



The Willow Project: Pages 8 &amp; 9

# DEL AWARE

Delaware Valley High School - Milford, Pa.

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## Wi-Fi shutdown leads to student, staff frustration

BY LUCAS PAULEY AND NICOLE STEINBERG

Editor in Chief and Managing Editor

On March 24, the password for the school Wi-Fi network was changed and another network was removed altogether. This meant that high school students who were using the networks on either their phone or personal device no longer had service.

"We didn't expect how quickly students would try to reconnect to that network. We kind of thought that would send the message," technology coordinator Mr. Dylan Saturno said.

By second period, students had found the password for a different Wi-Fi network available at the high school. The password was shared so much that it led to that network also being shut down.

"What we noticed when we were looking and running tests was that by second period, the bandwidth usage had skyrocketed to roughly 95 percent of our total available bandwidth," Mr. Saturno said. "Usually

it's between 50 and 60 percent, even on a busy day."

Students who bring their own devices now have a unique 32-character password so it cannot be spread throughout the student body. The tech department can see if students are accessing the network on a rogue device that they can then remove from the network.

According to Mr. Saturno, the problem is not just the fact that there are too many students on the Wi-Fi network, but also the district's safety. Having many people on the Wi-Fi network at once puts a potentially higher risk of the susceptibility of hacking.

"I don't think that anyone really has an idea the amount of times per day that even our small district has people attempting to hack into it," Mr. Saturno said.

Mr. Saturno stated that if the district was hacked, students could potentially be out of school for weeks, even months.

Students also have been using free VPNs to access the Wi-Fi, which could be used to hack into phones and potentially watch students.

"I would encourage students to look at those VPNs and think about the things you are doing on your phone,"

*"We didn't expect how quickly students would try to reconnect to that network. We kind of thought that would send the message."*

- Mr. Dylan Saturno

Mr. Saturno said.

Having a Wi-Fi network just for students is not completely out of the question. There is a possibility that within the next few years Wi-Fi could be accessible to the students campus wide, but not without time and effort from the technology department.

## Students receive emotional message about compassion

BY ROXY CAUCHI

Arts & Lit Co-Editor

On April 20, 1999, the first mass school shooting and attempted bombing occurred at Columbine High School in Littleton, Colorado. In total, there were 15 deaths, including 12 students, a teacher and the two shooters, and 24 non-fatal injuries. Among those who died was 17-year-old Rachel Joy Scott, whose life was more influential than she could have imagined.

On April 12, Veda Tucker, a speaker from the program, spoke to all high school students in order to spread the challenge.

Before her death, Rachel wrote six journals consisting of her aspirations, moral code and

general rules of thumb. Most of her journals spoke about kindness and compassion, and how one act of kindness can start a positive chain reaction.

Rachel's Challenge is a program that was created after the Columbine shooting in hopes of ending violence and bullying and spreading Rachel's message.

Tucker introduced five challenges: look for the best in others and eliminate prejudice; dare to dream, set goals and keep a journal; choose positive influences; speak with kindness; start your own positive chain reaction.

After the school-wide assembly, 100 students were chosen to attend a training seminar run by Tucker.

During the seminar, a few

students were able to share what Rachel's Challenge meant to them, and how the assembly affected them. The Rachel's Challenge club, run by Mrs. Danielle Giordano, was also introduced. She hoped to gain more members through the training.

The students were also able to share with their peers the different ways the student body can spread positivity.

Tucker broke the students up into focus groups to brainstorm different activities to implement to help build a stronger, more tight-knit community. The groups came up with multiple ideas such as more themed days or more fun student-centered assemblies, such as a karaoke night.

"I think this program will help our school because students need to be reminded of their abilities to affect others, and they should remember to spread compassion no matter where they go in life," high school principal Dr. Nicole Cosentino said.



Roxy Cauchi/Del.Aware

**Students attended an assembly run by Veda Tucker in hopes of learning different ways to spread compassion in their community.**

# School News

## Students bake bread to provide for community

By TIFFANY GONZALEZ  
*Opinions Editor*

Bake for Good is King Arthur Baking Company's outreach program that aids those in need. The project consists of making loaves of bread and donating them. The project's three goals are to learn, bake and share.

Back in September, Family and Consumer Science (FACS) teacher Mrs. Leslie Peters became aware of this program from a teacher in another school district and shared the idea with other FACS teachers at DV. From there, the King Arthur Baking Company sent the school everything they needed: the recipe, flour, yeast and a bread cutter.

Between March 20-24, 50 loaves of bread were made by both high school and middle school students.

The following week, 80 to 90 additional loaves of bread were made.

Students are formed into groups and given the recipe and all ingredients. The recipe makes two loaves, one to keep and one to give to a food pantry in need.

"Students enjoyed the project through the process of learning, baking and sharing," FACS teacher Mrs. Mercy Ross said.

The entire district got involved with the project, and before the teachers realized it, there were about 600 to 800 students participating in making

bread for those in need.

"I feel students took pride in making the individual loaves to share within the community service project," Mrs. Ross said.

The recipe booklets that the student received were straightforward with the bread making process, according to Mrs. Peters. The booklets included ways to make other yeast-based foods: garlic knots, pizza, cinnamon rolls and even a simple braided loaf of bread.

"There is no specific deadline that the breads have to be made by," Mrs. Peters said. "They just have to be done within the school year."

By participating in this project, students also learned the math and science that is included in bread making.

"I love that we all had the opportunity to give back to the community around us while enjoying our time in the kitchen. Making the bread was a fun activity and a fun community service opportunity to give back to people in need," senior Michael Morales said.



Contributed Photo

Seniors Jake Manning and Dylan Anderson made a braided loaf of bread during 7th period Intermediate Foods B with Mrs. Feese.

## Inquiring Photographer

"WHAT IS YOUR FAVORITE SPRING ACTIVITY?"  
COMPILED BY BOBBY RUSSO



"Playing lacrosse"  
Ava Kraszewski  
Class of 2025



"Playing Spikeball"  
Sasha Sheehan and  
Krystina Orby  
Class of 2026



"Frolicking and smelling roses"  
Keith Sublett  
Class of 2023



"Playing football"  
Carter Faubel and  
Pasquale Venetucci  
Class of 2025



"Working outside"  
Mr. Evan Bates  
Staff



"Playing Monster Ball"  
Dan O'Keefe  
Class of 2024

## New classes available for the 23-24 school year

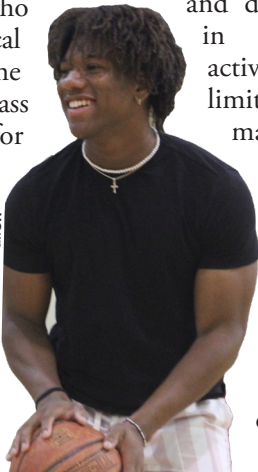
By BOBBY RUSSO  
*Staff Writer*

The high school is implementing two new classes as electives for students next year.

The first class is Peer Inclusion PE, which is a one-semester class that will be a half credit. It is a PE class that does not fulfill the physical education credits, and it is for all high school students. It is recommended for students who have successfully passed the physical education credits according to the course description guide. This class provides a unique opportunity for students with and without disabilities to come together, collaborate and participate according to the course guide. The class supports the development of leadership skills for all students, and the empowerment of all students to foster an inclusive school culture according to the course guide.

The other new course is

Performance Music Scholar, which is a class exclusively for seniors, and options include a one semester half credit and a two semester full credit. It is an opportunity for student musicians to learn and take leadership roles in the musical setting. The music scholar would be an active member in both 9/10 and 11/12 class sections. They will be active in the music-making process and demonstrate leadership in an extracurricular activity, such as but not limited to chamber choir, marching band or string quartet. Students can expand their abilities through research, learning how to conduct a song, chamber ensembles, solo works and more according to the course description guide.



Senior Chad Fallon



# School News

## Students participate in peer mediation program

By ROXY CAUCHI  
Arts & Lit Co-Editor

Ten years ago, the high school had a peer mediation program in place to resolve student conflicts. After the head adviser retired, the program fizzled out and never started up again. In 2022, school social worker Ms. Amy Letwinsky proposed bringing the program back in light of growing concerns of students not being able to sort out disagreements without getting an adult or administrator involved.

High school principal Dr. Nicole Cosentino acknowledges that students are living in a post-pandemic world and said that students are having a difficult time making deliberate decisions and problem-solving on their own.

