

Delaware Valley High School - Milford, Pa.

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established in Title IX and VII, as well."

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School board debates future of OCR agreement, inclusion of transgender students

By Olivia Van Tassell

School News Editor

Office The federal of Civil Rights or OCR ensures students equal access to education and resolves complaints about discrimination based race, sexual orientation and gender.

"The OCR protects Delaware Valley students simply by the statues of the government established in Title IX and VII, as well," Mr. Chris Lordi, Director of Human Resources for the district, said.

The agreement with the OCR originated from a lawsuit against the district by a transgender student who attended the high school from 2011 to 2015.

This agreement outlines responsibilities the district has to follow and protocols about trangender students having equal access to bathrooms and locker

> rooms. It also provides access for students to change their name and gender in both Power School and the yearbook.

"The policy ensures that all students, including

transgender students, have an equal opportunity to participate in all education programs and activities offered by the District," according to the Resolution Agreement, OCR Case No. 03141056.

At the school board meeting on Feb. 20 during board comment, school board members Carl Will and Jack Fisher explained that because of the executive orders signed by President Donald Trump, specifically "Ending Radical Indoctrination in K-12 Schooling," they would like the district to disengage from the agreement the district has been bound to for almost 10 years.

During the meeting, Will commented that the district must check with the school district's attorneys and referenced KingSpry and the school board solicitor Nick McIntrye. McIntrye declined to comment to the Del.Aware on this issue.

"I'd like to remove the district from the OCR agreement. I think it kind of pigeon holes us into the way we govern our school district, especially when we have a new presidential administration in office that is changing a lot of policies," Will said. "These resolutions that are in here and ideas are not current to what the current administration in Washington is instructing that is going to be law here in the future, Please see OCR, Page 2 very shortly."

SAAC creates tradition to highlight future, past DV collegiate athletes

- Mr. Chris Lordi

By Ava Kraszewski

Community News Co-Editor

The members of the Student Advisory Committee created a bulletin board recognize seniors continuing their athletic careers in college. The goal is to keep adding student-athletes' commitments throughout the years and commemorate DV staff who have played athletics in college.

SAAC advisor Mrs. Krystine Thompson was inspired by another school to create the Wall of Fame.

"My friend at Blair Academy

her athletes that are moving on," Mrs. Thompson said. "I really loved the idea."



Senior Peyton LaRocco signs his is an athletic trainer, and she commitment to Stevenson University to wanted to start a Wall of Fame for play lacrosse on the Wall of Fame.

Mrs. Thompson believes it is important to highlight studentathletes who are playing collegiately.

'Not a lot of kids realize how many athletes are moving on to play at the collegiate level, and it matters that they're going and pushing themselves to play at the next level," Mrs. Thompson said.

Mrs. Marielle Cohen, a DV alumna and current teacher who

played NCAA Division I field hockey at Saint Francis University, expressed how the Wall of Fame highlights teachers' athletic careers.

"This is a way to connect teachers with their athletic past without making them feel arrogant about it, instead just being proud to be a DV graduate and playing a sport in college," Mrs. Cohen said.

Mrs. Thompson hopes that underclassmen, seeing their peers committing to play college sports, will inspire them to continue to work hard in athletics.

"It's really good for underclassmen to see that [commitments to college athletics] and think to themselves, 'If I continue to work hard in my sport, I can go and excel and play collegiately," Mrs. Thompson said.

The bulletin board can be found outside the 9/10 cafeteria.



OCR: Board members consider disengaging from federal civil rights agreement amid policy changes

From Page 1

At the last school board workshop on March 13, Fisher read the motion he will propose at the next meeting, which will be held tonight at 6 p.m. at the Delaware Valley Administrative Offices.

"It is thus my position, and hopefully that of the whole board, that the DV school board that female bathrooms, locker rooms and other facilities only be used by females. Noting that the executive order may eliminate all federal funding for schools that violate this order," Fisher said. "I best motion that the OCR case No. 03141056 resolution agreement dates 10/22/2015 be no longer complied with and consider it null and void immediately."

Fisher went on to explain the need for urgency in this situation and not wanting to wait for more legal counsel on this decision.

"There are times you don't rely just on what the

attorney says. You rely on what the people elected you that would fall on the taxpayers. to do," Fisher said.

At the work session Board President Pam Lutfy, Vice-President Felicia Sheehan, and board members, Christine Agron and Jessica Decker disagreed with the

rapid pace of Fisher's proposed motion.

"In my opinion we simply cannot abandon [an agreement with a federal agency], without knowing the

This lack of knowledge about the legality of disengaging from the OCR agreement was common across certain board members. Sheehan shared her concerns for possible lawsuits that could come from pulling out of this agreement and the consequences

- Pam Lutfy

"In my opinion we simply cannot abandon

[an agreement with a federal agency], without

knowing the parameters of that decision."

"Nobody's saying that we're not going to or we're going to disengage from the OCR. But I think to make a decision in a week without proper counsel, and knowing everything is up in turmoil, everything

> is being flipped upside down," Sheehan said. "I don't see the need to make a decision seven days from now with everything else that's going on."

The Del.Aware has also reached out to Lutfy who declined

parameters of that decision," Lutfy said at the work to comment on this topic until further discussion with the board. She did share a proposed solution at the meeting for both the public and the board to have full knowledge of the agreement before a decision is made.

> "My plan is that on April 10. We're going to have a public meeting, it will be a discussion and it will be an answer question discussion," Lutfy said.

High school to offer three new courses

"The class [Digital Media Design]

will prepare students for any avenue in

marketing or digital communications."

By Owen Carso

Online Editor

Next year, the high school will offer three new half-year electives: Creative Writing, Digital Media Design and Military History.

Creative Writing

Creative Writing will replace the current Effective Writing course that the high school currently offers.

"We're taking some of the original course and adding some new elements," Mrs. Shannon Miller, a current Effective Writing teacher, said.

give students the opportunity to publish their works in an online database that will be available through the school website.

Over the course of the first quarter, students will

write memoirs, short stories, poetry and scripts. They will also critique each other's writing in a workshop environment. In the second quarter, students will edit the works they produced during the first quarter to prepare them for publication online. They will publish their writing at the end of the semester.

In the future, Mrs. Miller hopes to offer the opportunity to publish in the literary journal to students who are not enrolled in the class.

Digital Media Design

Digital Media Design is an entirely new course that will be open to students who have already completed Computer Art 1. The course promises to merge some of the concepts that Mr. Jeff Luhrs does in the business CTE program with the graphic design skills that students learn in their art classes.

Mrs. Krystine Thompson will be teaching the class. She already creates the SAAC "We Want You Unlike Effective Writing, Creative Writing will Posters" that students see around the school; in her

new class, she hopes her students will design these themselves. She would also like her students to make T-shirt designs and motion graphics for the scoreboard or the marquee.

"The class will prepare

students for any avenue in marketing or digital communications," Mrs. Thompson said.

Military History

- Mrs. Krystine Thompson

In Military History, Mr. Freddy Moran will

address many of the same topics covered by the course of the same name that was taught last year by Mr. George Gelderman, who has since retired. It will begin with the Continental Army and span to the present.

Mr. Moran hopes to invite real servicemembers into the class to talk about their experiences in the military. He is also excited about the prospect of a class field trip to West Point.

"I've already spoken to West Point, and they are very receptive to it," Mr. Moran said. "So I hope I can make that happen."

Mr. Moran is also eager to bring his own experiences in the army to the class. He spent five years in the military and was stationed primarily in

He believes that many history courses cover the Civil War and the World Wars in depth but give much less attention to more recent wars and the nationbuilding that has accompanied them.



I Looking for more information about classes? Scan the QR code to view th QR code to view the course catalog.

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Mock Trial advances to regional competition for first time

By Annabelle Doro Entertainment Co-Editor

The Mock Trial team lost their competition against Abington Heights on March 10.

"Our case went well, but we were against an amazing team," adviser Mr. Tom Bailer said.

Mock Trial has two teams: a prosecution team and a defense team. Some students who stood out on those teams were junior Grace Myers, senior Owen Carso and senior Brooke Natter.

"Grace won the opening remarks," Mr. Bailer said. "She questions the witnesses well and gets them to answer questions they don't want to."

Mr. Bailer added that Natter is a hard worker and has been a part of Mock Trial for four years.

"Owen had the closing remarks and every time he gives the closing statement, he always makes me feel like we are going to win," Mr. Bailer said.

Mr. Bailer has been preparing the Mock Trial students since the beginning of the school year. The week before their February. tournament, students stayed after school every day until 6 p.m.

After their district victory, Mr. Bailer scrambled the teams to better their chances at beating Abington at the regional competition.

"This was our most successful year," Mr. Bailer said. "We won the tournament in the fall, we won the district championship and we made it to Regionals. This is the best we have ever done."

The Mock Trial team competed in the district tournament on Feb. 26 and 27 against East Stroudsburg South and Jim Thorpe, respectively, and won. On March 3, the team played against Stroudsburg and won the district that

"They run the group themselves," Mr. Bailer said. "They critique themselves but they do really good work."

