long pole goals from senior Nash Hamill, junior James Staeckeler and sophomore Joe Shallo.

The team had key face off control by winning 22 of the 27 faceoffs which aided the win. Sophomore Finnegan McCormack and freshman Nate Melnick were major contributors during the face off.

"We did what we needed to do win this game. It was beneficial to get some younger guys experience during the game." said head coach Jeff Krasulski.

#### DV-12, Crestwood-17

The Warriors faced their first league loss against the Comets on April 29.

In the first quarter they dug themselves certain do into a hole by letting in four Crestwood game who goals. Balcarcel assisted Melnick for their Balcarcel.

only goal this quarter.

They then gained momentum heading into halftime and outscored Crestwood 6-4 which brought them down by one 8-7. Balcarcel and Melnick were the offensive powers during the second quarter with both of them scoring three goals.

After halftime, the boys fell into another slump and gave up eight goals and returning only two. They also had four penalties and one of them was a two minute non-releasable which allowed the Comets to score five goals during this time.

The Warriors fought hard in the fourth, but it was not enough to overcome Crestwood.

"We all gave 100 percent but their was certain downfalls in different aspects of out game which we couldn't overcome," said Balcarcel.

### MLB season back into swing

By Allison O'Toole Arts & Literature Co-Editor

As the Major League Baseball season gets into full swing, the Dodgers are back on top and close behind are the Rays and the Cardinals.

The Rays are leading the AL East, with a 19-11 record. The Twins are leading the AL Central, with a 18-10 record and the Astros are leading the AL West with a 18-13 record. The Phillies are leading the NL East with a 17-13 record. The Cardinals are leading the NL Central with a 20-10

record and The Dodgers are leading the NL West with a 20-13 record.

Cody Bellinger and Christian Yelich lead the league with hitting with Bellinger having at .427 average and Yelich an Bellinger hitting 14 homeruns so far this season

On Friday, April 26, Vladimir Guerrero Jr., the top prospect in baseball per MLB Pipeline, made his MLB debut playing third base for the Blue Jays with the team winning 4-2.

\*This article was last updated May 2 at 1:00 p.m.

# Mr. Murray wins DV's March Madness Competition

By Brenna Cavallaro Entertainment Editor

This year's *Del.Aware* March Madness bracket winner is Mr. Michael Murray with 46 correct picks Following closely behind was Mr. Brian Sweeney with 39 118 points.

Mr. Murray has won over \$200 worth of DV athletic apparel, as well as a DV basketball. Mr. Sweeney has also won a DV basketball.

Thank you to all coaches and staff members who donated to this competition!



# Volleyball continues winning streak record

Sports Editor

As the end of the season nears, the volleyball team continues to dominate with the an undefeated record of 10-0.

They picked up two more wins last week against Wyoming Valley West and North Pocono.

#### **DV-3, WVW-0**

On April 22, the Warriors took on the Wyoming Valley West Spartans and won in three quick sets.

Senior Blake Gearhart led the offense for the Warriors with 19 kills. He also added three aces for the team. Junior Jackson Shafer followed with seven kills and two aces.

Senior Oran Dowd led the defense with 12 digs, while senior Tom the acing stats for the team with a total of go," Gearhart said. Raniero added 28 assists for DV.

DV-3, North Pocono-0

On April 24, the Warriors

defeated North Pocono

> Trojans three sets to none. DV got to execute some slide plays that they worked on all week in practice. team with a total of 23 kills. He also

Hannah Lee/Del.Aware

Gearhart led the Shafer had a total of 13 kills, one assist and one dig in the game added eight digs against the Hazelton Cougars.

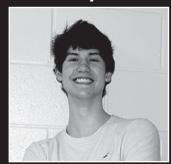
for the Warriors.

The team played Berwick last night and will soon wrap up their regular season with senior night Monday against Dallas and their highly anticipated final away game against Holy Redeemer May

> T h e team is gelling together perfect the time as we are

Shafer contributed 18 kills and one block. approaching some of the biggest games of Raniero added 36 assists and two blocks for our season. We are starting to play our best DV. Senior Matt Seger had four digs and led volleyball and I am excited to see how far we

### Spotlight **Athletes** Volleyball



Jackson Shafer, JUNIOR "Jackson's hard work is paying off as he is proving to be one of the best outside hitters in the league." -Head coach Adam Holdredge

# Tennis wins match against Honesdale

three aces.