"It would be a great skill for our students on both ends - the students who are facilitating the peer mediation and the students who are participating in it - to understand that there is a solution through level-headed conversations where you're able to express your concerns and meet on a common ground," Dr. Cosentino said.

The idea was first introduced to students during mid-year class meetings at the beginning of the third quarter. Students could sign up to be trained for the program and were required to get three teacher recommendations to join.

Students who signed up went through a full day

*"It's a good experience for anyone going into a field where you will help people because you will gain communication skills that are very beneficial to those careers."*

- Ms. Amy Letwinsky

of training on Feb. 23 and had to sign a non-disclosure agreement. This year, 23 students became mediators, and Ms. Letwinsky sees the program growing year-by-year. The peer mediators work in pairs to solve the disputes between two or more students. While they don't intervene during the mediation, an adult counselor does sit in the room, in case anything would

need to be properly reported.

Freshman Jonathan Yarrish and junior Owen Ruzanski put their training to use on April 3 during the first peer mediation session.

"The most important thing to diffuse the situation," Yarrish said, "is to make them feel comfortable, be nice and to always repeat so everyone is on the same page."

"It's a more approachable option for students, rather than involving an adult," Ruzanski said.

Both mediators also stated that the students opened up to them because they felt more comfortable explaining the problem to their peers rather than a teacher or administrator.

While no more students can sign up this year, there will be another training session next year to refresh the current mediators skills and add new students to the program.

Overall, this program has potential to become a common way students solve their disputes and students from both sides can take away the importance of having a calm conversation with their peers.

## Revamped 'DV' stickers for sale in school store

By JAMES ZAYATZ  
World News Editor

The school store has recently started selling new and improved "DV" stickers in three different sizes. Available to purchase are: small stickers for \$0.50, medium-size

stickers for \$1 and large stickers for \$2. The small stickers are sized for water bottles, medium for cars and large for home decoration - walls, windows, etc.

These new stickers came to fruition through a collaboration between Mr. Tom Moran's Tech Ed class and Mr. Jeff Luhr's Business CTE. Tech Ed created

the physical stickers using various machines, while the business students now market and sell them in the school store.

"[Selling the stickers] aligns with our goal of school pride this year," Mr. Luhrs said.

Senior Chris Borges, a student in Mr. Moran's class, is responsible for printing and cutting each sticker.

"First I put the logo in a software, 'VersaWorks,' and scale it," Borges said. "I then send a file to the vinyl cutter and if it doesn't cut properly, I cut it by hand. Then I personally deliver them to the store."

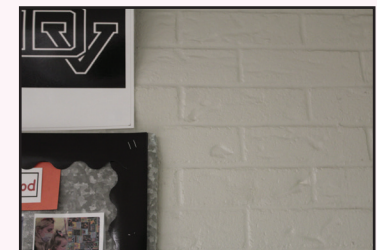
The purpose of creating and selling the stickers is to promote school spirit.

"We hope that students stick responsibly," Mr. Moran said.



## Puzzle Fun

This issue's challenge is to identify where the following four pictures were taken in the high school. Correctly identify all four places, you will receive a prize. Take your guesses to Mrs. Lordi in D4. Last issue's winner was junior Maya Jean-Francois.



Compiled by Nicki Musselwhite

# Opinions

## Issues of double standards need to be brought to light

BY MADDIE GIFFORD  
*Staff Writer*

Double standards are a common thing that high schoolers of both genders experience and they are not talked about or noticed enough.

Suppose a girl wears a plain tank top on a hot day. She is more than likely going to get in trouble for showing too much skin, but if a guy wears a similar plain tank top to school, there is no problem with it. If a girl cries, she is in touch with her feelings, and others are supposed to feel bad, but if a guy cries, he is weak or acting like a baby. Everyday double standards are normalized and everyone is influenced by these unrealistic standards.

The majority of people think that girls are judged more than guys but that is exactly what a double standard is. A common issue that affects girls in this generation is body image, and while there is awareness towards this issue, people don't think about this enough for guys.

Girls have to worry about how their makeup looks, what they look like in their outfit and if they look as good as other girls. Guys also deal with this body image

issue. Guys worry about being too short, not being muscular enough, not wearing specific things to avoid being made fun of and being too skinny for the unrealistic standards. These double standards are showing how only girls are acknowledged for this, and guys' feelings about body image are pushed aside.

Whether it's at work, school or at home, double standards are present. An example is parents not letting their daughters date because they feel that they should not be dating at a young age, but at the same time, parents encourage their sons to date at that same young age.

Everyone is taught to try to ignore double standards and act like they don't exist, but they are hard to ignore when they are all around. Double standards are normalized in today's society, and this could be changed by focusing more on treating everyone the same and applying the same rules to everyone.

All people are judged harshly, double standards for both guys and girls should be acknowledged more.

### OUR OPINION

## Synthetic media provides forms of entertainment, scamming

Over the 21st century, technology has made drastic advancements that have shown much promise in the future such as self-driving cars and holograms. However, some other innovations have been more ambiguous in their reception. One of such inventions is synthetic media, any internet product that has been digitally altered to present an artificial persona.

Simply put, this technology can take pictures or audio recordings of someone and allow users to manipulate how they look or what they say. This process involves feeding mass amounts of original sources into an artificial neural network that analyzes patterns in the face or inflections in the voice. Using this data, the network creates a new fake persona to however the user desires by reconstructing these patterns.

If used for non-harmful purposes, this can be a great source of fun. From making American presidents play the hit game Minecraft to making Ben Shapiro sing "Barbie Girl," the world is your oyster. Even if this sort of content isn't appealing to some, there is another benefit of personalization in virtual services that may have them consider implementing this technology into their lives. Who wouldn't want the voice of their favorite celebrity in place of the monotone Siri? Synthetic media can open so many avenues to interpersonalization which can drastically improve the appeal of internet products.

"AI-generated synthetic media can bring historical figures back to life for a more engaging and interactive classroom," Ashish Jaiman, the product management director of Microsoft, said.

But for every person who supports this development, there are equally as many if not more people who are strongly opposed. Spreading misinformation becomes easier than ever before; people can use synthetic media of credible and respected individuals to create false history or mislead the masses. In addition, most public figures would definitely not approve of being a subject of one, and users being able to take advantage of creating the AI generated content without any regard of consent is immoral, yet there is little legislation at the moment stating the legality of these activities.

"With a quick search of the iOS or Android AppStore, non-technical users can download applications that make a person appear compromised or involved in an inappropriate situation or video," Reality Defender CEO Ben Colman said.

Thankfully, there are ways to spot artificial personas. Airbrushed skin, irregular blinking and unusual intonations are indicators that the piece of media was likely synthesized.

There are too many risks concerning deepfake technology as of right now, but it may be safer to utilize in the future once legal and ethical issues are resolved.

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### Letter Guidelines

The Del.Aware is an administrative reviewed publication of the journalism class of Delaware Valley High School. The Del.Aware will print acceptable letters written by current students which may be edited or condensed for reasons of libel, good taste, grammar and punctuation. **Mail:** Letters to the Opinions Editor, Del. Aware, 252 Route 6 & 209, Milford, PA 18337 **Email:** del.awarenewspaper21@gmail.com



# School News

## Carso publishes first literary work 'A Deal With Death'

BY LUCAS PAULEY  
Editor in Chief

On April 11, sophomore Owen Carso's self-published novella "A Deal With Death" was released and is now available for purchase on Amazon.

Taking over the course of one night in a New York City apartment, the novella follows a grief stricken protagonist who grapples with an urge for revenge and makes a pact with death in the process.

The novella handles serious themes but manages to keep comedic tones throughout its fantasy story.

"I wanted to convey some big themes like revenge, devotion, life and death, but those are heavy themes," Carso said. "I

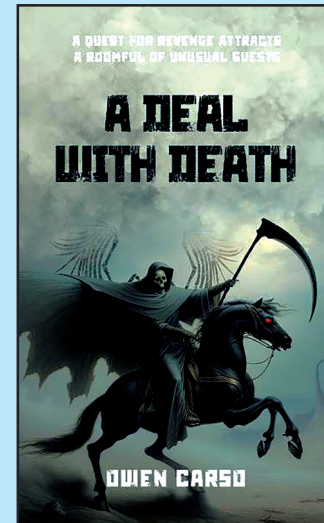


wanted to convey them in a way that was palatable."