PUZZLE FU

Unscramble the five St. Patrick's Day themed words below and return your answers to C13 to win a prize. Last issue winners were juniors Christina Devine, Payten Fitzpatrick and sophomore Keira LeMay.

Compiled by Ella Becker

Opinion

OUR OPINION The dangers of modern day politics

In recent years, the political landscape of America has turned rocky with unrest. Opposing views have split apart friends and families alike. The recent election and following controversial actions have tensions between people at a high. Despite the ongoing problems around the country that have people butting heads, it is not worth destroying relationships with those that are loved and cherished.

Especially between generations, families can be broken up into different sides depending on who they supported or voted for. The growing gap between political ideas, and even amongst Democrats and Republicans, makes it difficult to stay composed and civil while discussing them. Older generations often put down younger generations for their ideas, and similarly young people can be arrogant with their

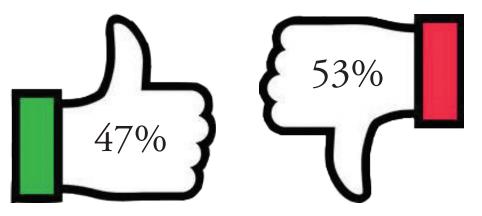
political beliefs. Teens emerging into adulthood are expected to "grow up" and be more adultlike, yet are criticized by those who are supposed to support them. However, these teens do not know everything about politics in the past and present, and do need to listen to their elders more sometimes.

Online propaganda also now plays a role in the current state of politics. Whether it is a Facebook post spreading false information to people 40 and up, or "podcast bros" lying to kids 25 and younger, the internet, and more specifically social media, has changed the landscape of politics. People 65 and older along with those from generation Z and millennials are the most susceptible to propaganda. The misinformation of the internet fuels the fiery discontent of older and younger generations. Each

generation grows more frustrated with the other for falling for blatant lies spread in ways meant to trick people.

But, how the growing gap between families and friends can be stopped is more important than the why. Start by stepping back and looking at what you truly value. Each presidential term can only last for four years before re-election; is it worth it to stop talking to your mother, father, sister, grandparent because you disagreed with them during a four year cycle? Is it worth cutting yourself off from those you love simply because you each fell for propaganda in some way? Rather than removing loved ones from your life because your political preferences are different, help each other understand why you believe what you do and respect each other's decisions.

Do school sports receive too much attention compared to the arts and academics?



CRIMINAL ARRESTED

SAME CRIME

OFFICER

REMAINS

END Q.I.

FREE

ILLUSTRATED BY SIASIA BEAN

*A questionnaire was given during all lunches to 100 randomly selected students grades 9-12.

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Letter Guidelines

The Del.Aware is an administrative reviewed publication of the journalism class of Delaware Valley High School. The Del.Aware will print acceptable letters written by current students which may be edited or condensed for reasons of libel, good taste, grammar and punctuation.

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Opinion

College rankings mislead students By OWEN CARSO relied on a mysterious brew of prestige and repute

Online Editor

Every year, millions of Americans rely on the U.S. News & World Report for rankings of colleges and universities to help decide which school their child should attend—but these rankings encourage dubious behavior in higher education.

Before the U.S. World & News Report rankings took the world by storm in 1983, if a college wanted to become more competitive, it had to increase the quality of its education to attract more students. Today, colleges are encouraged to invest money in increasing the number of students who apply there, which makes the school appear more competitive and increases its rank (without necessarily improving the quality of the education).

Max Kutner, a reporter for the Boston Magazine, said the following about the introduction of the U.S. News rankings into American culture: "For generations, colleges and universities had generally relied on a mysterious brew of prestige and reputation. Suddenly, legacies and tradition—qualities that had taken decades, and sometimes centuries, for schools to cultivate—were less important than cold, hard data."

While this development appears to add objectivity to the college selection process, the data can still be manipulated and create its own kind of confusion.

Today, for instance, a college might increase its rank by allowing students with lower grades and test scores to enroll in the spring to escape the U.S. News's fall data requirement. In this case, students with lower statistics spend their first semester on a different campus so their test scores and GPAs do not contribute to the college's rankings.

In an effort to increase their test scores—another factor in their rankings—colleges have drastically increased their merit-based aid to lure students with higher stats to their campus. From the mid-1990s to mid-2000s, private four-year colleges increased their spending on merit-based aid from \$1.6 billion to \$4.6 billion. Research shows that for every 10 merit scholarships, there are four fewer need-based scholarships. As a result, students from low-income communities, who tend to have lower test scores because they spend less on SAT prep, receive less financial aid.

In recent years, a number of schools have distanced themselves from the rankings game. Columbia University has withdrawn from the rankings, alongside prominent law schools and medical schools, including Yale Law School, Harvard Law School and Stanford Medical School, among others.

The U.S. News college rankings are not going away anytime soon. Colleges across the country need to decide whether they want to continue to play its game or increase their standing the old-fashioned way, through improvements in the quality of their education. Prospective college students need to look beyond the rankings and choose their college based on the quality of academic programs and the appeal of the college community and not based on a datadriven popularity contest.

Money ensures stability, improved well-being

By Kaitlin Gelardi School News Co-Editor

Without money, society would crumble: homelessness, violence and food insecurities would skyrocket, resulting in disaster-stricken communities.

Recently homelessness has reached high numbers. According to the Department of Housing and Urban Development, in 2024 it was reported that the number of homeless people in a single night was the highest ever since surveys began.

Housing would be unavailable without money, meaning poverty would increase further. Homeless people are more susceptible to being unhappy since there is a lack of access to hygiene products, shelter and nourishment.

Although it can be argued that money is a direct cause of homelessness, services can be provided to help those less fortunate. Local organizations, national call centers, crisis lines and

shelters all provide aid without any cost.

In addition to the prevention of increased homelessness, money offers experiences and opportunities that would enable people to pursue diverse

People who choose work that is important to them are more likely to be fulfilled and therefore happier.

According to a 2019 study of 937 professional workers in Mexico, results showed that meaningful work and enjoyment of daily tasks significantly influenced happiness at work.

Since money opens pathways to fulfill careers, it can contribute to happiness.

In less complex situations, money can offer happiness simply by offering the outlet of expression and providing the tools necessary to partake in hobbies.

money can prevent homelessness, provide opportunities and facilitate forms of self-expression, it in fact can buy happiness.

True joy is priceless, beyond purchase

By Kim Smyser

Opinions Co-Editor

Oftentimes, it is believed that happiness can be achieved when an abundance of money is involved; however, that is not the case.

Of course, the idea of cash can spark happiness and lighten your load, but money directly does not provide satisfaction.

The opportunities that money can provide are what creates that sense of satisfaction. True states of happiness can not be obtained no matter the amount of money in possession.

In some cases, wealthiness can be associated with feeling delighted, but plain old money does not provide fulfillment.

Many people who have an abundance of money are generally perceived as greedy and superficial and are not content in their own lives, which is a prime example of even when someone is extremely wealthy, gratification is not

guaranteed.

According to the University of Nebraska's Department of Psychology, money can only help with so much and once it is acquired, it often coincides with detrimental impacts.

There are downsides of having a higher income, such as longer working hours and the amount of stress that comes with a job in order to maintain those needs that were once met regularly.

Having endless money purchasing whatever, whenever, gets old and becomes second nature, not providing any additional enrichment.

People can depend on happiness after having it for so long, and money is not a guaranteed possession, so once it is out of the picture, so is the happiness it was associated with.

Noticeably, money can enforce shallow desires, but money in itself can not buy happiness; it is the opportunities and experiences that money can provide that spark joy and enlightenment, not the possession itself.

Peer Inclusion elective provides opportunities to all students

By Shannon Eby Lifestyle Editor

In 2022 a new physical education elective was introduced into the curriculum, Peer Inclusion.

The class is a mix of regular education and special education students who work to play games in a Physical education class.

The elective gives students a chance to connect with each other and bond with other students. It is unique in the fact that it provides an environment for students without disabilities to work together in a variety of different activities.

different populations [who might game with his buddy Kendell not interact in a normal school day] to form connections and friendships through physical class.



"It allows students from Dominick Colonna playing a **Barone in the Peer Inclusion**

activity, "physical education Ms. Mikaela Smith said.

This class also can prepare students seeking out possible careers in related fields that include working with students with special needs.

This half-year elective is available to students

in grades 10-12, via teacher recommendation. In the two years this class has been offered it has seen full membership with 40 students in each class.

"We often look for students who are interested in possible careers involving special populations, such as teachers, nurses and counselors," Ms. Smith said.

Students should have the skills in order to adapt and modify situations, while demonstrating a good character, leadership and patience.

"I love the uniqueness of the class as a whole," Ms. Smith said. "It's very

different from a standard physical education elective where it's a big skill based, competitive environment."