By Shannon Deignan Sports Co-Editor

Delaware The Valley boys' varsity tennis team won their match against the Honesdale Hornets on April 29 with a 4-1 victory.

### Honesdale-1

The match began in two sets (6-1, 6-1). **season.** No. 2 singles player

junior Peter Wilson suffered a tough loss in his match in two sets (7-6, 7-5). No. singles

Lombardo

match in two

sets (6-2, 6-1).

doubles team

consisting

Tim Lloyd

and senior

The No. 1

junior

won

his

player senior Matt

with No. 1 player No. 1 singles player senior Tomas Reese went  ${\rm senior} \quad {\rm Tomas} \quad {\rm Reese} \quad {\rm undefeated \ throughout \ his \ regular \ season.}$ defeating his opponent Tennis players will now advance into the post

Mrozinski also won their match in two sets (6-4, 6-4), contributing to the Warriors win. Following the No. 1 teams win, the No. 2 doubles team of junior Patrick Moniot and sophomore Scott Sussman also won

their match after a two set battle (6-4, 7-6). "We had really strong performances

both Tomas Reese and Matt Lombardo at No. 1 and No. 3 singles. Both doubles teams played well on the big points and won close matches." Head coach Larry Hudson said.

### **Tennis**



"Tomas has gone undefeated this year (14-0) and has only lost one set. In addition to his outstanding play, he has worked with his teammates to improve their games." Head coach Larry Hudson

# legiate Update: Mark Piotrowski

By Gabby Lee

News Co-Editor

Class of 2018 graduate Mark Piotrowski showed pure talent as a student and as a volleyball player during his four years at Delaware Valley. Currently, he is continuing his academic and athletic career at Wilkes University.

"Piotrowski's hard work and determination made him unstoppable, Mark Piotrowski digs the ball and he really stepped up as a leader for during a warm up before his the team," said DV's head coach Adam game. Holdredge.



After playing on the boys' volleyball team at Delaware Valley for three years and winning three district championships, Piotrowski decided to continue to play volleyball for the Colonels as an outside hitter. This season, the Colonels had a losing record of 10-16, but seven of their players had injuries including their setter and libero.

During the season, Piotrowski had some highs and lows. While playing against Alvernia University, he earned his best game statistically; however, an ankle injury kept him from playing in the last six games of the season.

Playing at the collegiate level can cause little to no free time and a lot of stress. Piotrowski is managing his time by bringing his notes and homework with him to away games. Piotrowski chose to go to Wilkes University because it was

> close to home, has small class sizes and a great STEM program. He is pursuing environmental science as his major and will continue to play volleyball for the next three years.

# Spotlight Athletes Baseball



**RJ Kruse. SENIOR** "RJ has done a great job on the mound and offensively. He has been leading the team, and we expect him to continue being a great leader." Head coach Dave Peters

### Softball



**Brenna Cavallaro, SENIO** "Brenna is a very versatile player, and she has stepped up in key situations this season."

-Head coach Angelo Matz Girls' Track



**Brooke Acoveno, SOPHOMORE** "Brooke has been great this season so far. She has established herself as one of the best triple and high jumpers in our league." -Head coach Nicholas Quaglia

# Warriors continue strong, improving to 8-2 By Allison O'Toole shallow pop-up to left for the Warriors.

Arts & Literature Co-Editor

After falling Scranton Prep Cavaliers and making a comeback against the Wallenpaupack Buckhorns, the Warriors continue their season strong with a record of 8-2.

#### DV-2, Scranton Prep-3

On April 22, the Warriors traveled to Scranton to play the Cavaliers in a game that lasted 12 Junior Jack Curabba long innings. The Warriors got slides into second off to a solid start by gaining a base to avoid being 2-0 lead in the top of the fourth inning, but the Cavaliers fought back to tie up the score 2-2 in the sixth inning. In the last inning, the Cavaliers hit a

By Michael Newton

Staff Writer

V loses tourney,

The Warriors began the week

on the wrong foot in Williamsport

Wallenpaupack.

**Tournament** 

Last

Warriors

Trojans, the Warriors suffered two losses.

and bounced back to dominate

Williamsport to take part in a

six-team team tournament.