Although the novella is Carso's first published work, he has written seven other novels that have not yet been published. These novels have gone on to win awards at the national level of the scholastic writing competitions.

He has won a Scholastic Art & Writing Gold Key, two Silver Keys and two honorable mentions for his literary work. He was also a Scholastic Awards National Medalist in 2021 which put him in the top 1% of submissions in 2021.

"Any time you write anything and show it to people you're putting yourself out there and being vulnerable," Carso said. "So for friends to say this is really good or to win these competitions, it gives me the motivation and the energy to write more."



Contributed Photo

**"A Deal With Death" is available for purchase on Amazon.**

Moving forward, he plans to publish one of his larger novels early this fall next year. In preparation Carso will edit and revise the novel throughout the summer.

"This ["A Deal With Death"] was short. It only took a couple weeks to edit and revise it. It is only one fourth the size of some of my other novels," Carso said.

He feels that starting with a novella as his first published work is a way for people to familiarize themselves with his work before committing to one of his larger novels.

"Before I publish some of my bigger novels, I wanted to start with something short and funny that I think will grow my audience a little," Carso said.

## Teachers spread kindness

BY NICK GELARDI  
News Editor

Although the school year might be coming to an end, motivation has not been lacking for students and teachers to be kind and have fun. Science teacher Mrs. Danielle Giordano and social studies teacher Mr. Tyler Barnett developed their own initiatives that have positively impacted people and quickly spread across the school.

To welcome spring and Easter, Mrs. Giordano created a kindness initiative in which teachers could "egg" other classrooms, inspired by community events where egging people's yards for fun and Rachel's Challenge. Five chosen teachers filled baskets of eggs with prizes inside of them, such as positive messages, pieces of candy, stickers, fruit snacks and erasers.

The teachers who have been "egged" then refilled the eggs with new prizes and then delivered baskets to other classrooms, with the goal being to see how many teachers could be "egged."

"The eggs can bring a smile to someone's face and give them a surprise that they were not expecting," Mrs. Giordano said.

Mr. Barnett used stickers to spread kindness, handing them out to students in his classes and students walking by. This initiative started through Peace Studies, a course that Mr. Barnett teaches, in an effort to understand peace and take the negativity out of some more heavy topics in the class.

Through the Diversity Club, stickers were also spread to other teachers in the school to give to their students, and these stickers were related to the sports, subjects and other interests of those teachers.

Mr. Barnett noted that the students got excited about the stickers, and he has even received emails from parents saying that the stickers made students' days.

"[The initiative] makes the school a better place to be. You never know the impact of something so simple can have on somebody," Mr. Barnett said.

## Former DV student survives Turkey earthquake

BY NICKI MUSSLEWHITE  
Community Co-Editor

On Feb. 6, two earthquakes struck Turkey. Arda Cabaroğlu, a former DV exchange student, who currently lives in Adana, Turkey, was directly affected by this catastrophe.

Science teacher Mrs. Amanda Pope, the science department and the 10th grade class raised money to help those living in Turkey. In total they raised \$573.45. Although Mrs. Pope did not have Arda in class, but she still chose to help.

"His family was directly affected, so we were compelled to support one of our own because he is a part of our own community," Mrs. Pope said. "It is an opportunity for us to bring awareness to

global needs."

On Feb. 6, there were two earthquakes that hit. The first hit around 4:17 a.m. with a magnitude of 7.7. The other, which hit around 1 p.m., reached a magnitude of 7.6. The first earthquake

lasted 75-100 seconds, and the second, although not lasting as long, still caused significant damage.

In total, over 44,000 people were killed and 13 million people were affected by the earthquake.

Arda and his family woke up to heavy rain, in shock and quickly evacuated their house until it was over.

In Arda's city, the earthquake's magnitude reached 6.6 leading to 25 apartments collapsing, where many people were unable to escape.

*"I'm sure it was one of the worst disasters my country has ever had and everything shut down."*

**- Arda Cabaroğlu**

# School News

## 22 FBLA members qualify for Nationals at SLC

BY CASSANDRA JOYCE  
*Sports Co-Editor*

On April 16-19, 57 FBLA members competed at the State Leadership Conference in Hershey, Pennsylvania.

Junior Mackenzie Donald was elected state president, making her the third state president from DV in the chapter's history. Donald's main goals for her tenure as president are to increase networking opportunities, regional and state officer communication and total membership. She will also be serving as president of Region 22.

"Being president is the opportunity of a lifetime and a dream that I have had since freshman year," Donald said. "It means the world to me, and I can't wait to see what PA FBLA has in store for next year."

FBLA adviser Mrs. Audrey Dennis was recognized as outstanding adviser of the year. Senior Haley Troup placed eighth in Who's Who in FBLA, making her a

William Selden Scholarship winner. DV was awarded outstanding chapter and was a gold seal chapter finalist. The chapter placed fourth for total community service hours for 1,336.75 and second in Business Achievement Awards. Sadie Subedi, Haley Troup, Olivia Choi, Kiley Huttman and Amber Scofield were inducted into the National Business Honor Society.

"I am very proud of how our entire chapter performed here at states," Troup said. "From networking to presenting, our members had a variety of opportunities to grow as leaders and learn more about business. Our members definitely made this one of the best state experiences ever."

For the first time ever, the opening and closing ceremonies were held at the Giant Center because of the large increase in membership. Members competed in one of over 70 events and went to a variety of workshops at Hotel Hershey and Hershey Lodge. These workshops gave guidance on topics, such as college admission interviews, hospitality and how to

be a strong leader.

In addition to workshops, there were college admission and career tables set up around the Hershey Lodge to help members plan for their futures. Competitors were able to go to Hershey Park on Sunday before competitions and awards.

Thirty five winners placed in the top 10, and 21 students will move on to Nationals in Atlanta, Georgia. This is the highest number of national qualifiers the DV chapter has ever had.

"I'm extremely proud of this group," FBLA adviser Mr. Jeff Luhrs said. "We moved mountains this week. I'm excited to get back to work and get ready for Nationals."

**22 students have qualified for the National Leadership Conference in Atlanta, Georgia. For the full list of names, scan the QR code.**



**STARTING APRIL 11, THE PRICE OF A PARKING PASS WAS REDUCED FROM \$50 TO \$25.**

## Culinary CTE hits the road



**The culinary arts CTE students traveled to DVES to provide the staff with lunch. They served chicken cacciatore, steak with gravy, fruit platters, roasted potatoes, polenta, asparagus, brussel sprouts and vanilla and chocolate cake. They plan to supply lunch to each school in the future.**

**"The idea behind this initiative is to basically get our program visible to other buildings and allow the staff to experience and promote our DV culinary program," head chef Alex Niosi said.**

**Contributed Photo/Caption by Sophia Ball**

## HOSA students take on States

BY LILY COSENTINO  
*News Co-Editor*

From March 29 - March 31, 16 HOSA students attended the annual PENN-HOSA state leadership conference at the Valley Forge Convention center in King of Prussia, Pennsylvania. Students who were not only in the HOSA CTE attended, but also other students who had a passion or interest in being in the healthcare field were provided an opportunity to attend and collaborate with other students. Despite the time put into preparing, no students moved on to the national competition.

"It was great exposure for our club to see how other schools operate their clubs. I had a great time meeting other people who had the same career interest as I did and the fanny packs were cute. #HOSA4L," junior Hannah Lowe said.

This conference is a chance for many future healthcare professionals to come together and collaborate. The goal of the

leadership conference was for students to perform in a range of educational and social learning activities. These activities included competitive events where the students performed presentations and competed for a spot in the national competition. The conference consisted of educational symposia, which consisted of several leadership and career development workshops, which occurred throughout the conference. There were also many exhibits including allied health companies, colleges, health care organizations and fundraising companies.

There were three special activities where all state voting delegates were in attendance. Many of the students who attended put plenty of time and effort into preparing their presentations.

"I learned a lot about the medical field and how to get creative through my event [health career display], increase my presentation skills and work as a team," Junior Jessie Dijan said.



# Community News

## Ms. Salak participates in local black bear study

By KAT QUINN

*Community News Editor*

On March 9, science teacher Ms. Bernadine Salak had an opportunity to take part in a black bear den study, an annual event that is not normally open to the public. She joined a group of game wardens along with a wildlife biologist in Promised Land State Park.