Peer Inclusion focuses on different concepts with games that include different skills, activities to reinforce these ideas. The change in the environment forces students and teachers to adapt each lesson in different ways so each class has a chance to be new and exciting every semester.

"Promoting that inclusive environment and building meaningful relationships is a top priority in making a lasting positive impact on, not only the students involved in the class, but the overall school community in general," Ms. Smith said.

The class aims to support the development of leadership skills and helps promote an inclusive environment with a unique culture among all types of students.

"I like seeing the connections made between different students and their buddies." Ms. Smith said. "It makes my day to see those connections and friendships formed outside of the classroom."

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"Forestry" Dean Finelli Class of 2025



manners"





"Fortnite" **Drew Dabney** Class of 2027



"Treasure hunting" James Dabney, Jacob Brink, Brayden Slawinski Class of 2027

SATs importance returns to college applications

By Kaitlin Gelardi School News Co-Editor

After COVID-19, many colleges adopted testoptional policies, meaning students can choose to submit their SAT scores.

However recently colleges have been shifting back to using SAT scores as a means of acceptance.

University of Pennsylvania, University of Pittsburgh and Bucknell University are colleges in Pennsylvania which consider SAT scores.

School counselor Mrs. Jessica Favorito clarified how the SATs are becoming crucial to application

"I do think colleges are relying on SAT scores," Mrs. Favorito said. "A lot of schools went test optional, but it's starting to come back."

Colleges use SAT scores as a way to predict how students will perform in college. The SATs also provide a fair opportunity for students of all backgrounds.

Mrs. Favorito feels that SATs provide equal opportunities for less-equipped schools.

"Not every high school has all those APs here," Mrs. Favorito said. "So those kids aren't getting the opportunity for the weighted GPAs like our kids might be getting."

The SAT can be taken through registering under the app College Board. Once logged into an account, the tab 'My SAT' leads students to the option to register, where they then have to complete a series of

Senior Rylee Grumbine recently took the SAT and claimed that studying using the SAT prep book helped her feel more prepared.

A way to prepare for the SAT is to take the school's SAT Prep elective. The class is a semester long and alternates between English and math preparation.

English SAT Prep teacher Mrs. Shannon Miller explained how her course strengthens reading comprehension, grammar and vocabulary acquisition

Although the SAT's difficulty can result in disappointment, Mrs. Miller recommends that students use SAT practice tests to sharpen their skills.

"It's very intimidating, sometimes discouraging, when you see your scores or the difficulty of the questions," Mrs. Miller said. "But the more that you practice, the better you get at it."

This course used the digital and hard-copy textbook of Princeton Review, an SAT premium rep exam book that offers practice tests with scores and explanations to wrong questions.

"I highly encourage students to look at those explanations so they can understand what they got wrong," Mrs. Miller said.

Both Mrs. Miller and Mrs. Favorito believe that students should know that the SAT is not a complete reflection of a student's abilities but rather an additional piece of information that may help with the college application process.

Although SATs are becoming necessary for these processes, other alternative tests such as the American College Testing (ACT) can be taken.

Mrs. Favorito suggested that students who take the SAT two or three times and are not satisfied with their results should consider taking the ACT.

Building CTE constructs new dugouts for fields in **Dingmans**

By Shannon Eby Lifestyle Editor

Members of the building CTE class have been working on constructing a new dugout to replace the one that blew over on the Dingman Delaware campus

to complete and the majority of the completed the interior of the work was completed by the afternoon class.

The maintenance staff will have to move the finished products and set them into place of the old ones. There is nothing particularly unique about the dugout but they built it to get experience in the construction field.

We [the students] enjoy building these projects that will be put to use," Mr. Fitzpatrick said. "It gives them more of a real world opportunity to do small construction projects."



This project took them two weeks The building CTE students dugout.



The finished dugout will be placed at the fields on the Dingmans' campus.

DV competes in annual wing cook off competition

By Michael Elaro Managing Editor

The culinary CTE students competed once again at the annual chili and wing cook off. Held on March 2 at Silver Birches resort in Wallenpaupack, roughly 26 groups competed this year.

John's Italian Restaurant in Greentown, PA once again won for their wings. While most participants use wings provided by Silver Birches, John's brings their own wings that they prepare beforehand. By doing this, they have higher quality wings and have more time to prepare them.

While the culinary students have participated in this cook off for about eight years, they have not placed for their wings. This year, they used a dry rub that can be described as smokey, sweet and spicy. Despite not having placed, the students received positive feedback for their efforts, with one unnamed customer even claiming theirs were the best wings he had ever had.

For the culinary students, winning is

not everything in this competition. Getting to go out and cook for real customers outside of the kitchen they are used to gives the students real world experience they do not find in the classroom at DV.

"The wing competition is an exciting competition that allows students to express their interests and abilities in culinary arts," CTE teacher, chef Alex Niosi said.



The culinary CTE students served the wings to voters with a side of blue cheese for dipping.

Students experience sports in various ways in home countries



Ever Gonzalez
Posadas



Guatemala: Soccer - Club recreational team

Henry Rojas



Mexico: Basketball - Club team



Edgar Guerrero Aybar



Peru: Swimming, basketball, soccer and karate - Club recreational teams

Michael Heilgendorff



South Africa: soccer, rugby and cricket - school



Compiled by Kim Smyser

Engineering class creates shoreline cleaning robot

By Siasia Bean

Science & Technology Editor

Mr. Curtis' Engineering 4 class created a robot designed to use artificial intelligence in conjunction with physical mechanical features to clean up shorelines.

The build, while unfinished, presently includes a net allowing the robot to scoop up trash that is attached to a motor to allow it to work autonomously.

picked to traver equipped with two acts as support for the wheels and overall atruct re of the rais non-removable, while the other bin will contain trash bags and act as a unit of storage.

The class has been working on this project for most of the year up to this point and will continue to work towards a functional final product. Those working on this project include Hayden Elderkin, Kwanjun Koh, Layden Talmadge and Bryce Thoman.

The physical components have been the focus up to this point and are still being worked on. Once perfected, the team intends to add an AI-powered camera capable of trash detection, which would also control the movement of the robot. This may be achieved by using recognition software, which most are familiar with when it comes to recognizing

recognizing faces. Instead of faces, the software may be trained on objects common to encounter on the beach or rather based on a common software that can recognize millions of objects based on its training.

Though the idea has been several months in the making, adapting these concepts to a physical machine has come with many challenges. the weight of falling over. I for it, which have a name.

Team members recount

that the wheels have been the biggest challenge as of now, having been changed at least five times, likely due to determining which wheels would best fit the terrain and work efficiently. Certain parts have also tended to fall out of place, sometimes due to material used or lack of tight screws.

The idea is still a work in progress, but the vision is slowly starting to be realized. When finished, the machine will both move and identify trash independently, and the user will only have to replace the trash bag when necessary.

Engineering, like other sciences, works off of trial and error processes. As the electrical components have not been installed, there may be additional difficulties that lie ahead, such as how the machine would handle the weight of a full bag on an uneven surface without falling over. Those involved have also made a mascot for it, which is a tiny shark that does not currently have a name.



Students pose next to their newly-created cleaning robot in Engineering 4.

Compiled by Olivia Van



piled by Ava Kraszewsk

Sompiled by Kayla Sykes

YMBE

DRESSES:

TRENDZ PROM & BRIDAL ELEGANT BOUTIQUE PROM EXCITEMENT SEW N' SEW BRIDAL AND TUXEDO

TUXEDOS AND SUITS: SEW N' SEW BRIDAL AND TUXEDO TUXEDO BY SARNO MENS-

WEAR & SUITS.

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Compiled by Lauren Donnelly

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HAIR:

CROWN & COAT

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SHEAR BEAUTY SALON

MAKEUP:

OBSIDIAN BEAUTY
MAKEUP WITH MEG*

Prom Prep

De's and Dents

<u>DO'S</u>:

- DO TAKE A LOT OF PICTURES

- DO BRING HAIR TIES AND COMFORTABLE SHOES

- DO MAKE SURE YOUR
PHONE IS CHARGED

- DO STAY HYDRATED - DO FOLLOW THE RULES <u>DON'TS</u>:

DON'T MAKE BAD CHOICES
- DON'T OVERSPEND

- DON'T SPEND YOUR WHOLE NIGHT ON YOUR

PHONE
- DON'T FORGET TO CHECK
THE WEATHER

- DON'T FORGET TO EAT

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"What prom plans are you most excited for?"

COMPILED BY KRISTEN LANGELOTTI



"Going to the beach"

Kasia Green & Sam Stead

Class of 2025



"Renting a nice car"
Amir Guillite
Class of 2025



"Hanging out with friends"
Kevin Grady & Kiersten Revere
Class of 2025 & Class of 2026



"Going to the beach afterward"

Emma Leskin

Class of 2025

Community News

Find peace, serenity at Milford Yoga

By Olivia Van Tassell

School News Editor

Milford Yoga offers a variety of yoga classes including: decompression, vinyasa, chair, slow flow and sound healing. This new studio opened March 1 at 150 Water St Suite 3 at the Waterwheel Complex in Milford.