Warriors got rained out on

moving the games back to Facing the Mifflinburg

and Upper Dauphin

Williamsport

weekend,

traveled to



tagged out.

field, which was dropped and allowed the winning run to be scored by Prep.

Juniors Zach Innella and Iack Curabba led the defense with a total of 23 outs. Senior Devyn Fahnestock pitched for six innings, only allowing two hits and striking out eight people. Sophomore Aiden Oliver followed close behind with only allowing two hits as well and striking out six batters.

Seniors James Conza and Ryan Wingerter led the offense with two hits each. Wingerter also had two RBIs

#### **DV-8 Wallenpaupack-3**

On April 30, the Warriors beat the Buckhorns in their rivalry matchup. The Warriors started off strong gaining a 7-3 lead in the top of the fifth. They held the Buckhorns until the end of the game and ended up scoring one more run in the top of the seventh to secure the win 8-3.

Conza led the team offensively with two hits and two RBIs. Senior Eric Peters followed close behind with one hit and two

Curabba and Innella led the team defensively with 14 outs combined.

Oliver and Fahnestock both pitched for the Warriors combining for strikeouts and only allowing

three hits in the whole game.

bounces back next gam

They lost against the Wildcats 7-1 during a cold, windy game, with the weather clearing for the second game against the Trojans. The Warriors lost to the Trojans 12-2 in the bottom of the fifth inning as the ten-run rule was declared.

#### DV-13, Wallenpaupack-1

Bouncing back from a rough weekend, the Warriors defeated the Wallenpaupack Buckhorns by 12 points on Tuesday afternoon.

Junior Hanah Kroger started off the game with a home run in the top of the first, as Paupack scored in the bottom of the first. Bringing the score to 5-1 in the top of the second, junior Brianna Silva hit a home run, allowing the Warriors to gain a sufficient lead. Senior captain Amber Recksiek with a home and run, Koger hit another home run. bringing the score to 8-1 in the top of the third: another three points were scored by senior captain Mia Machado and Recksiek bringing the score to 11-1. By the top of the fifth, the Warriors scored two more runs to

ten-run rule the Buckhorns. Defensively, the Warriors held a tight defense with few errors and a four-hitter thrown by senior captain Brenna Cavallaro.

"We've been waiting five years to beat Paupack. Our offense really pulled through," said senior captain Lyndsay Floystad.

### Both track teams lose to Paupack 800: Laina Bogusta

By Roger Saumure World News Co-Editor

Friday,

Saturday.

Wildcats

**Boys' Track Results:** Delaware Valley-63 Wallenpaupack-87

100 hurdles: Will Gianesses (1st) 16.2 100: Darryn Ouk (1st) 11.0 400: Darryn Ouk (1st) 52.0 300 Hurdles: Nick Barie (2nd) 44.8 800: Anthony Monz (3rd) 2:14.6

200: Darryn Ouk (1st) 23.0 3200: Jared Krick (2nd) 10:38.5 Shot Put: Evan Roccabruna (2nd)

41'9" Discus: Evan Roccabruna (2nd) 118'6" Javelin: Evan Roccabruna (1st)

131'9" Long Jump: Infinite Campbell (1st) 19'8" Triple Jump: Infinite Campbell (1st) 38'10" High Jump: Noah Sorrell (1st) 6'0"

Girls' Track Results: Delaware Valley-67 Wallenpaupack-83

110 hurdles: Savannah Bailey (2nd) 17.8 100: Taliyah Booker (1st) 12.3 1600: Laina Bogusta (1st) 5:54.8 400: Taliyah Booker (2nd) 59.5 300 Hurdles: Keeana Dicette (2nd) 49.7

(1st) 2:28.9 200: Taliyah Booker (1st) 26.9 3200: Laina Bogusta (1st) 12:56.5 Shot Put: Jasmine Johnson (1st) 31'5.5' Discus: Addy Ross (3rd) 85'11" Javelin: Addy Ross (3rd) 88'9" Long Jump: Brooke Acoveno (3rd) 14'6" Triple Jump: Brooke Acoveno (2nd) 32'6" High Jump: Brooke Acoveno (1st) 5'0"

# **Boys' Track**



Jimmy Lynch, SENIOR 'Jimmy has been a vital asset to our team this season so far. He has shown to be one of the best triple and long jumpers in our league."

Head coach Nicholas Quaglia