"This year, they were only doing about eight studies in the entire state," Ms. Salak said. "I was very fortunate to be able to attend this one."

The objective of the study is to check on the general condition and reproductive health of the black bears in Pennsylvania. This



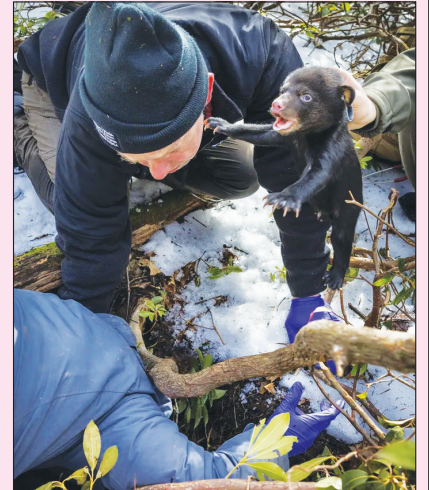
*Contributed Photo*

**The members of the group keep the bear cubs warm while they are away from their mother.**

particular location was checking up on a 225 pound bear who recently had her first four cubs. They tranquilized her so they can safely examine her. She was found to be healthy, despite some challenging drought conditions.

Although the main goal is to check up on the sow (the mother bear), the cubs also receive a check up. The group got hair and blood samples from each cub, recorded their weight and gave each an ear tag. Ms. Salak, along with others, were put in charge of keeping the five pound bear cubs warm and comfortable while they were away from their mother.

Ms. Salak brought back interesting information and insight that she was able to share with her classes.



*Contributed Photo*

**The group returns the cubs back to the den with their mother.**

## Gresham's Chop House offers nice selection of food

By MADDIE GIFFORD

*Staff Writer*

Located at Gresham's LakeView Motel on 2495 US-6 in Hawley, Gresham's Chop House is an eatery that serves seafood, Italian dishes and American dishes that are more on the pricey side.



*Maddie Gifford/Del.Aware*

**Gresham's chicken-cheesesteak served with french fries is a different spin on the Philly cheesesteak and is a delicious option.**

Gresham's offers a large selection of soft drinks, seltzers, mixed drinks, fruit drinks and multiple coffee drinks. They serve Italian bread and olive oil or butter as an appetizer. I ordered a chicken cheesesteak with American Cheese on a fresh hoagie roll served with french fries.

Gresham's is the perfect place to go after a day on the lake with their take-out option or even a nice place to just go out and dine. Gresham's is closed on Sundays and Mondays and are open Tuesdays through Thursdays from 4 p.m.-9 p.m. On Fridays and Saturdays, they are open from 4 p.m.-10 p.m. They have a view of Lake Wallenpaupack and offer live entertainment every Friday from 5 p.m.-8 p.m.

Gresham's is a classy restaurant. There is a main dining room, outdoor seating on the deck, a bar and an outdoor tiki-like bar on another deck.

## Milford shows support for Autism Awareness month

**On April 2, the autism bows were hung in Milford to carry out the tradition of hanging the bows on the trees in town. Students had the opportunity to use this to get volunteer hours and to show their support for this cause. This tradition was started by a few mothers who wanted to bring awareness of autism to the local community.**



*Caption by Lily Cosentino/ Contributed Photo*





## Willow Project is a betrayal of Biden's promises

By KAYLEE KURCON  
Opinions Co-Editor

During the Democratic presidential debates of 2020, President Joe Biden vowed for a complete ban on oil drilling on federal land. His recent approval of the Willow Project shows an inconsistency in his environmental promises.

Ultimately, President Biden seems to be on the realist side of things, doing whatever it takes to win the next election. This project has been acknowledged as a way to bring down gas prices in the future, which has been a major controversy throughout his presidency.

Undoubtedly, the Willow Project will increase domestic energy production, but at what cost? The most prominent issue surrounding this project is the pollution it will emit. Evidence shows that the project will release over 278 million tonnes of greenhouse gallons within the next 30 years.

While some argue that this amount of pollution is going to be released over such a long timespan and the consequences will not be immediate, that does not take away from the fact that it will have irreversible and devastating effects.

In a world dealing with climate change, it is inevitable to question why the leader of a country would want to pass a project that will only speed up the process of destroying the Earth. President Biden even declared during a speech, "I will do everything in my power to clean our air and water, protect our people's health to win the clean energy future."

This approval completely contradicts his vows to save our future. It is not only our future as humans we are taking into account with this project, we are also discussing the lives of animals.

The reserve where the project will be located is home to many species listed under the Endangered Species Act. Not only does the passing of this project reflect a careless attitude towards future generations who will have to deal with the repercussions of it, but it also reflects carelessness to the wildlife of Alaska.

The Willow Project will kill animals, destroy their habitats and diminish hope for any sort of biodiverse future.

President Biden made a pledge to us as a country- to cut climate pollution in half by 2030. Approving this project makes this goal unattainable and weakens America's leadership on climate problems.

This approval is a tragic mistake that will have irrevocable consequences for not only the United States but also the world as a whole.

## The Willow

By NICKI MUSSELWHITE  
Opinions Co-Editor

The Biden administration approved an eight billion dollar Willow Project is an oil drilling project taking place on the company that has been drilling oil in Alaska since 2000. Co

Over the past couple of months, this topic has been heard in groups say that the drilling could potentially lead to global warming. The drilling project lessens the country's reliance on foreign oil. Construction for the next 30 years.



Source: thewashingtonpost

Climate activists protest against the Willow Project in front of the U.S. Department of Interior on Nov. 17, 2022.



Demonstrators gathered in front of the White House on Feb. 2, 2022, protesting the soon approved Willow Project.



Source: Newsweek

Shortly after President Joe Biden approved the Willow Oil Project, 50 protesters gathered outside of the White House to demand change. Activist groups like the Alaska Wilderness League and the Sierra Club immediately sued after Willow's approval. Petitions on Change.org have received millions of signatures due to social media promotion and the hashtag #StopWillow.

Compiled by Hazel Buro

The aim is to raise 180,000 signatures in a 30-day period of the petition. The project is...



# Willow Project

The massive Alaskan Willow project on March 13. The ConocoPhillips Northern Slope of Alaska. ConocoPhillips is an energy-based company that plans on producing 180,000 barrels of oil a day. The project is starting within the next year and will be under



Source: ABC12

er in front of the  
s. 28, 2023, to reject  
oil by President Joe



Source: CNN

Nutaag Simmonds, a resident of the Alaskan North Slope, traveled thousands of miles to speak in front of the White House.

Compiled by Nicole Steinberg

## Our climate may soon pose a threat to next generation

By SHAUN RYAN

Entertainment Editor

The current climate crisis is one of the more pressing issues humanity faces today. Climate change, also referred to as global warming, is caused by the accumulation of greenhouse gasses in the atmosphere. These gasses, primary carbon dioxide, trap heat in the atmosphere causing global temperatures to rise.

The effects of global warming are demonstrated through increased severe weather events, rising ocean levels and ecological disruption. These rising sea levels are a threat to coastal cities and islands, and the people on them. Heat waves and water shortages are more prevalent, which leads to crop failure and food shortage.

Biodiversity and wildlife are two of the most affected groups. The increase in global temperatures are driving certain species of plants and animals into extinction.

The primary cause of climate change is the use of fossil fuels that emit greenhouse gasses. Many human activities, including agriculture and deforestation, also contribute. Less wildlife and plants means less oxygen being put into the atmosphere, causing a net gain for carbon emissions. The overuse of land for the purpose of livestock, also known as overgrazing, is the main culprit of this problem.

Energy company ConocoPhillips recently announced a massive oil drilling project approved by the Biden administration. The project, named the Willow Project, involves an oil rig being built on Alaska's north slope.

This project has sparked large amounts of controversy since its announcement. Over three million signatures protesting the drilling have been collected on Change.org.

The goal of this project is to relieve the current oil deficit that is harming the global economy, as well as create jobs for American workers. The main concern is, if completed, the Willow Project will pump 9.2 metric tons of carbon pollution into the atmosphere each year.

Urgent action needs to be taken in order to revert the climate back to stable levels. This includes government action and reducing greenhouse gas emissions by investing in a renewable energy source.