The studio provides classes throughout the day, and clients can book classes on their website milfordyoga.

com, or they can walk in and take a class. They accept cash or card

Milford Yoga is open seven days a week, and they are constantly adding new classes and times to their schedule. Check their website and Instagram, @milfordyoga, for the latest information.

Their team is made up of four experienced instructors who teach the classes. In their classes, they prioritize comfort, proper postures and a focus on breathing.

Their space provides a peaceful environment that makes it easy to relax and take the class. The classes will vary based on the instructor and difficulty level and overall is a welcoming environment.

Their classes range from 25 minutes, to an hour and 15 minutes long. Their prices range from \$15 to \$25.



Milford Yoga has classes for all students from beginner to advanced.

GRAND OPENING

Down the Strip studio offers something for all in the area, Down the Strip will

By Emma Ciancio Editor-in-Chief

Cait Hoehmann, the owner of Down the Strip Wax and Lash Studio, is set to take her business to the next level with the addition of a full-service headspa and blow out bar launching late March. This expansion marks a new chapter for Hoehmann, as she continues to innovate beauty services in Pike County and the For more information about surrounding areas.

The new headspa will offer clients of all ages a rejuvenating experience that goes beyond the previous services offered at Down the Strip, which includes waxes and

lash services. While the full-service menu for Down the Strip Wax and Lash Studio has vet to be unveiled, Hoehmann promises to offer a one-of-a-kind experience that sets her salon apart. As the only full-service beauty destination



the headspa's opening, visit @downthestrip_wax on Instagram.

July of 2025 will mark Hoehmann's third year of owning her own esthetics salon.

"It doesn't matter when you start, I've been in the field since I was 18 but didn't own my own business until I was 29," Hoehmann said. "Don't listen to others and push yourself to the limit, find what resonates with you.

provide a range of services, from

blowouts to lash lifts. To make

each visit even more personal,

Hoehmann goes the extra mile

by offering quick snacks and

by providing a space for women to

She has been a cosmetologist for

the past 11 years and has had dreams of

opening her own headspa since then.

Hoehmann's vision is to continue to serve the community

refreshing beverages.

feel like themselves.

New shoe store debuts in **Matamoras**

By Shannon Eby

Lifestyle Editor

The Shoe Dept. is a shoe store that sells all kinds of shoes for affordable prices. The shop is located in the Matamoras shopping plaza in between ShopRite and T.J. Maxx. This store opened in late February and has been open ever since, adding to the ShopRite and T.J. Maxx plazas.

The Shoe Dept. is open Monday through Saturday from 10 a.m. to 9 p.m and 11 a.m to 7 p.m. on Sundays.

They sell a variety of shoes from all types of different brands. Some of those brands include Tommy Hilfinger, HEYDUDE, Crocs, Skechers, Timberlands, Adidas, New Balance and Converse. These shoes are mass produced meaning they are made cheaper. Allowing for them to be sold cheaper to its customers while still pushing out good quality products.

The mission of the Shoe Dept. franchise is to "provide retail shoes for all ages and sizes at a relatively low cost while still maintaining high performance qualities to the average consumer," President Lisa Trucker of the Shoe Show inc. [the company that owns the Shoe Dept.] said.

They pride themselves on the affordability of their shoes and the wide variety of brands that customers can get to pick and choose from. The owner [Lisa Trucker] has stated how they [the company] take great pride in providing easy, affordable and stylish shoes for everyone to be able to wear.



The Shoe Dept., located in the Westfall Town Center, is now open to the public.

Community News

Spring into new, exciting festivities available in community

Milford offers something for everyone this season.

By Kim Smyser

Opinions Co-Editor

As the weather warms up, various activities become available for community members to take part in, from hiking trails to music festivals and much more.

Grey Towers National Historic Site offers a self-guided tour from sun up to sun down. Grey Towers also offers unpaid volunteer opportunities for young adults and teenagers who are interested.

Hackers Falls, Raymondskill Falls and the Delaware Water Gap National Recreation Area are ideal hiking spots with beautiful, scenic waterfalls and

If hiking is not the ideal adventure, the Milford Theatre has several productions of a variety of plays, concerts and films available during the spring and summer months. More information can be found at their website, https://themilfordtheater. com/.

The Milford Farmers Market is also open to the public most Sundays from May to October, providing an opportunity for community members to show and sell their products.

The annual Milford Music Festival is held June 20 to 22, and it is an exceptional outlet for musicians or music enthusiasts to shop, listen and have fun.

Pizzeria serves community with delicious pizza

By Topher DellaBella

Entertainment Editor

Pike Pizza and Grill, a pizzeria in Dingmans Ferry, is a restaurant that locals including myself can rely on whenever they want an enjoyable meal for a great price.

Walking into the pizzeria, I was immediately greeted by their friendly and welcoming staff. The food came out very quickly as well. I called to pick up a 16" cheese pizza, and it was ready within 10-15 minutes.

When I picked up the pizza, it came out hot and well cooked. After tasting the pizza, there is no doubt that I would want to order again as it was a delicious pizza. What shocked me the most was the price of the pizza, one 16" pie is only \$11.99. That is a great price for a 16" pizza.

Aside from pizza, Pike Pizza and Grill has a wide variety of menu options such as burgers, subs, wraps, sandwiches, salads and even protein bowls.

Anyone who is looking for a great meal would be able to find one at Pike Pizza and Grill.



The atmosphere of Pike Pizza and Grill is kind and welcoming.

Milford holds second annual St. Patrick's Day parade

By MICHAEL ELARO Managing Editor













This year the St. Patrick's Day parade started at Anne Street Memorial Park at 2 p.m. on March 16. The route ran through the historic district of Milford, finishing at St. Patrick's Church.



The Penn York Highlanders Ladies

From Hell pipe band is one of the oldest active pipe bands in all of **North America.**



Michael Elaro/Del.Awa

Both the Republican and Democratic parties had representatives marching in the parade this year.



Veterans were honored during the parade by being placed at the front of the march holding service flags.



Bigfoot participated in the parade to show his support for the local Scouting troops of Pike County.

Jomen Though history

By Reilly Newton

Sports Co-Editor

As many know, March is Women's History Month; it has been that way since the 1980s. But what often goes unheard of is the story behind it. Ever wonder how March became the beacon of women's achievements all throughout history? Well, like many influential and prominent movements, it started small.

In the mid 20th century, women all over America were taking part in the women's liberation movement. Despite being granted the right to vote earlier in the century, women were still unsatisfied with the social and political state of the country. Gaps in equality, when it came to gender, pay and opportunities, were apparent.

One sphere in which inequality was prominent was education. Women were often left out of textbooks and overlooked by curricula largely designed to cater toward men.

"In my courses, the teachers taught me about

a world in which ostensibly one-half of the human race is doing everything significant and the other half doesn't exist," Gerda Lerner, a teacher who helped to create the nation's first master's degree program in women's history at Sarah Lawrence College, said. "This is not the world I have experienced."

Women educators everywhere began to wonder, "where are the women?" One in particular, Molly Murphy MacGregor, was determined to do something about it.

MacGregor- a graduate of one of the new women studies programs at Sonoma State University in California – put together a slide show depicting the history of American women in countless significant roles that influenced the world to this day: politics, activism, war efforts, etc.

MacGregor's presentations showed a whole other side to history that was covered up for far too long. Students who attended came out with a depth of knowledge regarding historical women who had changed the world, but were sparsely recognized for

MacGregor continued to advocate for the

representation of women, and eventually joined the Sonoma County Commission on the Status of Women- an organization created in 1975 in Sonoma, California, dedicated to eliminating gender discrimination and prejudice.

One of the commission's biggest concerns was the possible violation of Title IX, a federal law that prohibits sex-based discrimination in any education program that receives funding from the federal government, by the lack of women's stories in educational materials.

To combat this and bring more awareness to women, the community decided to host a women's history week, centered around the globally recognized International Women's Day on March 8.

This event brought in attention fWrom around the world, eventually being declared as a nationally recognized week in 1980 by President Jimmy Carter

In 1987, Congress, following the lead of many U.S. states who had already done so, finally passed a joint resolution declaring the entire month of March Women's History Month.

Women breaking barriers

In 1429 St. Joan of Arc led the French Army to be victorious against the English and evaded their attempt to conquer France.

In 1903, Marie Curie won the Nobel Prize for physics and chemistry after discovering the elements polonium and radium with her husband. Curie was also the first woman in France to get a doctorate degree in physics

Marie ('urie

Sandra Day

St. Joan of

Bradstreet the first female poet published in America in 1650 and raised awareness for the limitations women were faced with.

1650

Home Bradstreet

the first woman to be appointed to the Supreme Court in 1981, hours and property management.

Compiled by Kim Smyser

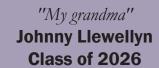
Sandra Day O'Connor was and O'Connor repealed several laws restricting women's working

What woman in your life inspires you the most?