**[Oil drilling] is responsible for 38% of all methane emissions in the United States or 3.8% of all greenhouse gasses.**

**The Willow Project area holds an estimated 600 million barrels of oil, or more than the amount currently held in the U.S. Strategic Petroleum Reserve, the country's emergency supply.**

**ConocoPhillips has said the project would deliver up to \$17 billion in revenue for federal and state governments and local Alaska communities.**

**The 30-year scheme is to produce up to 180,000 barrels of oil a day — about 1.5 percent of total U.S. oil production. The Willow is currently the largest proposed oil project on U.S. public land.**





# World News

## Protests break out after Nashville school shooting

BY NICOLE STEINBERG  
Managing Editor

The Covenant School, a private school in the Green Hills neighborhood of Nashville, Tennessee, was attacked by an armed assailant, killing three children and three staff members.

On March 27, at 10:13 a.m., Audrey E. Hale, a former student of the Covenant School, parked her car at the school. She then continued to fire her weapon through two sets of doors, shattering several panes of glass.

Just 14 minutes later, police arrived at the scene and killed the 28-year-old Hale.

Hallie Scruggs, Evelyn Dieckhaus and William Kinney; all nine-years-old; Mike Hill, 61, a school custodian; Cynthia Peak, 61, a substitute teacher; and Katherine Kooce, 60, the head of the school, were all killed in the attack.

Police told CNN that there had been a total of 152 rounds shot off by Hale. She had drawn out a diagram of the school, and left her plans in her car. According

to the police on scene, Hale had been planning the attack for months and had been studying other mass murderers.

On April 3, protests began at the State Capitol Building in Nashville. Many people in attendance were students from Nashville-area schools who walked out of classes earlier that day.

As thousands of students and community members swarmed the Capitol, Governor Bill Lee held a state press conference on the possibility of proposals to help funding for mental health and school officer resources at the school.

During his address,

Lee left out the most prominent thing on people's minds; restricting gun laws. Lee made a statement saying that he believed that people who are a threat to themselves should not have weapons.

"We all agree that we should all find something we should agree upon," Lee said. "I think we can do that, and I think we should do that."

Police have stated that Hale had an "undisclosed emotional disorder." They also state that Hale was not on their radar before the shooting occurred.



Source: reuters

The memorial for the lives lost sits outside of the entrance to the Covenant School in Nashville, Tennessee, on March 28.

## Legal action to be pursued against 'serial' sperm donor

BY JAMES ZAYATZ  
World News Editor

As of April 2023, the Dutch Donorkind Foundation is pursuing a lawsuit against a man notorious among European sperm banks for his now dangerous amount of contributions.

Jonathan Jacob Meijer is a 41-year-old musician from The Hague, Netherlands. According to various news outlets, including Insider, New York Post, Vice and more, he has allegedly fathered an estimated 550 children. The foundation is taking legal action with the goal of stopping Meijer from donating any more for fear of increasing the risk of accidental incest.

Dutch law permits donors to father a maximum of 25 children.

This limit is in place to reduce the risk of unintended consequences for the children. Meijer's donations greatly exceed the limits stated by law and to reach these numbers, he is accused of having lied on multiple occasions to both parents and cryobanks.

According to the Daily Mail, in 2017, the Dutch Society of Obstetrics and Gynecology stated he had fathered 102 children through 10 Netherlands-based banks, thus resulting in him being blacklisted at the time. Multiple mothers who have received donations from Meijer have condemned his actions, one stating the potential consequences for her child make her "sick to her stomach."



## Donald Trump arrested, charged with felony

BY SHAUN RYAN  
Entertainment Editor

On March 30, former president Donald J. Trump was placed under arrest. He is the first United States president to be charged with criminal activity. Trump is currently charged with 34 counts of falsifying business records to which he pleads not guilty.

A 13-page "statement of facts" detailed how Trump allegedly committed these crimes in support of his election. The former president denies any allegations of wrongdoing.

According to the charges, Trump "repeatedly and fraudulently falsified New York business records to conceal criminal conduct that hid damaging information from the voting public during the 2016 presidential election."

Prosecutors claim he was part of an illegal plan to suppress information that may damage his reputation, including an

\$130,000 bribe.

After the hearing, Trump returned to his resort in Florida where he held an event for his supporters. During the event, the former president commented on his felony charges.

"I never thought anything like this could happen in America, never thought it could happen," Trump said. "The only crime that I have committed is to fearlessly defend our nation from those who seek to destroy it."

The next hearing will be held on Dec. 4, and the trial will be held as early as January. All media presence has been denied for the duration of these legal proceedings.

Trump also faces a \$250 million lawsuit from Attorney General Letitia James. James accuses Trump of fraudulent activity in his real estate practices.

Trump appeared in a Manhattan court on April 13 and claims the charges are "another unjust and ridiculous persecution of the 45th president of the United States."



# Arts & Literature

## Spotlight Artist: Alayna Conklin

By LUCAS PAULEY  
Editor in Chief

For many people, the image of charcoal is one associated with an old, rusty grill manned by an over-confident relative ready to serve you their blackened culinary masterpiece. But for senior Alayna Conklin, charcoal, her favorite medium, creates more than just hot coals.

"I like the way it forms on paper. You can just basically throw it and make something," Alayna said.

Alayna began experimenting with charcoal two years ago, but she has started to use it more this year. Some of her other favorite mediums include graphite and oil pastels.

"Alayna's curiosity as an artist drives her style. She continues to experiment with unconventional tools and techniques to create

her work," art teacher Mrs. Tricia Kaylor said. "She transfers her emotions right to the canvas and doesn't hold back."

One of her earliest memories involving art was when she was chosen to paint ceiling tiles at her middle school, creating one with a cartoon snake and another with a tree.

"I like to draw animals a lot, but now I'm

starting to get into people's faces," Alayna said.

She has taken both drawing and ceramics courses, 3D Design, General Art, Painting 1, and AP Studio Art.

Alayna credits retired art teacher Mrs. Christine Sweeney as one of her greatest inspirations.

"She always pushed me past my limit and always made me feel comfortable doing a lot," Alayna said.



Lucas Pauley/Del.Aware

**This piece symbolizes wanting to break free but being unable to.**

## ANNUAL ART SHOW AND PRODUCTION

### OF THE "MAMMA MIA" MUSICAL

**When:** April 28 at 7:00 p.m.,  
April 29 at 7:00 p.m. and  
April 30 at 2:00 p.m.

**Where:** High school  
auditorium for the play;  
M-pod for the art show

## Spotlight Writer: Bianca Zaucha

By HAILEY KELLY  
Arts & Lit Editor

Junior Bianca Zaucha was recognized for her exceptional writing skills and her creative writing style in her Effective Writing class with English teacher Mr. Bryan Pol.

"She has one of these personalities which is very vibrant, unique and she shows great class work participation," Mr. Pol said.

An inspiration for her writing are her emotions which have a strong connection to how she writes and why she writes.

Bianca's writing has matured over the years because she used to get her assignments out of the way with no effort.

"Yeah I think [I've always been a strong writer], I also struggled in the math and science department so I've

always been prouder in my writing," she said.

She likes to write anything that she feels at the time, writing both nonfiction and fiction. Bianca writes to channel her emotions and, if given the opportunity, would love to be a writer in the future.

"Bianca has become more confident, concise and creative. She has grown [as a writer]," Mr. Pol said.

Her favorite essay that she has written is a reflective narrative about her father's recovery from his alcohol addiction and how this process had affected her.

"She has a unique quality that shows her writing," Mr. Pol said, "She is very open and fun, while allowing herself to be vulnerable. I hope to have her again in the future."

- Mr. Bryan Pol

*"She has a unique quality that shows her writing. She is very open and has fun, while allowing herself to be vulnerable."*

## Spotlight Musician: Charlie McClain

By KAYLEE KURCON  
Opinions Co-Editor

As a multi-instrumentalist, junior Charlie McClain has been playing music since a young age. His elementary school music teacher pushed and inspired him to pick up an instrument, and he has not looked back since.

Starting out on the violin, Charlie joined his elementary orchestra in fourth grade. He switched instruments, focusing on the clarinet for the next few years of his musical career.

Charlie now also plays the flute, the piccolo and the mallets. In addition to taking Music Theory, He has played in the concert band every year of high school.

He also plays in the marching band and pit band. Aside from music, Charlie also participates in FCCLA, soccer

and track.

This year, Charlie made state band and will be going out to play with others from the state.

"I enjoy the community aspect of playing," Charlie said.

He enjoys competing for Districts and States because it allows him to meet people with the same drive and passion he has for playing.

He recognizes his musical teachers for his success and inspiration.

"I'd give credit to Mrs. Craver, Mr. Bullock and Ms. Flack for pushing me to be as great as I am now," Charlie said.

Although he has no plans on pursuing a career in music, he plans on finding a band wherever he attends college. He hopes to major in fashion but still find the time to play music on the side.



# Entertainment

## 'Murder Mystery' sequel fails to create mystery, suspense

BY AIDAN MCBRIDE

Sports Editor

'Murder Mystery 2' was released on Netflix on March 31. The two main characters are Nick Spitz, who is played by Adam Sandler, and Audrey Spitz, who is played by Jennifer Aniston. Although this movie is listed as an action-comedy, it lacks both of those features since the plot and character development was bland, and the jokes did not quite hit as hard as expected.

Typically when Sandler is a main character of a movie, it is expected to be filled with funny and clever jokes. For example, many of his comedy-related films, such as 'Happy Gilmore' and 'Grown Ups', are known for their hysterical and sometimes inappropriate (in terms of jokes) scenes, but in this movie, it seems like there was a struggle to write funny lines. Most of the humorous energy occurred towards the end of the

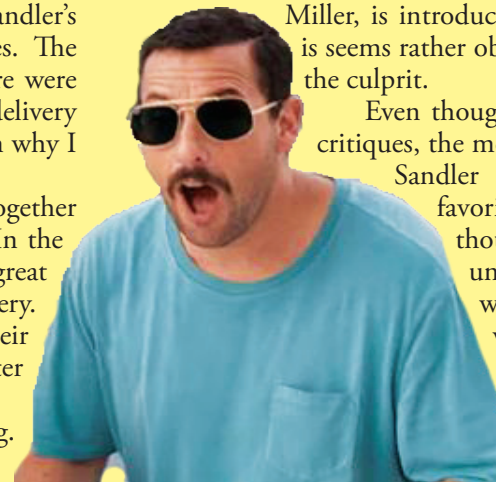
movie, and it leaves viewers wondering why this kind of energy was not displayed throughout the entire film.

The acting itself was not bad by any means since the combination of Aniston's and Sandler's personalities are enjoyable to watch at times. The clash of these two actors is partially why there were funny moments in this movie since their delivery and execution of comedic lines were the reason why I laughed at some of them.

The plot consists of a couple who work together to solve murder cases, hence the movie title. In the first movie, the Spitzs are known for their great work in successfully solving a murder mystery. In the second movie, the two are failing at their occupation, and they take a trip to Paris after their friend is kidnapped.

Finding out the kidnapper was not thrilling. There was not much character development

when it came to the suspects, so instead of not knowing who kidnapped the Spitz's friend due to the lack of characterization, it feels like it is up in the air for most of the movie until Mark Strong, who plays Miller, is introduced, and from there it seems rather obvious that Miller is the culprit.



Even though there were many critiques, the movie was watchable.

Sandler is one of my favorite actors, so even though the film was underwhelming, it was not a tortuous watch. If there was one word to describe the movie, it would be mediocre.

## Carlile drops album 'In These Silent Days'

BY HAILEY KELLY

Arts & Lit Editor

Brandi Carlile's album "In These Silent Days" came out Oct. 1, 2021. This is the first album she has released in three years. This album is a country-fusion genre and includes 10 songs. The total length of all 10 songs is 38

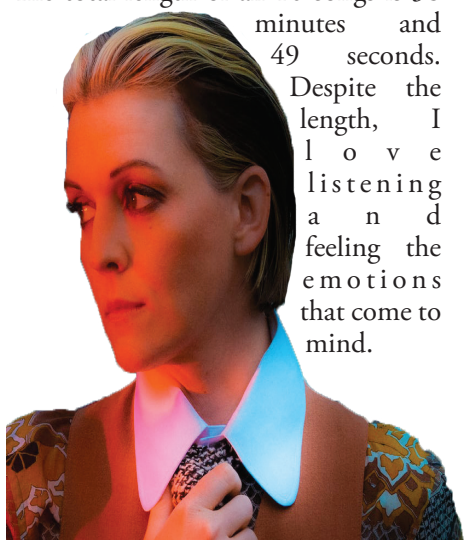
minutes and 49 seconds.

Despite the length, I love listening and feeling the emotions that come to mind.

While Carlile's album "By the Way, I Forgive You" is about the idea of forgiveness for her transgressors, 'In These Silent Days' is more about seeking forgiveness. Her song "Mama Werewolf" compares herself to a werewolf that needs a silver bullet to stop her when her toxic traits come out.

Carlile's most famous song in the album is "Broken Horses." The chorus is quite powerful and the instrumental is strong and caught my attention. I can see why that song is a fan favorite. I also like the second song in the album "You and Me On The Rock." It shows passion and love while showing that people don't need money or a fancy house to be happy. You can find it just being with each other.

I have always enjoyed Carlile's music, and this album shows the anger, pain and Carlile's personal philosophy: the beauty in the brokenness.



## Selena Gomez, Hailey Bieber spark social media feud

BY TIFFANY GONZALEZ

Opinions Editor

Throughout social media there can be tension between people, but when the heat starts coming from two notable celebrities like Selena Gomez and Hailey Bieber, everyone starts to tune in.

Recently the two female celebrities seem to have created some conflict just by one post Gomez had made of an eyebrow lamination gone wrong. Three hours after Gomez's post, Bieber and Kylie Jenner shared a screenshot of Bieber's eyebrows that was taken during a facetime call.

As the drama continued, Gomez decided to start a TikTok

LIVE and said, "I'm going to be taking a second from social media, because this is a little silly. I'm 30, I'm too old for this."

As everyone assumed that the two always had problems, the Gomez fans did not seem to hold back.

On March 23, Gomez made a post stating that Bieber was receiving death threats. She stated that this is not what she stands for and it needs to stop. In response, Bieber made a post thanking Gomez for speaking out and that all of the posts were taken out of context. She stated that she will be more mindful of what she posts in the future.



Source: twitter

**Selena Gomez is the first woman to reach 400 million followers on Instagram, as well as the most followed woman on the platform.**



# Science & Technology

## What's in your food?: DiGiorno Pizza

By JAMES ZAYATZ  
World News Editor

Of all the frozen foods, few compare to the popularity of frozen pizza. More specifically, the DiGiorno frozen pizza, a brand many Americans have come to love. According to statista.com, Nestle's DiGiorno brand accumulated \$295.43 million in 2022 alone. In particular, the sausage and pepperoni pizza is one of their most popular products, opening it up for more criticism from nutrition experts.

In total, a sausage and pepperoni DiGiorno contains approximately 350 calories per serving, with those calories consisting of 36% fats, 44% carbohydrates and 20% proteins. The ingredient list on the back of the pizza's box names its enriched wheat flour as the main ingredient. This enrichment is where the bulk of unfamiliar ingredient names are, including: niacin, thiamine mononitrate, riboflavin and folic

acid. The majority of other artificial ingredients are variations of sodium or acids.

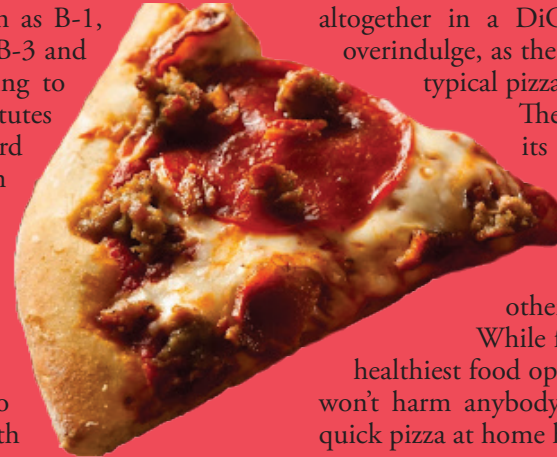
Thiamine is also known as B-1, riboflavin as B-2, niacin as B-3 and folic acid as B-12. According to both the National Institutes of Health and Harvard University, the B-vitamin group helps to convert carbohydrates, fats and proteins into energizing nutrients and oxygen for the body. Folic acid also happens to be beneficial during pregnancy, helping to prevent miscarriages and birth defects when taken.