"My mom"

Bella Como
Class of 2025







"My stepmom"

Gabriella Siek

Class of 2027

"Dr. Bruno"
Emma Wentworth
Class of 2027



Compiled by Emma Simmons

Empowering quotes from famous women

The following six quotes are all from empowering women throughout history. Be the first to match the quote with the woman who said it and bring your answers to C13 for a prize!

"I think fearless is having fears but jumping anyway."

"I love empowering women. I think it's crazy: if you ever try to belittle women, you're playing yourself—I ride with whoever rides with me."

"The most effective way to do it,"



"Girls should never be afraid to be smart." "Do the best you can until you know better. Then when you know better, do better."

"A girl should be two things: Who and what she wants."

Taylor Swift

Maya Angelou

SZA

Coco Chanel

Emma Watson

Amelia Earhart



Compiled by Ella Becker



STAFF BABY PICS



CAN YOU GUESS WHO IS WHO?

WRITE THE NUMBER NEXT TO THE PICTURE AND STOP BY C13 TO CHECK YOUR ANSWERS!







































NAME BANK

1. EMMA CIANCIO 2. OLIVIA VAN TASSELL 3. KAITLIN GELARDI 4. ELLA BECKER 5. KIM SMYSER 6. KRISTEN LANGELOTTI 7. ETAIN STARR 8. SHANNON EBY 9. TOPHER DELLABELLA 10. KAYLA SYKES 11. MICHAEL ELARO 12. LAUREN DONNELLY 13. GIA SCIMECA 14. ANNABELLE DORO 15. OWEN CARSO 16. AVA KRASZEWSKI 17. REILLY NEWTON 18. EMMA SIMMONS 19. SIASIA BEAN

Lifestyle

Fashion Aware: Athleisure

By Kristen Langelotti Opinions Editor

A blend of athletic wear and casual outfits has transformed the fashion industry in recent years. This trend combines the functionality and comfort of sportswear with the style of everyday clothing, making it a favorable choice for many. The rise of athleisure reflects a shift toward a more active and motivated lifestyle, where people seek clothing that can seamlessly transition from the gym to social settings.

This trend pertains to both genders and offers a wide range of styles, from leggings and joggers to hoodies and sportswear that can be mixed and matched to create various looks. Brands like Nike, Adidas and Lululemon have been at the head of this trend, offering collections that cater to both athletic and trendy consumers.

Athleisure has many different outfit combinations, such as pairing leggings or sweatpants with a hoodie, crew neck or fitted shirt. Adding a jacket and sneakers makes the outfit suitable for any setting.

One of the factors driving this popularity comfort. Athletic fabrics like spandex, nylon and polyester are designed to be breathable and flexible, making them ideal for both workouts and casual wear. These materials allow for ease of

movement and durability, ensuring that the clothing withstand physical activity while still looking stylish.

> In addition, the influence of athleisure extends beyond just clothing. It has also inspired changes in footwear, with sneakers becoming a staple in everyday wardrobes New Balance, Adidas. Converse and Nike have been designing shoes that are both comfortable and stylish for any occasion. This allows them to be worn with a variety of outfits.

Social media twists perception of reality

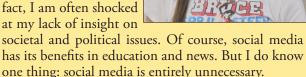
By Emma Simmons

Sports Co-Editor

Pick up your phone. How natural does it feel? Now open a social media app-- Snapchat, Instagram, TikTok, X, anything-- and scroll. Can you honestly

tell yourself these apps do not hold control over you or your daily life? I know I can not, and that is something that I believe we should truly be scared of.

As a junior in high school, I know I do not know everything. In fact, I am often shocked at my lack of insight on



You have heard it time and time again-- photo editing technologies and mindless entertainment "rot your brain" -- but think about it: have you ever been upset about not getting enough likes on a post or someone not following you back? Imagine that! A series of words on a glowing screen has enough power over you to distract you from the world happening right in front of you. Does it not sound silly?

Not only does social media make you worry about how people perceive you, but think about how it may have warped your perception of others. I personally have fallen victim to judging someone based on their social media presence, even though I know this person in real life. A living, breathing person is in front of you, but you convince yourself you are wrong about them because of photos, comments or followers.

Next time you open social media, I implore you to ask yourself this simple question: are you making connections or just curating a perfect image?

It is perfectly fine to have fun with social media, but do not forget how easy it is to get lost in superficiality. Just remember: we can all benefit from reminding ourselves to keep both feet planted in reality.

Easy, healthy snack ideas to fuel your day

By Etain Starr Community News Editor

Here are some healthy and easy-to-make snacks to help keep you full and energized throughout your busy day. Greek yogurt bowl

Protein granola balls

- **Oats (provides fiber)**
- **Peanut butter (adds healthy** fats and protein)
- **Protein powder (adds** protein)
- Maple syrup (acts as a sweetener and binds ingredients together)

Vegetables and hummus

- Vegetables (high in fiber and loaded with minerals)
- **Hummus (contains many healthy fats and protein)**

- **Greek yogurt (high in** protein and contains many healthy probiotics)
- Fruit (high in fiber and healthy sugars)
- **Nuts (adds healthy fats and** protein)
- Honey (acts as a sweetener and provides energy)

Smoothie

- **Leafy greens (provides** many vitamins and minerals)
- **Fruits (rich in vitamins** and fiber)
- Protein powder (adds protein)
- **Ginger (helps with** digestion)

Arts & Literature

Spotlight Artist: Rozlin Jones

ELLA BECKER

School News Co-Editor

Senior Rozlin Jones is an AP Studio Art student who uses her art as an outlet to express her emotions. Rozlin has taken just about every art class DV has to offer, but Studio Art has helped her overcome obstacles.

"An obstacle I've faced is how to become my own person and not just follow what I'm told to do or what I'm told I should do," Rozlin said. "AP Studio is a much different art class than the usual Drawing 1 or Painting because it's personally-driven."

Although she is not totally certain what her AP Studio Art portfolio theme will be, she knows it will have something to do with a struggle she deals with.

"Some of my pieces represent how it feels to get through the day with chronic migraines, because I get migraines," Rozlin said. "Art is my outlet for apply things she has learned in her years in art classes. expressing those days."

"Someday after

Rozlin is a 2D artist, so she uses mediums like markers, pencils and other 2D mediums.

Her favorite piece that she has created is a drawing of all her friends she met from art classes. She made it to send appreciation to her friends for helping her better express herself and to become a better artist.

"I made a piece to commemorate all my friends and how they've helped me through art," Rozlin said.

After high school, Rozlin plans to attend cosmetology school. Although she will not be going to an art school, she will still be able to



Ella Becker/Del.Aware

Rozlin Jones created this 2D piece in appreciation for all her friends in art classes.

"Someday after cosmetology school I might continue in the arts, but until then I can still do artistic things like mixing colors," Rozlin said.

Art has taught Rozlin countless lessons that she will continue to carry with her all throughout life.

"My favorite thing about art is how open-ended it is," Rozlin said. "You can really express yourself and your feelings without having to use words."

Spotlight Writer:

Cara Churchill

By Owen Carso

Online Editor

Senior Cara Churchill has come a long way in her journey to becoming a talented writer.

Cara is a four-year veteran of the girls soccer team and is the social media coordinator for SAAC. She prefers writing

essays to fiction writing, and she attributes her success in writing to her meticulous approach. She starts her essays well in advance and treats them like a checklist. She will typically jot down her most basic points in an outline that eventually develops into her full essay.

Cara credits her writing abilities to her ability to follow rubrics.

"I always make sure I hit every point in my essays," Cara said.

Cara believes she has improved greatly as a writer since middle school. The teacher whom she believes improved her writing the most was Mrs. Margaret Chromey, her English 11 teacher. Mrs. Chromey's teaching style involved discussing subjects in depth and

emphasizing the importance of hitting certain points in her essays.

"Mrs. Chromey taught me so much that I could relate to," Cara said. "She would go in depth about stuff that you wouldn't think had another meaning."

To this day, Cara is still proud of her English 11 research paper, which she wrote on the English Renaissance.

"She would go in depth about stuff that you wouldn't think had another meaning."

- Cara Churchill

Cara's favorite book she read in school is "Because of Winn-Dixie," which she read in Mrs. Diana Kudrich's third grade class at DVES.

Cara believes that employing AI in essay writing does more harm than good for students.

"My advice to younger students is to not use AI. Write your own works because it's only going to benefit you," Cara said.

Spotlight Musician: Caden McGoey

By Annabelle Doro

Entertainment Co-Editor

Senior Caden McGoey has been performing music since third grade, when he began taking private lessons at Milford Music.

"I grew up going to the New York Renaissance Fair, which got me into music," Caden said. "Then it transitioned into playing gigs."

Caden plays the baritone saxophone and has had many opportunities to perform over the years.

"I got to play at Carnegie Hall in November," Caden said. "It was an invitational audition, so you could not audition without an invite."