The biggest health concern with DiGiorno rests in the sodium intake per

serving, totalling approximately 38% of the daily recommended intake. There are six slices, six servings altogether in a DiGiorno pie, making it easy to overindulge, as the pies are noticeably smaller than typical pizza.

The DiGiorno brand takes pride in its use of real mozzarella cheese in combination with a signature tomato sauce containing tomatoes, water, salt, sugar, garlic powder and many other spices.

While frozen pizza in general is not the healthiest food option, a DiGiorno here and there won't harm anybody, and the novelty of making a quick pizza at home hardly gets old.



## FDA approves lab-grown chicken, hitting U.S. soon

By NICK GELARDI  
News Editor

On March 21, GOOD Meat, the developer of a "cultured chicken cell material," was cleared by the Federal Food and Drug Administration (FDA) as safe for human consumption. Their chicken product previously received approval in Singapore in 2020 and has even been available for purchase in that country.

Eat Just, Good Meat's parent company, said that after the United States Department of Agriculture (USDA) signs off on its product, chef and humanitarian José Andrés will begin serving the product in his Washington D.C. restaurant. According to Good Meat, seventy percent of Singaporeans who tried their cultivated

chicken said that it tasted as good or better than conventional chicken.

This cultivated chicken is created from a small sample of animal cells that are grown in steel vats before being processed into cuts of meat. Good Meat advertises the product as a humane way to eat meat, as no animal needs to be killed in order to create the chicken. Supporters of the product hope that products like the lab-grown chicken can even help climate change by reducing the need for the emission of greenhouse gasses usually used in animal agriculture.

"The future of our planet depends on how we feed ourselves. We have a responsibility to look beyond the horizon for smarter, sustainable ways to eat," Andrés said in a press release.



Source: eat just/reuters

**This takeout meal is currently being served in Singapore by Good Meat, the second cultivated meat company to receive FDA clearance.**

## App Review: Chat AI

By MICHAEL HELT  
Science and Technology Co-Editor

Recently, artificial intelligence (AI) has seen many revolutionary advancements, including the abilities to create artwork and mimic voices.

Because of the widespread interest in AI, several apps have recently sprung up advertising AI chatbots. One such app is Chat AI. Chat AI is one of several apps providing services from AI chatbots, like proofreading and problem solving.

Upon opening the app, the user is shown an advertisement for the unlimited subscription, which is available for a whopping \$200, and offers infinite responses, up to 2,000-word answers and increased prompt

processing speeds. While the app does offer a limited-time sale, making an account with OpenAI provides the same benefits, for free.

The free-to-use features include a measly five daily responses, up to 400-word responses and slower processing times.

The unlimited subscription also grants the user access to the "AI marketplace," where they can chat with topic-specific chatbots, like artificial sports commentators and doctors.

While the unlimited subscription offers some interesting features, like the topic-specific chatbots, the price tag is too high. Because of the unnecessarily high price, and the limited free-to-use features, I'd rate the app a 2 out of 5.



Source: pixabay

**Chat AI advertises that their product is designed with the help of OpenAI's ChatGPT chat bot.**



# Sports

## Unified track, field team competes in first ever meet

BY AIDAN McBRIDE

Sports Editor

On April 14, DV hosted a track meet between three unified track teams. This is the first year DV is participating in this sport, and the team consists of six special needs students and six student partners. The athletes competed in several events, and the team finished in second place.

The team is made up of Gabe Peruso, Ethan Gallo, Michael McKeeby, Nikos Burks, Lin Sophia Zapato, Nehemiah Gilmore and seniors Amber Scofield, Dom Lazzaro, Brandon McElhaney, Aidan McBride and juniors Cole Miller and Sadie Fuchs.

"I would like to give a lot of credit to Mrs. Linnette Saturno and Mrs. Erika Adames, the coaches. They are amazing," supervisor of secondary special education Mrs. Diana Bixby said.

DV competed against Wallenpaupack and East Stroudsburg North. Wallenpaupack finished in first place, and East Stroudsburg North placed third. Athletes competed in the 100-meter dash, 400-meter dash, 800-meter dash, 4x100 meter relay, 4x400 meter relay, mini javelin throw, shot put and long jump.

"Our athletes went all out [in the

meet]," coach Adames said. "I'm proud of everyone showing up and willing to give it their all."

Throughout the first few weeks of practices and the first meet, coach Saturno enjoyed the skills that were being developed and improved by the athletes and their partners.

"I am inspired each and every day by our school's athletes and their partners," coach Saturno said. "I am honored to have had the chance to watch our partners develop their leadership skills and take part in authentic and genuine relationships with our own athletes with disabilities."

The Special Olympics has been around for 14 years in the district, but for DV, the unified track and field team associated with the Special Olympics is new.

"I can only hope that our team continues to grow, that we gain more teammates each season, and we continue to learn and play united together," coach Saturno said. "We also hope to bring other unified sports to Delaware Valley including soccer and bocce."

The relay teams will be running at the Special Olympics, which takes place on May 31.



Photos by Nicki Musselwhite

## Boys, girls track win Ice Breakers

### Boys Track Results:

**Mid Valley: 86**

**North Pocono: 64**

**Delaware Valley: 60**

110 Hurdles: Charlie McClain (2nd)  
300 Hurdles: Charlie McClain (5th)  
Shot Put: Justin Hernandez, Pasquale Venetucci (2nd)  
Discus Throw: Justin Hernandez, Tyler Bird (6th)  
Javelin Throw: Tyler Bird, Justin Hernandez (3rd)  
Long Jump: Jayden Ramirez, Ryder Machado (2nd)  
High Jump: Ryder Machado, Jayden Ramirez (2nd)



4 x 100 M Relay: Ryder Machado, Landon Machado, Henry Goginsky and Armand Ruest (1st)  
4 x 400 M Relay: Henry Goginsky, Scott Holderith, Armand Ruest and David Choi (4th)

### Girls Track Results:

**Wallenpaupack: 59**

**Delaware Valley: 59**

**Abington Heights: 55.5**

100 Hurdles: Emma Simmons, Samantha Shewack and Katharine Quinn (1st)  
300 Hurdles: Emma Simmons, Samantha Shewack and Katharine Quinn (4th)  
Shot Put: Maddie Gecik,

Rainna Carr (1st)  
Discus Throw: Maddie Gecik, Caterina Catezone (3rd)  
Long Jump: Nicole Musselwhite (3rd), Fiona Ring (6th)  
Triple Jump: Fiona Ring, Nicole Musselwhite (2nd)  
High Jump: Nicole Musselwhite, Katharine Quinn (6th)  
Pole Vault: Fiona Ring, Liliana Coe (2nd)  
4 X 100 Meter Relay: Alivia Weider, Teizu Jones, Catherine Ficken and Liliana Coe (6th)  
4 X 800 Meter Relay: Anna Vogel, Kim Smyser, Juliet Fitzpatrick and Ryan O'Connor (4th)

## Track and Field

Henry Goginsky, JUNIOR

"Henry has emerged as one of our top sprinters and one of the best in the league."  
- Head coach Nick Quaglia



Maddie Gecik, SENIOR



"Maddie has a chance of being on the medal stand in multiple events at the end of the season."  
- Head coach Nick Quaglia

Compiled by Michael Helt



# Sports

## DV surges past Wallenpaupack 6-1

By **BOBBY RUSSO**  
*Staff Writer*

On April 11, the baseball team defeated their rivals, Wallenpaupack, 6-1.

The Warriors had solid pitching that day out of sophomore Isaiah Berrios, freshman Drew Wallace and junior Keaton Phillips. The pitching held the Buckhorns' offense to one run on seven hits.

After the fourth inning, the Warriors' offense came alive, scoring two runs in the fifth and four runs in the sixth. Senior Tyee Irving led the way for the team, going 1 for 2 with three RBIs, along with

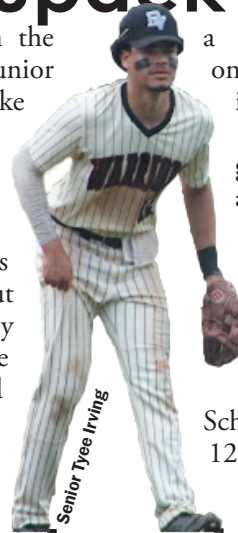
a key bases-clearing double late in the game to pull the Warriors ahead. Junior Everett Bell went 2 for 3, junior Luke Kraszewski went 2 for 4 and senior Aidan Hyams went 1 for 2 with one run.