The band for Carnegie Hall was a 35 to 40 member band and included kids from all over the

world, including Australia, Japan and Scotland, Caden said. He also included that it was a week long event with rehearsals every day for eight hours

Along with playing at Carnegie Hall, Caden has also played at the

Milford Music Fest and at SteelStacks in Bethlehem.

Caden plans on

furthering his music career by going to Millersville University for music. He also got an internship for instrument repair.

He said his friends and family inspire him to perform and that he is an avid music listener.

"I was in the top 0.001% of listeners on Spotify," Caden said. "That's like in the top 1,000 listeners."

Arts & Literature

Grey Towers Heritage Association Open-Air Art Show offers something for everyone

By Emma Ciancio Editor-in-Chief

The Grey Towers Heritage Association invites regional artists and students to participate in the

Open-Air Art Show at the historic Grey Towers estate in Milford, Pennsylvania. This event will take place on Saturday, April 26, from 10 a.m.to 3 p.m., with a rain date of Sunday, April 27. This

and display their works in any medium.

Artists are encouraged to register and bring their creativity to life in any style, whether through oils,

watercolors, embroidery, quilts or other media.

- Don Allen

The event will be free and open to the public, making it accessible to art lovers and those who simply want to enjoy the beauty of the estate. With its combination of local talent, historic surroundings and

the fresh beauty of spring.

The event will allow visitors to observe artists as they work, offering a glimpse into their creative process. It also provides an opportunity to purchase

event offers a unique opportunity for artists to create distinctive pieces directly from the artists, which gives the chance to bring home a unique work of art. Artists will be positioned throughout the grounds, allowing for an immersive experience for all attendees.

Don Allen, a board member and event coordinator, emphasized the significance of this event in honoring the legacy of the Pinchot family, who were known for their support of creativity and emerging talent.

"The Pinchots understood the importance of nurturing creativity and supporting emerging talent," Allen said. "We are thrilled to offer this platform for local artists to create art on-site and share their work with the community."

The art show is also an extension of a cherished family tradition, offering both artists and visitors a chance to connect with the region's community.

For more information or to register as an artist, please visit the Grey Towers Heritage Association's website, www.greytowers.com/events or call 570-491-

Scholastic gives 15 art, writing awards

By Kristen Langelotti Opinions Editor

Students from a variety of art classes submitted artwork to the Scholastic Art & Writing competition, with a total of 15 students receiving awards.

Junior Angela Olsen was the only student whose art won the gold key award.

"I was very surprised and astonished," said Olsen. "I am extremely grateful that my hard work paid off."

It took Olsen about a month to complete her sculpture. It displays a rendition of an Aztec totem pole trapped inside a heart. The totemlike carving represents the spirit of beliefs that are often hidden behind one's emotions. She said that the wire used in her piece was the most time

"To me, the sculpture represents the feeling of emotions when one says trust your heart, and yet, the heart is what holds the fiercest of feelings," Olsen said.

"The Pinchots understood the

importance of nurturing creativity and

supporting emerging talent."

Olsen's artwork was displayed in the Everhart Museum in Scranton. Her sculpture titled "Corazón Azteca' will advance to national judging in New York City.

Silver key awards were awarded to seniors Hailey Hemsworth, Rozlin Jones, Abbeygale Hahn and Emily Decker. Sophomore Rowan Laubin and freshman Daisy Olivio Heller and Kayla Gamer were also awarded silver keys.

Students were also noticed through honorable mentions. Seniors Lola Ross, Amaya Bennett, Draven Nitecki, Rozlin Jones and Dakota Jordan were recognized along with juniors Kayleigh Jagger and Kate Yablonski.

The competition overall was not just artists. Senior Owen Carso competed for writing awards and received a gold key for novel writing and short stories.

Youth Art Month celebrates student artists

By GIA SCIMECA

Arts & Lit Editor

Throughout the country, there are many ways to celebrate and recognize young student artists.

Youth Art Month (YAM) recognizes art students throughout the state by the Pennsylvania Art Education Association (PAEA). Every year, the PAEA holds a virtual exhibition that showcases art from all over the state and eventually become banners to be hung in the Pennsylvania State Capitol building for the entire month.

"There are different ways that different schools and different organizations celebrate Youth Art Month to pay tribute to our student artists and art programs," art teacher and department head Mrs. Tricia Kaylor said.

At DV, the art department recognizes these students with a tradition of turning their art into notecards to be given to school board members at the meetings. The notecard tradition started well over 20 years ago by the previous department chair, where each art teacher in the district

chooses one of their students' artwork of any type of medium and will be reproduced as cards and given back to the artists.

The art submitted ranges from students in National Art Honor Society and Scholastic Award winners to elementary school artists.

Every day throughout March, the marquee and social media posts on the school's Instagram page will display a new student artist to highlight.



Notecards made by high school students will be given to school board members and artists to give to their families.

Entertainment

Playboi Carti releases long-awaited album

By TOPHER DELLABELLA Entertainment Editor

Rapper Playboi released his third studio album "MUSIC" March 14 nearly five years after the release of his last album "Whole Lotta Red."

This 30-track album includes features from Travis Scott, The Weeknd, Skepta, Future, Young Thug, Ty Dolla \$ign, Lil Uzi Vert and Kendrick Lamar.

This album displays some of Carti's best work. The production of this album is absolutely outstanding. By MICHAEL ELARO From the beats to Carti's versatility,

every song on this album has something for every Carti fan to enjoy.

"HBA," are now officially trajectory with a 93% Rotten on platforms now that Tomato score. they're on the album.

> off of this album are "RATHER LIE," "EVIL JORDAN" and "BACKD00R." This

will definitely go down as one of the best albums of the year. It is safe to say that Carti made up for the adventure and

'Paddington in Peru' finishes off a strong trilogy

Managing Editor

The Paddington movies first launched 11 years ago in 2014 with What I liked most a strong debut hosting a 96% Rotten about this album is that the Tomato score. The newest addition to songs that Carti released on the Paddington series, "Paddington Instagram, like "K POP" and in Peru," has started off on a similar

> While the movies My favorite songs are geared towards younger kids, they do a great job entertaining everyone in families album regardless of age.

The third addition this trilogy is a story about self discovery. Paddington discovers his aunt is sick from loneliness, so he decides to go to Peru to visit her. But, when Paddington and his family get there, his aunt has disappeared. From there, they go exploring into the Amazon in hopes of finding her, following the only clue they found, Rumi rock, a location deep in the

This movie starts off fast with action, with the audience finding out the main conflict within the first 10 minutes or so. The pace continues throughout, with twists and turns happening around every corner. The audience experiences betrayals, tenderness and heartbreak in this surprisingly emotionally toying film.

This is a must-see movie that you can watch with your friends, family, or significant other.



Entertainment

a movie

By Siasia Bean

Science & Technology Editor

After rumors circulated and fans speculated for years on the possibility, the world's best-selling game is getting an adaptation for the big screen. There are two trailers for "A Minecraft Movie" which is set to release on April 4. These trailers were met with mixed reviews, mainly due to the casting of Jack Black as Steve, Minecraft's protagonist, and the mix of an animated world with a live-action cast. The movie revolves

around a group of people who get stuck inside the overworld and must conquer Minecraft to make it back home. This has received criticism, however, because accidentally ending up in another dimension is a popular film trope.

Some are hopeful that the movie will By Shannon Eby be enjoyable despite its pitfalls.

The movie has been in the works for years, having been first announced in 2014. It was set to release in 2019. but the director left and scheduling conflicts ensued. After all of the hurdles, a completed project is finally on the horizon.

To accompany the movie, Mattel, the company best known for its Barbie toys, has released multiple toy lines, including "Minecraft Blast Attack Ghast" and "Mini Mode Spawn

> Egg Assortment." Minecraft has also made an add-on for the game based on the movie, featuring exclusive items like the Potato launcher and Orb of dominance. This allows players to immerse themselves in their own movie-

> > themed adventures.

Minecraft is finally getting Halsey breaks 3-year long tour drought

Lifestyle Editor

Halsey's 2025 "For My Last Trick" tour kicks off on May 10, in Concord, California. This tour spans 32 cities for her most recent album "The Great Impersonator."

On her tour, she will have plenty of guests, such as Del Water Gap, The Warning, Evanescence, Alvvays, Hope Tala, Royel Otis, Sir Chole, flowerlove, Magdalena Bay and Alameda joining on select dates.

Halsey released and produced a minute-long trailer for her first headlining tour in three years. She has always been active on social media addressing her health problems, trying to spread awareness on different types of illnesses.

Halsey has been diagnosed with Ehlers-Danlos Syndrome, which is an illness that affects the connective tissues in the body. Sjogren syndrome, which is an immune system illness that can cause eve and mouth dryness. Mast cell

activation syndrome is when your mast cells overreact with no known triggers, POTS, which is related to reduced blood volume that occurs when standing up, causes patients to pass out if they stand up too fast, and finally Lupus.

This tour is significant because it shows how she has battled and fought through a handful of illnesses that prevented her from touring for multiple years. This tour resembles how she can overcome anything and if she can, everyone can.

This tour marks the first one since the "Love and Power" tour in 2022, which made 32 stops over six legs. Her current album "The Great Impersonator" was written largely with the idea of it being her last. Her teaser trailer was announced on Feb. 13, and it opens at her "funeral" where she displays a blue wig and curlers to set where an assistant Delane Rowe greets her.

"I always said I'd be buried in this wig, figured I probably should be," Halsey

Conspiracy Theory: 'The Simpsons

By Reilly Newton

Sports Co-Editor

"The Simpsons" is an American sitcom and animated comedy series that follows the lives of the Simpson family. The show, which portrays a notably satirical depiction of American culture, was created in 1989 by Matt Groening and has over 30 seasons and 700 episodes.

The long-running TV series has been at the core of many conspiracy theories throughout the years due to its history in making accurate predictions about real life future events.

In the show's 36 years on air, it has predicted 34 events that had later played out in real life.

While some are obviously surface level and could be due to luck, others are more complex and difficult to explain.

For example, in season 10 episode 2 titled "The Wizard of Evergreen Tree," Homer Simpson writes out a mathematical equation on a chalkboard that

was later proved to be shockingly similar to another equation used by scientists to find the mass of the Higgs boson, also known as the God particle.

This was a profound discovery as the Higgs boson's mass was an essential piece missing in the puzzle that is quantum physics. The Higgs boson as a whole is so important, in fact, that it is believed that without it, the universe would not exist.

The episode was released in 1998, 14 years before the official discovery in 2012. Surely that can't be luck, right?

Correct... sort of. In general, some luck had to be involved, but that is neither the most satisfying nor only answer. The truth lies beyond that; it lies in the writing.

"The Simpsons" have had 154 different 矣 writers work on at least one episode. The list of writers is broad, ranging from well-known comedians to high profile celebrities. But one demographic that stands out the most involves a number of, to put it plainly, geniuses.

Behind the production of "The Simpsons" lies a number of highly intelligent people, many of whom attend ivy league schools and have their PhDs.

The majority of them are most knowledgeable in mathematics and physics, and their influence can be seen by the sneaky math references nestled into many episodes throughout the seasons.

This helps to explain the Higgs boson equation Homer had written on a chalkboard years earlier. Turns out, that wasn't just a random equation; instead, it was curated by X. Cohen, who studied computer LIC Berkeley, and his friend David Schiminovich, an astronomer at Columbia University.

Even though it is more fun to say that "The Simpsons" fortune-telling capabilities are unexplainable, remember to keep in mind the brains behind the show.

Science & Technology

What's in your food?: Coconut Cult

By Emma Ciancio

Editor-in-Chief

While your TikTok For You page might be filled with mukbang reviews and Crumbl Cookies, a newfound trend that has hit TikTok is the review of the probiotic yogurt, Coconut Cult.

The probiotic yogurt brand claims to support gut health with minimal organic ingredients such as, Organic Coconut Meat, Organic Coconut Cream, Organic Coconut Water Concentrate and Organic Coconut Water. Coconut Cult comes in a variety of four flavors, which tend to switch out every few months. A staple flavor in the lineup is chocolate mousse. Aside from permanent ingredients, the chocolate mousse flavor just adds cocoa powder.

Social media users from all platforms claim that the yogurt gets rid of bloat, acne, cravings and much more. While the nutritional facts on the yogurt container state that there are three servings in the jar, social media influencers claim that taking just a tablespoon a day with a plastic spoon on an

empty stomach will help all gut health. While influencers claim to see a wide range of results-- but it is important to note that these links to overall health are not all proven. Coconut Cult is packed with active live cultures and bacteria to support your microbiome.

Consumers are encouraged to consume the yogurt using a plastic spoon rather than a metal one, as the metal from an average spoon kills the fermentation which is useful for enhancing gut health.

Typically, processed foods that are marketed as "healthy" have a long list of ingredients that consumers cannot even

pronounce. Unlike most other brands, Coconut Cult has a short list of organic ingredients that are proven to be good for the body, as they are also natural and

unprocessed.

Aside from the ingredients, the taste of the yogurt overall varies. While some consumers claim that the yogurt tastes expired, others claim that the taste is something to get used to. Flavors like chocolate mousse and apple pie tend to be the flavors that buyers gravitate towards, due to the fact they do not taste as harsh as other options.

Overall, whether the yogurt is truly working is unknown as there are conflicting opinions surrounding the product. However, researchers have found links generally to probiotic yogurt

and an improvement in gut biome health.

Scientists make adorable advancement in genetics

By Siasia Bean

Science & Technology Editor

A de-extinction project has been launched by the Colossal Laboratory that aims to restore the wooly mammoth as a living species using surviving mammoth DNA fused with that of modern elephants.

Colossal has outlined five main goals which

could be

achieved by the restoration of the Wooly Mammoth:

Proving that the revival of an extinct animal is indeed possible, increasing the resistance of certain areas to climate change, understanding genetic traits in cold-adapted animals, and driving new techniques which could contribute to preventing the extinction of elephant species. They also intend to use this project to make advancements in genome editing

technology.

The project is broken down into ten major steps, which will end with the first wooly mammoth calves being born. After gathering enough DNA to work with from both living elephants and the extinct mammals, the scientists will compare them. They will identify important genes

that allowed the wooly mammoth to be adapted to the cold.

The scientists will then go through a lengthy process to determine what genetic edits can be made and test them. Following that, they will alter an elephant egg's genetic code so that mammoth genetics can be inserted. Finally, a surrogate elephant will receive the

Finally, a surrogate elephant will receive the altered egg and carry it in a conservation facility. Unlike other prehistoric species, the last of the wooly mammoths appeared just 4,000 years ago. Additionally, many wooly mammoth specimens have been well preserved in blocks of ice, making it easier to gather their DNA for restoration.

Carbon emissions are ruining the environment

By Annabelle Doro

Entertainment Co-Editor

Carbon emissions and fossil fuels are environmental issues students all hear in science class and on the news. When looked into more, the damage they do to the environment is a serious, growing concern.

Fossil fuels are natural fuels, like oil, found in geological locations. They are nonrenewable, meaning they cannot be replaced naturally at the same pace they are consumed. When fossil fuels are burned, they emit carbon dioxide emissions.

According to the United Nations, around 75 percent of the contributors to climate change are fossil fuels. Fossil fuels also make up 90 percent of all carbon dioxide emissions.

Greenhouse gases are gases that trap the sun's heat in the atmosphere, which leads to global warming and climate change.

These issues seem to be unpreventable to some, but there are

solutions to prevent carbon emissions from getting worse. Some small steps that can be done include turning off lights when leaving a room and trying to use renewable sources of energy.

Along with those, a study from Worcester Polytechnic Institute shows that reusing car parts can help lower carbon footprints, which are carbon emissions emitted by a person's actions.

Different parts of a car can be reused including doors, engines, headlights and transmissions.

Planting trees is another way to help, which will benefit forests and the environment altogether. Trees need carbon dioxide to grow, which will help take the carbon emissions out of the air and help grow trees.

"We really need to kick the carbon habit and stop making our energy from burning things," biologist David Attenborough said. "You can wreck one rainforest then move...but climate change is global."



ATHLETES Sign Off

Girls Basketball



Ciara Newton Rainna Carr

Keira Lazzaro Shannon Eby

Cheer

Girls Swim

playing were announced.



Etain Starr Olivia Cruz Jessica Willson

livia Cruz Eva Bogusta Payton Yakupcin Ison Michelle Zakharova *Not pictured: Maya Sussman

Boys Basketball







As the winter sports season comes to an end, seniors were

recognized for their hard work and dedication. These Senior Nights are organized by the booster clubs and coaches. Seniors' plans for after high school, their involvement and how long they have been

Boys Wrestling



Topher DellaBella Luke Brazanskas Brady Colville

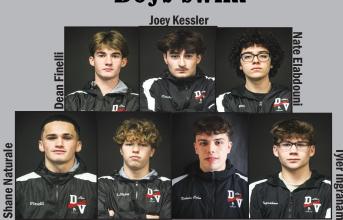
Bryce Thoman
Jason Mele
Travis Walton

Complied by Kayla Sykes

Caterina Catizone Rylee Wolak

Charleigh Cook
Stephanie Monroe

Boys Swim



iam Fass Nick Colon

Girls Wrestling

















*Not pictured: Julia Scheuermann

Compiled by Etain Starr, Topher DellaBella, Lauren Donnelly, Ava Kraszewski, Reilly Newton, Kayla Sykes and Emma Simmons

Winter Wrap-ups

Girls Swim

By Emma Simmons
Sports Co-Editor

The girls swim team concluded its strong season at Districts, which

occurred on Feb. 22 for diving, as well as Feb. 28 and March 1 for swimming.