Berrios pitched a well put-together game for the Warriors as he pitched five innings, striking out three, giving up six hits and only surrendering one earned run. Wallace followed Berrios, pitching one-third of an inning of scoreless baseball with a strikeout, and Phillips closed out the game for the Warriors with

a scoreless outing, pitching one and two-thirds innings, including a strikeout.

"[They are] an exciting group because they play with a lot of energy. They learn on the fly, and will see good things happen this season," head coach Sean Giblin said.

The Warriors will play next at Parkland High School tomorrow morning at 12 p.m.



Senior Tyee Irving

## Boys tennis team goes 1-1 in two days

By **AIDAN MCBRIDE**  
*Sports Editor*

On April 13, the boys tennis team lost 5-0 at home to Holy Cross, but they bounced back, once again playing at home and winning 3-2 against North Pocono. Their record is currently 8-2 as of April 20.

In the match against Holy Cross, senior Wil Salus and junior Alex Corcoran both lost in close three-set matches.

In the match against North Pocono, several players had key roles in the victory. Salus won at No. 3 singles, and junior Ty Bates and sophomore Owen Carso won at



Aidan McBride/Del.Aware

**Junior Michael Richards warms up for his singles match against Holy Cross.**

No. 2 doubles. According to head coach Kevin Quinn, junior Christian Perunsky and sophomore Alex Mullen pulled through to secure a win for the Warriors.

"Mullen and Perunsky won the team match for us when we were tied 2-2 and all eyes were on them," coach Quinn said. "They came up clutch and delivered the victory."

Their successful season has come from focusing on the small things in matches, and team members pushing each other at practice.

"We pride ourselves on our depth, and [we] challenge each other at each practice," coach Quinn said.

## Softball defeats Scranton for first win

By **CASSANDRA JOYCE**  
*Sports Co-Editor*

On April 12, the softball team beat Scranton 13-3. The Warriors are now 1-6.

Sophomore Lauren Donnelly pitched a complete game with five strikeouts, giving up only one earned run. According to head coach Frank Jordan, the defense played strong behind her, led by freshman Jordan Dickerson.

Offensively, senior Emily Henn led the team in hits going 3 for 4. Henn also had two RBIs. Sophomore Ashlynn McCardle

led the team in RBIs with four. Dickerson went 1 for 3 with two RBIs and two runs scored. Sophomore Dakota Jordan had two RBIs, going 1 for 1. Sophomore Shannon Eby went 2 for 3 from the plate, driving in one run. Junior Baylee Lock added two hits as well. Eight of the Warriors' 13 runs were scored in the 5th inning, ending the game early in a mercy rule.

"It was a great team

effort with timely hitting," coach Jordan said.

Key contributors for the Warriors this season have been Dickerson, McCardle and Henn. Henn is a 1st team All-State player who has been a leader for the Warriors. McCardle and Dickerson have been very strong offensively and defensively respectively.

"The team works hard almost everyday to improve," coach Jordan said. "There are a lot of young and inexperienced players, so we know there will be mistakes. We work hard to continue to improve as a team."



Senior Emily Henn

## Spotlight Athletes Baseball



Aidan Hyams, SENIOR

**"He is a leader for us, a steady player and an intense player."**  
- Assistant coach Jim Donnelly

## Tennis



Wil Salus, SENIOR

**"Wil is 8-1 on the year and that is only part of what he brings to the team as captain. He leads by example at all times and with his voice only when he needs to."**

- Head coach Kevin Quinn

## Softball



Emily Henn, SENIOR

**"She is a leader and the hardest worker. Her experience, aggressiveness and knowledge of the game makes her stand out."**

- Head coach Frank Jordan

# Sports

## Volleyball team starts season strong

*The team defeated Berwick 3-0 and remain undefeated.*

BY KAT QUINN

Community News Editor

The boys volleyball team started their season off with a 5-0 record. They have won all of these games 3-0, making them fully undefeated.

On April 11, the team swept Berwick High School with the scores of 25-10, 25-21 and 25-10. Juniors Chris U'Glav and Tommy Parker had 13 kills and 12 kills respectively. Senior Keith Sublett had 10 kills while senior Trevor Johnson added seven. All were assisted by junior

Aidan Papula, who ended the game with 43 assists. Parker and sophomore Jack Greening both had 12 service points each. Junior Sam Yost had nine digs and seven service points.

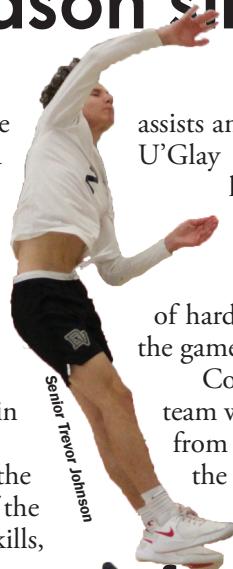
"We have a group who all contribute in some way and all have their role," coach Heather Holdredge said. "They believe in each other and they're all in."

Although it is only the beginning of the season, some of the boys are leading the league in kills,

assists and service points. As of last week, U'Glav holds the number two spot for kills, Papula is number two in assists and Greening is number one in service points.

"Our success is a combination of hard work, practice and execution in the game," Sublett said.

Coach Holdredge believes that the team was able to build on their progress from last year and will continue to as the season progresses.



Senior Trevor Johnson

## Girls lacrosse crushes WBA in conference game

BY HAZEL BURO

World News Co-Editor

On April 14, the girls lacrosse team defeated Wilkes-Barre Area in a conference game at home 19-2. Their record is currently 3-4.

The team was led by sophomore Ava Kraszewski, senior Leah Weinreb and junior Adrianna Buchanan. Kraszewski had seven goals and one assist. Weinreb had five goals and one assist. Buchanan added another two goals and had five assists.

Seniors Katie Matthews and Ella

Vogel, juniors Emerson Gagnon and Grace Kloetzer and sophomore Carrigan McCormack each scored an additional goal for the Warriors.

Sophomore goalie Amber Blas and freshman goalie Hailey VanJaunke both played in the game.

Blas saved two shots taken on goal and VanJaunke saved one out of three shots



Senior Leah Weinreb

## Boys lacrosse team stands at 7-2 record

BY SOPHIA BALL

Sports Co-Editor

The boys lacrosse team lost a hard fought game against Wyoming Seminary 20-16 on April 14.

"We had a couple guys get banged up and things didn't go our way, but the kids fought hard to the end and gave their best attempt to win it," head coach Jeff Krasulski said.

This is the first time in which DV lost a game when they scored at least 16



Senior AJ DiStefano

goals. Seniors Brady Quinn scored five goals, Paulie Weinrich scored four and Xander Kelly scored one. Junior Owen Kelly scored one goal and sophomore Peyton LaRocco scored five. Senior Connor Gaughan had 12 saves and LaRocco scored his 100th career goal.

Junior Justin Kalitsnik won 11 out of 23 faceoffs but he got injured and remained out for the rest of the second quarter. Sophomore Bryson Mackey stepped in to win five out of 15 faceoffs after Kalitsnik's injury. Kalitsnik was allowed back into the game for the

third and fourth quarter.

According to coach Krasulski, the standout players on offense were Weinrich, Quinn and LaRocco. Defensively, senior Kyle Smirman stood out.

Coach Krasulski said the team needs to improve on ball movement, slide package defense and staying healthy.

"We went over certain things, we tried a couple new things, some of it worked, most of it didn't work, but the biggest thing was that we weren't one hundred percent," coach Krasulski said.

The Warriors play tonight against Wyoming Area at Warrior stadium at 5 p.m.

## Spotlight Athletes Volleyball



Sam Yost, JUNIOR

"He's been getting some huge ups that allow us to get the ball to the setter and then to the hitters."

- Head coach Heather Holdredge

## Girls Lacrosse



Leah Weinreb, SENIOR

"Leah is a leader of the offensive end and off the field. She just scored her 100th goal."

- Head coach Bernadine Salak

## Boys Lacrosse



Brady Quinn, SENIOR

"He's an offensive weapon and can do everything on the field. He's having the most success in his senior year."

- Head coach Jeff Krasulski