The Warriors had multiple region podium placements, including senior Olivia Cruz who placed second in the 100 yard breaststroke

and third in the 200 yard IM. Other notable performances include the 200 yard freestyle relay team which placed third, along with both the 400 yard free relay and the medley relay teams which placed fifth. Senior Michelle Zakharova placed sixth in the 200 yard

freestyle.

The divers also performed well, with seniors Jessica Willson and Etain Starr placing third and fourth respectively.

Although they did not place first and were not able to move on to States, both Cruz and Willson emerged as district champions in their events due to the meet being subregional.

Head coach Chelsea Shatt noted her pride in the team's performance at Districts, especially

the seniors.

"These seniors were so good at reading the team and knowing what the underclassmen needed to succeed each and every day. I am going to miss their leadership," coach Shatt said.

Girls Basketball

By Ava Kraszewski

Community News Co-Editor

The girls basketball team finished their season 7-16 and averaged 40 points per game. Head coach Mikeala Smith highlighted senior Keira Lazarro as a defensive threat, senior Ciara Newton and sophomore Amanda Aragona as the team's offensive threats and junior Jordan Dickerson as being the most well-rounded player.

Coach Smith said the team's defense was their strength this season.

"We definitely were a defensiveminded team. From last year, we definitely improved in rebounding," coach Smith said. "We had girls who stepped up and took on the job of guarding very big threats in the league."

Coach Smith also commends the team for improving their free throw percentage this season.

According to coach Smith, the Warriors' major weakness was their turnovers.

"Our turnovers killed us this season, especially with ball pressure," coach Smith said. "We need to make sure that we are finding ways to take care of the ball and then move the ball forward."

Overall, coach Smith was proud of the team's performance, especially for having seven wins in a season, which hasn't been achieved since 2009-10.

"I was really proud of the girls. They showed grit and determination. They battled every single night," coach Smith said. "They were competitive on the floor, and that's what we're going to continue to do during the ffseason."

Girls Wrestling

By Topher DellaBella
Entertainment Editor

The girls wrestling team wrapped up its season at the 2025 PIAA Individual Wrestling State Championships on March 6-8. This is when junior Kate Prior made Delaware Valley history by becoming the first Delaware Valley girl wrestler ever to place in the state tournament.

At the districtournament, seven of the girls qualified for the regional tournament. Seniors

Ayesha Sameeuddin a

Senior Ayesha Sameeuddin

Ayesha Sameeuddin and Julia Scheuermann took fourth place, senior Kristen Langelotti took third place, senior Emily Smith took second place, and seniors Juliet Fitzpatrick and Olivia Montanino and junior Prior were all champions in their respective weight classes.

e regional tournament, the only girl to qualify for the state tournament was Prior who would take fourth place at Regionals and go on to take third place at the state tournament.

is happy with how the season went for the girls.

"I think we had a great

"We achieved every goal that we set out for ourselves this year individually and as a team."

Boys Wrestling

By Lauren Donnelly

Lifestyle Co-Editor

The boys wrestling team ended its season placing second in District 2 AAA. The team's overall record was 12-11 with multiple wrestlers who continued into the

playoffs individually. Senior Brady Colville claimed his title of district champion. Seniors Luke Brazanskas and Topher DellaBella took second, and senior Travis Walton and sophomore Andrew Elliott placed third. All five wrestlers advanced to the regional tournament.

Colville captured fourth at Regionals allowing him to move onto the state tournament. He went 1-2 in the tournament and finished top 16 in the

state.

Head coach Lou DeLauro noted that the team had a successful season and was pleased with the level of competition his wrestlers pushed themselves to.

"Keeping that reputation in the district, and that culture, for being the team in District 2, it keeps us as the program that a lot of other schools are trying to model," coach DeLauro said.

According
to Coach
DeLauro the
camaraderie
leadership

a n d leadership demonstrated by the seniors will leadership be missed. The coaching staff is hopeful that the juniors will step up as leaders as they continue to work through the offseason.

Winter Wrap-ups

Boys Basketball

By Kayla Sykes Sports Editor

The Warriors ended its season on Feb. 19 with a loss to Williamsport 55-49 in the District 2 Quarterfinal game. Head coach Kris Holtzer credits Williamsport for their all around athleticism.

Over the course of the season, the team went 13-9 with most of their games being a tight battle. According to coach Holtzer, he believes though that the team could've done better defensively but was really impressed with how well the players shot.

We were almost 50% for the year," coach Holtzer said. "We had eight guys shooting near 43%.

believes helped the team succeed throughout their season as offensively "they played

really well."

When discussing key takeaways from the season, coach Holtzer believes the team needs to keep working. He thinks the players have a strong chance of winning a district championship, especially having a group of strong returning players coming back next year. He felt that freshman Trey Newton and junior Tyler

Lombardo were stand out players. As he acknowledges the seniors, coach Holtzer is grateful for a super positive season and for everything they've done for the program.

They gave everything they have, and I am just happy that these guys had a positive year and a really fun experience, coach Holtzer said.

Boys Swim

By Etain Starr

Boys swim wrapped up its season at the PIAA District II AAA Swim & Dive Championship on Feb.

the district champ and second in the the work they put in throughout the region with a time of 57.22.

team consisting of senior Joey Kessler,

Sophomore Benjamin Kruler

"I was very Fass won second place in the happy to see big time drops at Districts. I feel like they were able to see all



Freshman Thomas Zaucha swims the breaststroke and O'Connell won first creates a gap between his place and headed opponents in the medley relay.

Spring Sports Previews

Beys Lacrosse

"I love my seniors. They have great work ethic and are great leaders. I love being around them. - Head coach Jeff Krasulski

Seniors: Bryson Mackey, Peyton LaRocco, Noah Rabolli, Dean Finelli, Chris Freeman, Luke Brazanskas, Keegan Heath and Jaxon Barbalich

Key Players: LaRocco, Mackey, Rabolli, Freeman, Barbalich, Heath, Tyler Husejnovic, Mike Iuzzolino, Chris Devaney, Shaun Cannalley and Colin McGarvey

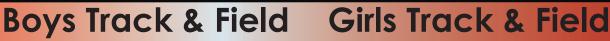


"We have a solid group of returning letter winners. We hope to compete in the Wyoming Valley Conference and repeat as district champions."

- Head coach Bernadine Salak

Seniors: Sophia Gentile, Ava Kraszewski, Carrigan McCormack, Ciara Ni-Chinneide and Jenna Zuelch

Key Players: Ava Kraszewski, Carrigan McCormack, Taylor Spears, Jaida Palacios and Rhyanne Rettinger



"We are excited to get started. We have a nice group of veterans, combined with several new arrivals." - Head coach Nick Quaglia

Seniors: Logan Olsommer, Michael Donlon, David Choi, Alex Vaughan, Sean Winship, Cole Weston, Eric Pol, Jayden Ross, Maxwell Hancock, Joe Kessler, Amir Guillite, Pasquale Venetucci, Michael Elaro and Aidan Leighty

Key Players: Michael Donlon, Sam Edsall and Connor Giblin

Seniors: Liliana Coe, Kayla Sykes, Caterina Catizone, Teizu Jones, Rainna Carr, Juliet Fitzpatrick, Anna Vogel, Josalyn Legato, Tori Depew, Danielle Eisloeffel, Ayesha Sameeuddin and Kristen Langelotti

Key Players: Emma Simmons, Lily Stoveken, Frannie Russo, Liliana Coe, Rainna Carr and Caterina Catizone

Compiled by Etain Starr and Lauren Donnelly



"We want to play competitively and win games within our conference play."

- Head coach Mike Murray

Seniors: Isaiah Berrios, Frankie Pedone, Nicky Jorgenson, Steven Gordon, Michael Brown and Trevor Phillips

Key Players: Isaiah Berrios, Frankie Pedone and Liam Onofry

Compiled by Emma Ciancio

Softball

"I expect us to work hard and keep improving as the season goes on."

- Head coach Frank Jordan

Seniors: Shannon Eby, Ashlynn McCardle, Lauren Donnelly, Ava Capeci, Sara Gagnon and Dakota Jordan

Key Players: Shannon Eby, Ashlynn McCardle, Lauren Donnelly, Ava Capeci, Sara Gagnon, Dakota Jordan, Jordan Dickerson and Leah Bird

Compiled by Gia Scimeca

Volleyball

"We are looking to improve throughout the year. We are hoping to win Districts and make a run in the state tournament again this year."

- Varsity coach Adam Holdredge

Seniors: Gino Gualandi, Demetri Anc, Jack Greening, Luke Peereboom and Brendin Koh

Key Players: Luke Peereboom, Gino Gualandi, Jack Greening, Demetri Anc, Brendin Koh and Eric Choi Compíled by Topher DellaBella Sen

Tennis

"We are rebuilding as a team. We lost four starters, so we're hoping to compete in every match and put ourselves in a position to have a good spot in the district tournament."

- Head coach Kevin Quinn

Seniors: Alex Mullen, Owen Carso and Brandon Albaugh

Key Players: Alex Mullen, Owen Carso and Jaxson Hazard

Compiled by Ella Becker